PLEASE DO NOT TAKE AWAY

COMMUNITY OF THE RESURRECTION

MIDDAY OFFICE, RESURRECTION VIGIL & COMPLINE

MIDDAY OFFICE	p 1
RESURRECTION VIGIL	p 51
COMPLINE	p 65

The text of the Psalter of the American Book of Common Prayer (1979) is reprinted with permission.

Material from "Celebrating Common Prayer" and "Seven Whole Days" is used with permission of the Society of St Francis.

The Hymn "We praise you, Father, for your gift" is used with permission of St Mary's Abbey, West Malling.

# MIDDAY OFFICE

Opening stand

Hymn

Psalmody sit

Reading

Response stand

Our Father

Silent Prayer kneel

Collect

The Grace

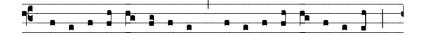
Hebdomadary O God, make speed to save us.

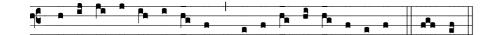
ALL O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Alleluia. (not in Lent)

IV





# Greater Holy Days



- I To God our Father, thanks and praise for this the first and dawn of days; the day when he, Creation's spring, did light and life from chaos bring.
- The day on which his well-loved Son o'er death and hell the triumph won; the day on which their Spirit came, their gift to us in wind and flame.
- To God our Father, through his Son, and in the Spirit, with them one, we, new created on this day, new songs of love and glory pay. Amen.

(OP Oxon)

### WEEKDAYS - Through the year

MONDAYS & THURSDAYS - Nunc, Sancte, nobis (?S Ambrose), tr. Ralph Wright, OSB [metre altd]

- Into the silence of our hearts with God the Father and the Son, in answer to our constant prayer, O Holy Spirit, quickly come!
- May every thought and word of ours have power to praise your holy name! may others find in us that fire with which your love must ever flame.
- Most holy Father, grant our prayer through Jesus Christ your only Son, that in your Spirit we may live and glorify you, ever One. Amen.

#### TUESDAYS & FRIDAYS - Rector potens, verax Deus (?Ambrose) tr. OP Oxon, altd

- O God of truth, whose love and power sustain us each succeeding hour: you clothe the dawn with radiant light, and now the sun burns in the height.
- Extinguish every sinful fire, and set us free from false desire, renew our strength and keep us whole, and with your peace restore the soul.
- 3 To God the Father, God the Son, and God the Spirit, Three in One, all honour, praise and glory be from age to age eternally. Amen.

#### WEDNESDAYS & SATURDAYS - Rerum, Deus, tenax vigor (?S Ambrose), tr. Ralph Wright, OSB [altd]

- I Eternal living Lord of all, unchanging, steadfast rock of might, the rhythm of each passing day you measure out with purest light.
- We pray that evening may be calm and life your gift may never fail; in death may all your children find a joyful peace that will prevail.
- Most holy Father, grant our prayer through Jesus Christ your only Son, that in your Spirit we may live and glorify you, ever One. Amen.

# Through the year





# Simple holy days





# Greater holy days





D

VIII

VIII

# WEEKDAYS - Advent, Christmas, Lent, Easter MONDAYS & THURSDAYS - Nunc, Sancte, nobis (?S Ambrose), tr. Ralph Wright, OSB [metre altd]

- Into the silence of our hearts with God the Father and the Son, in answer to our constant prayer, O Holy Spirit, quickly come!
- May every thought and word of ours have power to praise your holy name! may others find in us that fire with which your love must ever flame.
- Most holy Father, grant our prayer through Jesus Christ your only Son, that in your Spirit we may live and glorify you, ever One. Amen.

#### TUESDAYS & FRIDAYS - Rector potens, verax Deus (?Ambrose) tr. OP Oxon, altd

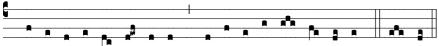
- O God of truth, whose love and power sustain us each succeeding hour: you clothe the dawn with radiant light, and now the sun burns in the height.
- Extinguish every sinful fire, and set us free from false desire, renew our strength and keep us whole, and with your peace restore the soul.
- 3 To God the Father, God the Son, and God the Spirit, Three in One, all honour, praise and glory be from age to age eternally. Amen.

#### WEDNESDAYS & SATURDAYS - Rerum, Deus, tenax vigor (?S Ambrose), tr. Ralph Wright, OSB [altd]

- Eternal living Lord of all, unchanging, steadfast rock of might, the rhythm of each passing day you measure out with purest light.
- We pray that evening may be calm and life your gift may never fail; in death may all your children find a joyful peace that will prevail.
- 3 Most holy Father, grant our prayer through Jesus Christ your only Son, that in your Spirit we may live and glorify you, ever One. Amen.

### Advent





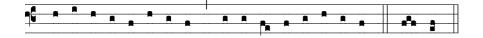
### Christmastide





### Lent





# Eastertide



IV

VIII

II

I



### SUNDAY - Week 1

### Psalm 119

# Aleph

- 1 Happy are they whose way is blameless, \* who walk in the law of the Lord!
- 2 Happy are they who observe his decrees \* and seek him with all their hearts!
- Who never do any wrong, \* but always walk in his ways.
- You laid down your commandments, \* that we should fully keep them.
- O that my ways were made so direct \* that I might keep your statutes!
- 6 Then I should not be put to shame, \* when I regard all your commandments.
- 7 I will thank you with an unfeigned heart, \* when I have learned your righteous judgements.
- 8 I will keep your statutes; \*
  do not utterly forsake me.

#### Beth

- 9 How shall a young man cleanse his way? \*
  By keeping to your words.
- With my whole heart I seek you; \* let me not stray from your commandments.
- I treasure your promise in my heart, \* that I may not sin against you.
- Blessèd are you, O Lord; \*

- instruct me in your statutes.
- 13 With my lips will I recite \* all the judgements of your mouth.
- 14 I have taken greater delight in the way of your decrees \* than in all manner of riches.
- 15 I will meditate on your commandments \* and give attention to your ways.
- My delight is in your statutes; \* I will not forget your word.

#### Gimel

- Deal bountifully with your servant, \* that I may live and keep your word.
- Open my eyes, that I may see \* the wonders of your law.
- I am a stranger here on earth; \* do not hide your commandments from me.
- 20 My soul is consumed at all times \* with longing for your judgements.
- 21 You have rebuked the insolent; \* cursed are they who stray from your commandments!
- 22 Turn from me shame and rebuke, \* for I have kept your decrees.
- 23 Even though rulers sit and plot against me, \* I will meditate on your statutes.
- 24 For your decrees are my delight, \* and they are my counsellors.

#### Daleth

- 25 My soul cleaves to the dust; \* give me life according to your word.
- I have confessed my ways and you answered me; \* instruct me in your statutes.

- 27 Make me understand the way of your commandments, \* that I may meditate on your marvellous works.
- 28 My soul melts away for sorrow; \* strengthen me according to your word.
- 29 Take from me the way of lying; \* let me find grace through your law.
- I have chosen the way of faithfulness; \*
  I have set your judgements before me.
- I hold fast to your decrees; \*
  O Lord, let me not be put to shame.
- I will run the way of your commandments, \* for you have set my heart at liberty.

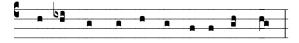
Blessèd are you, O Lord, and blessèd are those who understand and keep your law: help us to seek you with our whole heart, to delight in your commandments and to walk in the glorious liberty brought us by your Son Jesus Christ. **Amen.** 

### READING

### RESPOND



Blessed are you, O Lord, \* my de - light is in your sta- tutes.



V. For you have set my heart at li - ber - ty.



VI

Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### MONDAY - Week 1

#### Psalm 119

#### He

- Teach me, O Lord, the way of your statutes, \* and I shall keep it to the end.
- Give me understanding and I shall keep your law; \*
  I shall keep it with all my heart.
- 35 Make me go in the path of your commandments, \* for that is my desire.
- 36 Incline my heart to your decrees \* and not to unjust gain.
- Turn my eyes from watching what is worthless; \* give me life in your ways.
- Fulfill your promise to your servant, \* which you make to those who fear you.
- Turn away the reproach which I dread, \* because your judgements are good.
- 40 Behold, I long for your commandments; \* in your righteousness preserve my life.

#### Waw

- 41 Let your loving-kindness come to me, O Lord, \* and your salvation, according to your promise.
- Then shall I have a word for those who taunt me, \* because I trust in your words.
- Do not take the word of truth out of my mouth, \* for my hope is in your judgements.
- I shall continue to keep your law; \*
  I shall keep it for ever and ever.
- I will walk at liberty, \*
  because I study your commandments.

- 46 I will tell of your decrees before kings \* and will not be ashamed.
- 47 I delight in your commandments, \* which I have always loved.
- I will lift up my hands to your commandments, \* and I will meditate on your statutes.

### Zayin

- Remember your word to your servant, \* because you have given me hope.
- This is my comfort in my trouble, \* that your promise gives me life.
- The proud have derided me cruelly, \* but I have not turned from your law.
- When I remember your judgements of old, \* O Lord, I take great comfort.
- I am filled with a burning rage, \*
  because of the wicked who forsake your law.
- Your statutes have been like songs to me \* wherever I have lived as a stranger.
- I remember your name in the night, O Lord, \* and dwell upon your law.
- This is how it has been with me, \* because I have kept your commandments.

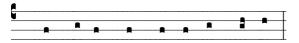
God of loving mercy, here in this place of our pilgrimage give us delight in your commandments and turn them into songs as we stretch out our hands to you, the Lord, the giver of salvation; in Jesus Christ our Lord. **Amen.** 

### READING

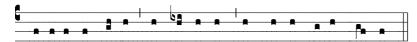
### RESPOND



I will walk at li-berty; \* I will tell kings of your de-crees.



V. Your sta-tutes have been as songs to me:



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### **TUESDAY - Week 1**

### Psalm 119

#### Heth

- You only are my portion, O Lord; \*
  I have promised to keep your words.
- I entreat you with all my heart, \*
  be merciful to me according to your promise.
- 59 I have considered my ways \* and turned my feet toward your decrees.
- 60 I hasten and do not tarry \* to keep your commandments.
- Though the cords of the wicked entangle me, \*
  I do not forget your law.
- 62 At midnight I will rise to give you thanks, \* because of your righteous judgements.
- 63 I am a companion of all who fear you \* and of those who keep your commandments.
- The earth, O Lord, is full of your love; \* instruct me in your statutes.

#### Teth

- 65 O Lord, you have dealt graciously with your servant, \* according to your word.
- 66 Teach me discernment and knowledge, \* for I have believed in your commandments.
- 67 Before I was afflicted I went astray, \* but now I keep your word.
- You are good and you bring forth good; \* instruct me in your statutes.
- The proud have smeared me with lies, \*
  but I will keep your commandments with my whole heart.

- 70 Their heart is gross and fat, \* but my delight is in your law.
- 71 It is good for me that I have been afflicted, \* that I might learn your statutes.
- 72 The law of your mouth is dearer to me \* than thousands in gold and silver.

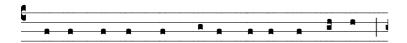
#### Yodh

- 73 Your hands have made me and fashioned me; \* give me understanding, that I may learn your commandments.
- 74 Those who fear you will be glad when they see me, \* because I trust in your word.
- 75 I know, O Lord, that your judgements are right \* and that in faithfulness you have afflicted me.
- 76 Let your loving-kindness be my comfort \* as you have promised to your servant.
- 77 Let your compassion come to me, that I may live, \* for your law is my delight.
- 78 Let the arrogant be put to shame, for they wrong me with lies; \* but I will meditate on your commandments.
- 79 Let those who fear you turn to me, \* and also those who know your decrees.
- 80 Let my heart be sound in your statutes, \* that I may not be put to shame.

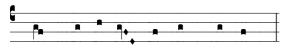
God our comforter, your hands have made us and fashioned us, your goodness restores us when we go astray. As we seek you now with our whole heart, be gracious to us and hear our prayer; in the name of Jesus Christ our Lord. **Amen.** 

### READING

# RESPOND



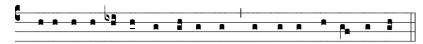
O Lord, you have dealt gra-cious-ly with your ser-vant:



\* teach me dis-cern-ment and knowledge.



V. You are good and you bring forth good:



Glo-ry to the Father, and to the Son, and to the Ho -ly Spi - rit.

#### WEDNESDAY - Week 1

#### Psalm 119

### Kaph

- My soul has longed for your salvation; \*
  I have put my hope in your word.
- My eyes have failed from watching for your promise, \* and I say, "When will you comfort me?"
- I have become like a leather flask in the smoke, \* but I have not forgotten your statutes.
- 84 How much longer must I wait? \*
  when will you give judgement
  against those who persecute me?
- The proud have dug pits for me; \* they do not keep your law.
- 86 All your commandments are true; \* help me, for they persecute me with lies.
- They had almost made an end of me on earth, \* but I have not forsaken your commandments.
- 88 In your loving-kindness, revive me, \* that I may keep the decrees of your mouth.

#### Lamedh

- 89 O Lord, your word is everlasting; \*
  it stands firm in the heavens.
- 90 Your faithfulness remains from one generation to another; \* you established the earth and it abides.
- 91 By your decree these continue to this day, \* for all things are your servants.
- 92 If my delight had not been in your law, \* I should have perished in my affliction.
- 93 I will never forget your commandments, \* because by them you give me life.

- 94 I am yours; O that you would save me! \* for I study your commandments.
- Though the wicked lie in wait for me to destroy me, \*
  I will apply my mind to your decrees.
- 96 I see that all things come to an end, \* but your commandment has no bounds.

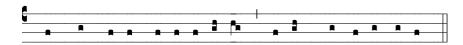
#### Mem

- 97 O how I love your law! \*
  all the day long it is in my mind.
- 98 Your commandment has made me wiser than my enemies, \* and it is always with me.
- 99 I have more understanding than all my teachers, \* for your decrees are my study.
- 100 I am wiser than the elders, \* because I observe your commandments.
- 101 I restrain my feet from every evil way, \* that I may keep your word.
- 102 I do not shrink from your judgements, \* because you yourself have taught me.
- 103 How sweet are your words to my taste! \* they are sweeter than honey to my mouth.
- 104 Through your commandments I gain understanding; \* therefore I hate every lying way.

Come to our help, comfort us and give us life, in your merciful goodness, O Lord, for we are yours; keep our feet from the evil path and save us through Jesus Christ, your Word and Wisdom. Amen.

#### READING

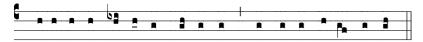
# RESPOND



Your word, O Lord, is e-ver-last-ing \* it stands firm in the heavens



V. Your faithfulness re - mains from one ge-ne-ra-tion to a-no-ther:



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### THURSDAY - Week 1

#### Psalm 119

#### Nun

- Your word is a lantern to my feet \* and a light upon my path.
- 106 I have sworn and am determined \* to keep your righteous judgements.
- 107 I am deeply troubled; \* preserve my life, O Lord, according to your word.
- 108 Accept, O Lord, the willing tribute of my lips, \* and teach me your judgements.
- My life is always in my hand, \* yet I do not forget your law.
- The wicked have set a trap for me, \*
  but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; \* truly, they are the joy of my heart.
- I have applied my heart to fulfill your statutes \* for ever and to the end.

#### Samekh

- I hate those who have a divided heart, \* but your law do I love.
- 114 You are my refuge and shield; \* my hope is in your word.
- 115 Away from me, you wicked! \*
  I will keep the commandments of my God.
- Sustain me according to your promise, that I may live, \* and let me not be disappointed in my hope.
- 117 Hold me up and I shall be safe, \*
  and my delight shall be ever in your statutes.
- 118 You spurn all who stray from your statutes; \*

- their deceitfulness is in vain.
- 119 In your sight all the wicked of the earth are but dross; \* therefore I love your decrees.
- 120 My flesh trembles with dread of you; \* I am afraid of your judgements.

### Ayin

- 121 I have done what is just and right; \* do not deliver me to my oppressors.
- 122 Be surety for your servant's good; \* let not the proud oppress me.
- 123 My eyes have failed from watching for your salvation \* and for your righteous promise.
- 124 Deal with your servant according to your loving-kindness \* and teach me your statutes.
- 125 I am your servant; grant me understanding, \* that I may know your decrees.
- 126 It is time for you to act, O Lord, \* for they have broken your law.
- 127 Truly, I love your commandments \* more than gold and precious stones.
- I hold all your commandments to be right for me; \* all paths of falsehood I abhor.

God, our shelter and our shield, do not disappoint us in our hope but deal with us according to your loving mercy, for your commands are the joy of our hearts and give us life and light, in Jesus Christ our Lord. **Amen.** 

#### READING

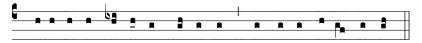
### **RESPOND**



Receive me, O Lord, according to your promise \* that I may live;



V. and let me not be dis-appointed in my hope,



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### FRIDAY - Week 1

### Psalm 119

#### Pe

- 129 Your decrees are wonderful; \* therefore I obey them with all my heart.
- 130 When your word goes forth it gives light; \* it gives understanding to the simple.
- I open my mouth and pant; \*I long for your commandments.
- Turn to me in mercy, \*
  as you always do to those who love your name.
- 133 Steady my footsteps in your word; \* let no iniquity have dominion over me.
- Rescue me from those who oppress me, \* and I will keep your commandments.
- 135 Let your countenance shine upon your servant \* and teach me your statutes.
- My eyes shed streams of tears, \*
  because people do not keep your law.

#### Sadhe

- 137 You are righteous, O Lord, \* and upright are your judgements.
- 138 You have issued your decrees \* with justice and in perfect faithfulness.
- 139 My indignation has consumed me, \* because my enemies forget your words.
- 140 Your word has been tested to the uttermost, \* and your servant holds it dear.
- 141 I am small and of little account, \* yet I do not forget your commandments.
- Your justice is an everlasting justice \*

- and your law is the truth.
- 143 Trouble and distress have come upon me, \* yet your commandments are my delight.
- The righteousness of your decrees is everlasting; \* grant me understanding, that I may live.

### Qoph

- 145 I call with my whole heart; \* answer me, O Lord, that I may keep your statutes.
- I call to you; O that you would save me! \*
  I will keep your decrees.
- 147 Early in the morning I cry out to you, \* for in your word is my trust.
- 148 My eyes are open in the night watches, \* that I may meditate upon your promise.
- 149 Hear my voice, O Lord, according to your loving-kindness; \* according to your judgements, give me life.
- 150 They draw near who in malice persecute me; \* they are very far from your law.
- 151 You, O Lord, are near at hand, \* and all your commandments are true.
- 152 Long have I known from your decrees \* that you have established them for ever.

Righteous Lord God, we ask you to make your face shine upon us that, as we yearn for you, we may know you ever close at hand and rejoice in the life you give; through Jesus Christ our Lord. **Amen.** 

### READING

### RESPOND



I call with my whole heart, \* oh, that you would save me.



V. grant me un-der-stand-ing, that I may live.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### SATURDAY - Week 1

#### Psalm 119

#### Resh

- 153 Behold my affliction and deliver me, \* for I do not forget your law.
- 154 Plead my cause and redeem me; \* according to your promise, give me life.
- 155 Deliverance is far from the wicked, \* for they do not study your statutes.
- 156 Great is your compassion, O Lord; \* preserve my life, according to your judgements.
- There are many who persecute and oppress me, \* yet I have not swerved from your decrees.
- 158 I look with loathing at the faithless, \* for they have not kept your word.
- 159 See how I love your commandments! \*
  O Lord, in your mercy, preserve me.
- The heart of your word is truth; \*
  all your righteous judgements endure for evermore.

#### Shin

- Rulers have persecuted me without a cause, \* but my heart stands in awe of your word.
- 162 I am as glad because of your promise \* as one who finds great spoils.
- As for lies, I hate and abhor them, \* but your law is my love.
- Seven times a day do I praise you, \* because of your righteous judgements.
- Great peace have they who love your law; \* for them there is no stumbling block.

- 166 I have hoped for your salvation, O Lord, \* and I have fulfilled your commandments.
- 167 I have kept your decrees \* and I have loved them deeply.
- 168 I have kept your commandments and decrees, \* for all my ways are before you.

#### Taw

- 169 Let my cry come before you, O Lord; \* give me understanding, according to your word.
- 170 Let my supplication come before you; \* deliver me, according to your promise.
- My lips shall pour forth your praise, \* when you teach me your statutes.
- My tongue shall sing of your promise, \* for all your commandments are righteous.
- 173 Let your hand be ready to help me, \* for I have chosen your commandments.
- 174 I long for your salvation, O Lord, \* and your law is my delight.
- 175 Let me live and I will praise you, \* and let your judgements help me.
- I have gone astray like a sheep that is lost; \* search for your servant, for I do not forget your commandments.

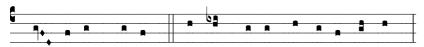
God of mercy, swift to help us, as our lips pour forth your praise, fill our hearts with the peace you give to those who love your law and wait for your salvation, in Jesus Christ our Lord. **Amen.** 

#### READING

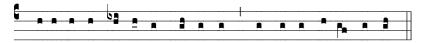
# RESPOND



Let my cry come be-fore you, O Lord, \* my tongue shall



sing of your promise. V. I long for your sal-va-tion, O Lord.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

#### SUNDAY - Week 2

#### Psalm 42

- As the deer longs for the water-brooks, \* so longs my soul for you, O God.
- 2 My soul is athirst for God, athirst for the living God; \* when shall I come to appear before the presence of God?
- My tears have been my food day and night, \*
  while all day long they say to me,
  "Where now is your God?"
- I pour out my soul when I think on these things: \*
  how I went with the multitude
  and led them into the house of God,
- With the voice of praise and thanksgiving, \* among those who keep holy-day.
- Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?
- Put your trust in God; \* for I will yet give thanks to him, who is the help of my countenance, and my God.
- 8 My soul is heavy within me; \*
  therefore I will remember you from the land of Jordan,
  and from the peak of Mizar among the heights of Hermon.
- 9 One deep calls to another in the noise of your cataracts; \* all your rapids and floods have gone over me.
- The Lord grants his loving-kindness in the daytime; \* in the night season his song is with me, a prayer to the God of my life.

- I will say to the God of my strength,
  "Why have you forgotten me? \*
  and why do I go so heavily while the enemy oppresses me?"
- While my bones are being broken, \* my enemies mock me to my face;
- All day long they mock me \*
  and say to me, "Where now is your God?"
- Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?
- Put your trust in God; \* for I will yet give thanks to him, who is the help of my countenance, and my God.

O God, as we come before your presence satisfy the hearts of all who wait in hope for your coming; fill our soul with streams of living water as we place all our hope in you; through Jesus Christ our Lord. **Amen.** 

#### Psalm 43

- Give judgement for me, O God, and defend my cause against an ungodly people; \* deliver me from the deceitful and the wicked.
- For you are the God of my strength; why have you put me from you? \* and why do I go so heavily while the enemy oppresses me?
- 3 Send out your light and your truth, that they may lead me, \* and bring me to your holy hill and to your dwelling;
- That I may go to the altar of God, to the God of my joy and gladness; \* and on the harp I will give thanks to you, O God my God.
- 5 Why are you so full of heaviness, O my soul? \*

and why are you so disquieted within me?

6 Put your trust in God; \*
for I will yet give thanks to him,
who is the help of my countenance, and my God.

Receive at your heavenly altar, O God, the supplication of your people; lead us into the way of truth and purify our hearts that we may come before you, who are our joy and our gladness; through Jesus Christ our Lord. **Amen.** 

#### Psalm 133

- O how good and pleasant it is, \*
  when brethren live together in unity!
- 2 It is like fine oil upon the head \* that runs down upon the beard,
- Upon the beard of Aaron, \*and runs down upon the collar of his robe.
- It is like the dew of Hermon \* that falls upon the hills of Zion.
- For there the Lord has ordained the blessing: \* life for evermore.

Holy Trinity, God in perfect Unity, send your life-giving blessing upon the brothers and sisters of Christ, that they may live for evermore with joy the life of unity that springs from you, God, to all eternity. **Amen.** 

#### READING

# RESPOND



Put your trust in God. \* I will yet give thanks to him.



V. The Lord grants his lov-ing kind-ness in the day -time:



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi  $\,$  - rit.

#### **MONDAY - Week 2**

#### Psalm 120

- When I was in trouble I called to the Lord, \* I called to the Lord, and he answered me.
- 2 Deliver me, O Lord, from lying lips \* and from the deceitful tongue.
- What shall be done to you and what more besides, \*
  O you deceitful tongue?
- The sharpened arrows of a warrior, \* along with hot glowing coals.
- 5 How hateful it is that I must lodge in Meshech \* and dwell among the tents of Kedar!
- 6 Too long have I had to live \* among the enemies of peace.
- 7 I am on the side of peace, \* but when I speak of it, they are for war.

God of consolation, look upon us, pilgrims in a strange land: preserve us from slander and deceit, show us the truth and give to our souls the peace Christ won upon the cross. To him be glory for ever! **Amen.** 

#### Psalm 121

- I lift up my eyes to the hills; \* from where is my help to come?
- 2 My help comes from the Lord, \* the maker of heaven and earth.
- 3 He will not let your foot be moved \* and he who watches over you will not fall asleep.
- Behold, he who keeps watch over Israel \*

### shall neither slumber nor sleep;

- The Lord himself watches over you; \* the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, \* nor the moon by night.
- 7 The Lord shall preserve you from all evil; \* it is he who shall keep you safe.
- The Lord shall watch over your going out and your coming in, \* from this time forth for evermore.

Lord, ever watchful and faithful, we look to you to be our defence and we lift up our hearts to know your help; through Jesus Christ our Lord. **Amen.** 

- I was glad when they said to me, \*
  "Let us go to the house of the Lord."
- Now our feet are standing \* within your gates, O Jerusalem.
- Jerusalem is built as a city \* that is at unity with itself.
- To which the tribes go up, the tribes of the Lord, \* the assembly of Israel, to praise the name of the Lord.
- 5 For there are the thrones of judgement, \* the thrones of the house of David.
- 6 Pray for the peace of Jerusalem: \*
  "May they prosper who love you.
- Peace be within your walls \* and quietness within your towers.
- 8 For my brethren and companions' sake, \* I pray for your prosperity.

9 Because of the house of the Lord our God, \* I will seek to do you good."

> God of our joy and gladness, hear our prayer for the peace of this world and bring us at last, with all our companions in faith, to the peace of that city where you live and reign, Father, Son and Holy Spirit, now and to all eternity. **Amen.**

### READING

### RESPOND



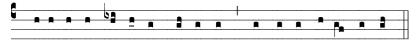
The Lord shall pre-serve you from all e -vil \*



from this time forth for e-ver- more.



V. The Lord shall watch o-ver your go - ing out and your coming in.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

## THE PRAYERS (p 50)

### **TUESDAY - Week 2**

### Psalm 123

- To you I lift up my eyes, \* to you enthroned in the heavens.
- As the eyes of servants look to the hand of their masters, \* and the eyes of a maid to the hand of her mistress,
- 3 So our eyes look to the Lord our God, \* until he show us his mercy.
- 4 Have mercy upon us, O Lord, have mercy, \* for we have had more than enough of contempt,
- Too much of the scorn of the indolent rich, \* and of the derision of the proud.

Sovereign God, enthroned in the heavens, look upon us with your eyes of mercy as we look upon you with humility and love and fill our souls with your peace; through Jesus Christ our Lord. **Amen.** 

- 1 If the Lord had not been on our side, \* let Israel now say;
- 2 If the Lord had not been on our side, \* when enemies rose up against us;
- Then would they have swallowed us up alive \* in their fierce anger toward us;
- Then would the waters have overwhelmed us \* and the torrent gone over us;
- 5 Then would the raging waters \*

have gone right over us.

- 6 Blessèd be the Lord! \*
  he has not given us over to be a prey for their teeth.
- We have escaped like a bird from the snare of the fowler; \* the snare is broken, and we have escaped.
- Our help is in the name of the Lord, \* the maker of heaven and earth.

God, maker of heaven and earth, you save us in the water of baptism and by the suffering of your Son you set us free: help us to put our trust in his victory and to know that there is salvation only in the name of Jesus Christ our Lord. **Amen.** 

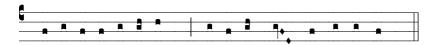
### Psalm 125

- Those who trust in the Lord are like Mount Zion, \* which cannot be moved, but stands fast for ever.
- The hills stand about Jerusalem; \* so does the Lord stand round about his people, from this time forth for evermore.
- The sceptre of the wicked shall not hold sway over the land allotted to the just, \* so that the just shall not put their hands to evil.
- Show your goodness, O Lord, to those who are good \* and to those who are true of heart.
- As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; \* but peace be upon Israel.

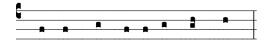
God of power, you are strong to save and you never fail those who trust in you: keep us under your protection and spread abroad your reign of peace; through Jesus Christ our Lord. **Amen.** 

## READING

## **RESPOND**



To you I lift up my eyes, \* to you enthroned in the heavens.



√. Our eyes look to the Lord our God.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi  $\,$  - rit.

## THE PRAYERS (p 50)

### WEDNESDAY - Week 2

### Psalm 126

- When the Lord restored the fortunes of Zion, \* then were we like those who dream.
- 2 Then was our mouth filled with laughter, \* and our tongue with shouts of joy.
- Then they said among the nations, \*
  "The Lord has done great things for them."
- The Lord has done great things for us, \* and we are glad indeed.
- Restore our fortunes, O Lord, \* like the watercourses of the Negev.
- 6 Those who sowed with tears \* will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed, \* will come again with joy, shouldering their sheaves.

Be with us, God of consolation, when we are made weary by this world; turn our sorrow into joy and give us lips to sing your praise and lives to proclaim your victory in Jesus Christ, our crucified and risen Lord. **Amen.** 

- Unless the Lord builds the house, \*
  their labour is in vain who build it.
- 2 Unless the Lord watches over the city, \* in vain the watchman keeps his vigil.
- It is in vain that you rise so early and go to bed so late; \* vain, too, to eat the bread of toil, for he gives to his belovèd sleep.
- Children are a heritage from the Lord, \*

- and the fruit of the womb is a gift.
- 5 Like arrows in the hand of a warrior \* are the children of one's youth.
- 6 Happy is the man who has his quiver full of them! \* he shall not be put to shame when he contends with his enemies in the gate.

Lord, you are ever watchful, you bless us with your gifts, you provide for all our needs: help us to build only what pleases you; through Jesus Christ our Lord. **Amen.** 

### Psalm 128

- 1 Happy are they all who fear the Lord, \* and who follow in his ways!
- You shall eat the fruit of your labour; \* happiness and prosperity shall be yours.
- Your wife shall be like a fruitful vine within your house, \* your children like olive shoots round about your table.
- The man who fears the Lord \* shall thus indeed be blessed.
- The Lord bless you from Zion, \*
  and may you see the prosperity of Jerusalem
  all the days of your life.
- 6 May you live to see your children's children; \* may peace be upon Israel.

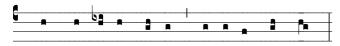
Creator God, whose Son is the true vine and we the branches: make us fruitful in your service, sharing your love and joy and peace with all your children, in the power of the Spirit of Jesus Christ our Lord. **Amen.** 

### **READING**

## RESPOND



Those who sowed with tears \* will reap with songs of joy.



V. Those who go out weeping, carr-y - ing the seed.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

## THE PRAYERS (p 50)

### THURSDAY - Week 2

### Psalm 129

- "Greatly have they oppressed me since my youth," \* let Israel now say;
- 2 "Greatly have they oppressed me since my youth, \* but they have not prevailed against me."
- The ploughmen ploughed upon my back \* and made their furrows long.
- The Lord, the Righteous One, \*
  has cut the cords of the wicked.
- Let them be put to shame and thrown back, \* all those who are enemies of Zion.
- 6 Let them be like grass upon the housetops, \* which withers before it can be plucked;
- Which does not fill the hand of the reaper, \*
  nor the bosom of him who binds the sheaves;
- 8 So that those who go by say not so much as, "The Lord prosper you. \*
  We wish you well in the name of the Lord."

Father, your Son gave himself up to the wicked who scored his back and smote him, yet he was not confounded: in your righteousness set your people free from the thongs of wickedness, that they may bless you and give you glory; through Jesus Christ our Lord. Amen.

### Psalm 130

Out of the depths have I called you, O Lord; Lord, hear my voice; \* let your ears consider well the voice of my supplication.

- 2 If you, Lord, were to note what is done amiss, \* O Lord, who could stand?
- For there is forgiveness with you; \* therefore you shall be feared.
- I wait for the Lord; my soul waits for him; \* in his word is my hope.
- My soul waits for the Lord, more than watchmen for the morning, \* more than watchmen for the morning.
- 6 O Israel, wait for the Lord, \* for with the Lord there is mercy;
- With him there is plenteous redemption, \* and he shall redeem Israel from all their sins.

Lord of mercy and redemption, rescue us, we pray, from the depths of sin and death; forgive us what we do wrong, and give us grace to stand in your presence, to serve you in Jesus Christ our Lord. **Amen.** 

### Psalm 131

- O Lord, I am not proud; \*
  I have no haughty looks.
- 2 I do not occupy myself with great matters, \* or with things that are too hard for me.
- But I still my soul and make it quiet, like a child upon its mother's breast; \* my soul is quieted within me.
- O Israel, wait upon the Lord, \* from this time forth for evermore.

Eternal God, like a mother you calm and quieten our souls: keep us humble as we see your wonder and trusting as we live in your love; through Jesus Christ our Lord. Amen.

## READING

### **RESPOND**



My soul waits for you, O Lord, \* in your word is all my hope.



V. More than watchmen for the morn-ing I long for you, O Lord.



Glo-ry to the Father,  $% \left( 1\right) =\left( 1\right) \left( 1\right) +\left( 1\right) +\left( 1\right) \left( 1\right) +\left( 1\right) \left( 1\right) +\left( 1\right) +\left( 1\right) \left( 1\right) +\left( 1\right) +\left( 1\right) \left( 1\right) +\left( 1$ 

# THE PRAYERS (p 50)

### FRIDAY - Week 2

- Save me, O God, \*
  for the waters have risen up to my neck.
- 2 I am sinking in deep mire, \* and there is no firm ground for my feet.
- I have come into deep waters, \* and the torrent washes over me.
- I have grown weary with my crying; my throat is inflamed; \* my eyes have failed from looking for my God.
- Those who hate me without a cause are more than the hairs of my head;
  my lying foes who would destroy me are mighty. \*
  Must I then give back what I never stole?
- 6 O God, you know my foolishness, \* and my faults are not hidden from you.
- 7 Let not those who hope in you be put to shame through me,
  Lord God of hosts; \*
  let not those who seek you be disgraced because of me,
  O God of Israel.
- 8 Surely, for your sake have I suffered reproach, \* and shame has covered my face.
- 9 I have become a stranger to my own kindred, \* an alien to my mother's children.
- Zeal for your house has eaten me up; \* the scorn of those who scorn you has fallen upon me.
- 11 I humbled myself with fasting, \* but that was turned to my reproach.
- 12 I put on sack-cloth also, \* and became a byword among them.

- 13 Those who sit at the gate murmur against me, \* and the drunkards make songs about me.
- But as for me, this is my prayer to you, \* at the time you have set, O Lord:
- 15 "In your great mercy, O God, \* answer me with your unfailing help.
- Save me from the mire; do not let me sink; \*
  let me be rescued from those who hate me
  and out of the deep waters.
- 17 Let not the torrent of waters wash over me, neither let the deep swallow me up; \* do not let the Pit shut its mouth upon me.
- Answer me, O Lord, for your love is kind; \* in your great compassion, turn to me.
- 19 Hide not your face from your servant; \* be swift and answer me, for I am in distress.
- 20 Draw near to me and redeem me; \* because of my enemies deliver me.
- 21 You know my reproach, my shame, and my dishonour; \* my adversaries are all in your sight."
- 22 Reproach has broken my heart and it cannot be healed; \* I looked for sympathy, but there was none, for comforters, but I could find no one.
- They gave me gall to eat, \* and when I was thirsty, they gave me vinegar to drink.
- [24 Let the table before them be a trap \* and their sacred feasts a snare.
- 25 Let their eyes be darkened, that they may not see, \* and give them continual trembling in their loins.
- 26 Pour out your indignation upon them, \* and let the fierceness of your anger overtake them.
- 27 Let their camp be desolate, \* and let there be none to dwell in their tents.

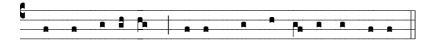
- 28 For they persecute him whom you have stricken \* and add to the pain of those whom you have pierced.
- 29 Lay to their charge guilt upon guilt, \* and let them not receive your vindication.
- 30 Let them be wiped out of the book of the living \* and not be written among the righteous.]
- As for me, I am afflicted and in pain; \* your help, O God, will lift me up on high.
- I will praise the name of God in song; \*

  I will proclaim his greatness with thanksgiving.
- This will please the Lord more than an offering of oxen, \* more than bullocks with horns and hoofs.
- The afflicted shall see and be glad; \* you who seek God, your heart shall live.
- 35 For the Lord listens to the needy, \* and his prisoners he does not despise.
- Let the heavens and the earth praise him, \* the seas and all that moves in them;
- For God will save Zion and rebuild the cities of Judah; \* they shall live there and have it in possession.
- The children of his servants will inherit it, \*
  and those who love his name will dwell therein.

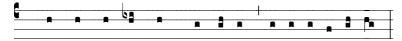
Thirsting on the cross, your Son shared the reproach of the oppressed and carried the sins of all: in him, O God, may the despairing find you, the afflicted gain life and the whole creation know its true king. **Amen.** 

### **READING**

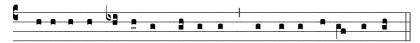
### **RESPOND**



Answer me, O Lord,\* in your great compassion turn to me.



V. Hide not your face from your servant, for I am in distress:



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

## THE PRAYERS (p 50)

### SATURDAY - Week 2

- 1 How dear to me is your dwelling, O Lord of hosts! \* My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God.
- 2 The sparrow has found her a house and the swallow a nest where she may lay her young; \* by the side of your altars, O Lord of hosts, my King and my God.
- 3 Happy are they who dwell in your house! \* they will always be praising you.
- 4 Happy are the people whose strength is in you! \* whose hearts are set on the pilgrims' way.
- Those who go through the desolate valley will find it a place of springs, \* for the early rains have covered it with pools of water.
- 6 They will climb from height to height, \* and the God of gods will reveal himself in Zion.
- 7 Lord God of hosts, hear my prayer; \* hearken, O God of Jacob.
- 8 Behold our defender, O God; \* and look upon the face of your anointed.
- 9 For one day in your courts is better than
  a thousand in my own room, \*
  and to stand at the threshold of the house of my God
  than to dwell in the tents of the wicked.
- For the Lord God is both sun and shield; \* he will give grace and glory;
- 11 No good thing will the Lord withhold \* from those who walk with integrity.
- O Lord of hosts, \*
  happy are they who put their trust in you!

Lord God, sustain us in this vale of tears with the vision of your grace and glory; that as we journey towards your presence we may go from strength to strength in the power of Jesus Christ our Lord. **Amen.** 

- You have been gracious to your land, O Lord, \* you have restored the good fortune of Jacob.
- You have forgiven the iniquity of your people \* and blotted out all their sins.
- You have withdrawn all your fury \* and turned yourself from your wrathful indignation.
- 4 Restore us then, O God our Saviour; \* let your anger depart from us.
- Will you be displeased with us for ever? \* will you prolong your anger from age to age?
- 6 Will you not give us life again, \* that your people may rejoice in you?
- 7 Show us your mercy, O Lord, \* and grant us your salvation.
- 8 I will listen to what the Lord God is saying, \*
  for he is speaking peace to his faithful people
  and to those who turn their hearts to him.
- 9 Truly, his salvation is very near to those who fear him, \* that his glory may dwell in our land.
- Mercy and truth have met together; \* righteousness and peace have kissed each other.
- 11 Truth shall spring up from the earth, \* and righteousness shall look down from heaven.
- 12 The Lord will indeed grant prosperity, \* and our land will yield its increase.

Righteousness shall go before him, \* and peace shall be a pathway for his feet.

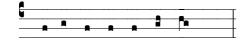
Be gracious to us, Lord our God, and restore us to fullness of life with you; that mercy and truth may be our guide and peace be a pathway for our feet; through our Saviour, Jesus Christ our Lord. Amen.

### READING

### **RESPOND**



Show us your mercy, O Lord,\* and grant us your salva-tion.



V. Re-store us, O God of hosts:



Glo-ry to the Father,  $% \left( 1\right) =\left( 1\right) \left( 1\right) +\left( 1\right) +\left( 1\right) \left( 1\right) +\left( 1\right$ 

## THE PRAYERS (p 50)

Concluding Pra	yers	
Hebdomadary	Lord, have mercy upon us	
ALL	Christ, have mercy upon us Lord, have mercy upon us	
	Our Father in heaven,	
		(a brief time of silence follows)
	Collect	

The Grace

Community of the Resurrection

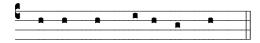
**VIGIL OF THE RESURRECTION** 

# THE VIGIL OF THE RESURRECTION

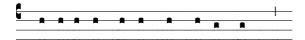
Opening	stand
Hymn	
Thanksgiving	
Psalm	sit
Psalm Collect	
Canticle	stand
THE RESURRECTION GOSPEL	
Acclamation	
Prayers	
The Blessing	



Superior Our help is in the name of the Lord (or his representative)



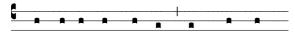
ALL Who has made heaven and earth.



Glo-ry to the Father, and to the Son,



and to the Ho-ly Spi-rit; as it was in



the be-ginning, is now, and shall be



for e-ver. Amen. Alle-lu - ia.



IN LENT: and shall be for e-ver. A-men.

(Melodgy: Nunc Dimittis - L Bourgeois (1549))

- 1 Angelic choirs, rejoice!
  let trumpets lift their voice!
  To hail the Lord's salvation,
  let priestly people sing
  the triumph of their King,
  in festive celebration.
- Exult, O earth, made bright, your darkness put to flight, now shine in Christ's own splendour. Be glad, O Church, in song, come join the echoing throng, to hail the glorious Victor.
- 3 Let all around this flame, Christ's deathless light acclaim, his mercy now proclaiming; that all may live in him, who conquered death and sin in glory never ending.

Exultet iam angelica turba coelorum (11th C) tr. <u>after Joel W Lundeen (b. 1918)</u>

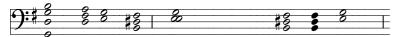
## Resurrection Vigil 156



OR (In Lent): Voskresneyie Khrystovo videshve (Slavonic Hymn of the Resurrection)



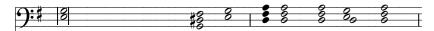
Having beheld the resurrection of Christ; let us adore the holy Lord Je - sus,



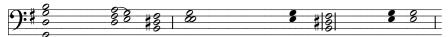
the only sinless One: We venerate your Cross, O Christ:



Your holy Resurrection we laud and glo-ri-fy; for You are our God



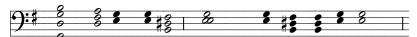
and we know no other beside you; we call u-pon Your name.



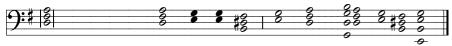
Come, all you faith - ful, let us magnify Christ's holy Resurrection:



for behold, through the Cross joy has come into all the world.



Ever blessing the Lord, let us sing his Re - sur-rec-tion;



for us he endured the shame of the Cross, conqu'ring death by his death!

### **THANKSGIVING**

Let us give thanks to the Lord our God

### ALL It is right to give thanks and praise.

We praise and thank you, O God our Father, through your Son, Jesus Christ our Lord. Through him you have enlightened us by revealing the light that never fades, for dark death has been destroyed and radiant life is everywhere restored. What was promised is fulfilled: we have been joined to you, through renewed life in the Spirit of the risen Lord. Glory and praise to you, our Father, through Jesus your Son, who lives and reigns with you and the Spirit, in the kingdom of light eternal, for ever and ever. Amen.

- Give thanks to the Lórd, for hé is good;\* his mercy endúres for éver.
- 2 Let Ísrael nów proclaim,\*"His mercy endúres for éver."
- 3 Let the house of Áaron nów proclaim,\*
  "His mercy endúres for éver."
- 4 Let those who fear the Lórd nów proclaim, \* "His mercy endúres for éver."
- I called to the Lórd in mý distress; \* the Lord answered by sétting mé free.
- 6 The Lord is at my side, théref<u>or</u>e I will not fear; \* what can án<u>y</u>one dó to me?
- 7 The Lord is at my síde to hélp me; \*
  I will triumph over thóse who háte me.
- 8 It is better to rely on the Lord \* than to put ány trúst in flesh.
- 9 It is better to rely on the Lord \* than to put any trúst in rúlers.
- 10 All the ungód<u>ly</u> encómpass me; \*
  in the name of the Lord I wíll repél them.
- They hem me in, they hem me in on évery side; \* in the name of the Lord  $\underline{I}$  will repél them.
- They swarm about me like bees; they bláze l<u>ike</u> a fíre of thorns; \* in the name of the Lord <u>I</u> wíll repél them.
- 13 I was pressed so hárd that I álmost fell, \* but the Lord cáme to mý help.
- 14 The Lord is my stréngth and mý song, \* and he has becóme my salvátion.

- There is a sound of exultátion and víctory \* in the ténts of the ríghteous:
- "The right hand of the Lord has triûmphed! \* † the right hand of the Lórd is exálted! the right hand of the Lórd has tríumphed!"
- I sháll not díe, but live, \*
  and declare t<u>he</u> wórks of thé Lord.
- The Lord has pún<u>ish</u>ed me sórely, \* but he did not hand <u>me</u> óver tó death.
- Open for me the gátes of ríghteousness; \*
  I will enter them; I will offer thánks to thé Lord.
- 20 "This is the gate of the Lord; \* he who is ríghteous may énter."
- 21 I will give thanks to you, for you answered me \* and have become my salvation.
- 22 The same stone which the buíld<u>er</u>s rejécted \* has become the chief corner-stone.
- 23 This is the Lord's doing, \* † and it is márvellous ín our eyes.
- On this day the Lord has acted; \* we will rejóice and be glád in it.
- 25 Hosanna, Lord, hosannâ! \* †
  Lord, sénd us nów success.
- 26 Blessèd is he who comes in the name of the Lord; \* we bless you from the house of thé Lord.
- God is the Lord, he has shíned upón us; \*
  form a procession with branches up to the
  hórns of the áltar.
- 28 "You are my God and Í will thánk you; \* you are my God and Í will exált you."
- 29 Give thanks to the Lórd, for hé is good; \* his mercy endúres for éver.

The Superior (or his representative) invites everyone to pray in silence for a moment. Let us pray:

He then offers one of the following prayers:

God our Father,
by raising Christ your Son,
you conquered the power of death
and opened for us the way to eternal life.
Let our celebration this night
raise us up and renew our lives
by the Spirit who lives within us.
Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

Amen.

OR

Holy and mighty God, your Son's triumph over sin and death has opened to us the gate of eternal life.

Purify our hearts that we may follow where he has gone and share in the radiance of his glory.

We ask this for the sake of our risen Lord. Amen.

### The Canticles

### The Song of Moses

Exodus 15.1-3,6,11,17-18

I will sing to the Lord for his glórious tríumph; \* the horse and the rider he has húrled intó the sea. The Lord has become my stréngth and réfuge; \* the Lord himself has become my sáviour.

He is my God and Í will práise him; \* my father's God and Í will exált him. The Lord himself is a míghty wárrior; \* the Lord, the Lord is hís name.

Your right hand, O Lord, is majést<u>ic</u> in pówer; \* your right hand, O Lord, shátt<u>er</u>s the énemy. Who is like you, O Lórd, amóng the gods, \* holy, awesome, wórk<u>er</u> of wónders?

In steadfast love you léd your péople, \*
you guided your redéemed with your gréat strength.
You brought them in safety tó your hóly place, \*
and planted them firm on your own mountain.
You brought them intó your ówn house. \*
The Lord shall reign for éver and éver.

### Christ our Passover

I Corinthians 5.7-8; Romans 6.9-11; I Corinthians 15.20-22

Alleluia!

Christ our Passover has been sácri**ficed** for us; \* theref<u>or</u>e lét us kéep the feast,
Not with the old leaven, the leaven of mál<u>ice</u> and évil, \* but with the unleavened bread of sincéritý and truth.

Christ being raised from the dead will néver díe again; \*

death no longer has domínion óver him.

The death that he died, he died to sín, **ónce** for all; \*
but the life <u>he</u> líves, he líves to God.

So also consider yoursélves **déad** to sin, \*
and alive to God <u>in</u> Jésus Chríst our Lord.

Christ has been ráised **fróm** the dead, \*
the fírst fruits of thóse who sleep.
For since bý a **mán** came death, \*
by a man has come also the resurréction óf the dead.
For as in Á**dam** áll die, \*
so also in Christ shall áll be máde alive. Állelúia.

### A Resurrection Hymn

Bless the Lord, O **hóuse** of Ísrael; \*
O house <u>of</u> Áaron, bléss the Lord.
Blessed be the Lord **óut** of Zíon, \*
who dwélls <u>in</u> Jerúsalem.

Give thanks to the Lórd, for **hé** is good, \* give thánks <u>to</u> the Gód of gods,
Give thánks <u>to</u> the **Lórd** of lords, \* for his mercy endúres for éver.

Who struck down the fírst**born** of Égypt, \* and brought out Israel fróm amóng them, \* With a mighty hánd and a **strétched**-out arm, \* for his mercy endúres for éver;

Who divided the Réd **Séa** in two, \* and made Israel to pass through the mídst of it, Who remembered us ín our **lów** estate, \* and delivered <u>us</u> fróm our énemies.

Give thanks to the **Gód** of héaven, \* for his mercy endúres for éver.

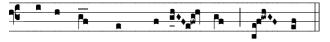
## THE RESURRECTION GOSPEL



To you be praise, \* to you be wor-ship, glo-ry be to you



bless-ed Tri - ni - ty, Father, Son, and Ho-ly Spi - rit, for



e-vermore, world without end. A - men.

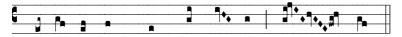
In Eastertide:



To you be praise, \* to you be worship, glo-ry be to you,



bless-ed Tri- ni- ty, Fa-ther, Son, and Ho- ly Spi - rit,



for e-vermore, world with - out end. A - - - men.

II

### PRAYERS OF THE COMMUNITY

God raised him up from the dead and gave him glory

## ALL That our faith and hope might be in God.

Father, we remember before you our absent Brethren, (our Aspirants), our Oblates, the members of our Fraternity and of our College, our relations and friends, (our guests), and all for whom we ought to pray; prosper them with your blessing, pour out your Spirit upon them, and guide them in the path of eternal life, to the glory of your Name; through Jesus Christ our Lord. Amen.

Almighty and everlasting God, who formed your Church to be of one heart and one soul in the power of the Resurrection and the fellowship of the Holy Spirit: renew her evermore in her first love; and grant such a measure thereof to the Brethren of the Resurrection, that our life may be hallowed, our way directed, and our work made fruitful, to the good of your Church and the glory of your holy name; through Jesus Christ our Lord.

Amen.

### The Blessing

May God the Father, who raised Christ Jesus from the dead, continually show us his loving kindness.

May God the Son, victor over sin and death, grant us a share in the joy of his resurrection.

May God the Spirit, giver of light and peace, renew our hearts in his love.

May Almighty God, the Father, the Son and the Holy Spirit, continue to bless us.

Amen.

Amen.

Amen.

Amen. (Alleluia).

# After the Blessing:

# Through the year:



A - men. Al - le - lu - ia.

## Lent:



... to bless us. A - men.

## Eastertide:



A - men: Al - le - lu - ia, al - le - lu - ia.

Community of the Resurrection 1991

**COMPLINE** 

## COMPLINE

Preparation & Confession kneel

Opening stand

Psalms sit

Short Reading

Respond stand

Hymn

Versicle & Response

Nunc Dimittis

Prayers

The Blessing

#### **COMPLINE**

Superior: The Lord Almighty grant us a quiet night and a perfect end. Amen.

A period of silence follows for reflection on the past day.

We confess to almighty God, before the whole company of heaven and one another, that we have sinned through our own fault, in thought and word and deed, and in what we have failed to do.

Wherefore, we pray almighty God to forgive us our sins and to keep us in eternal life. Amen.

Our help is in the name of the Lord.

Who has made heaven and earth.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Alleluia. (not in Lent)

#### Psalm 4

- Answer me when I call, O God, defender of mŷ cause; \* † you set me free whén I ám hard-pressed; have mercy on mé and héar my prayer.
- "You mortals, how long will you dishón<u>our</u> my glóry; how long will you worship dumb idols and run áfter fálse gods?"
- Know that the Lord does wonders fór the fáithful; \* when I call upon the Lord, hé will héar me.
- Tremble, thén, and dó not sin; \* speak to your heart in síl<u>en</u>ce upón your bed.
- Offer the appointed sácrifíces \* and put your trúst in thé Lord.
- Many are saying, "Oh, that we might see better times!" \* Lift up the light of your countenance upon us, O Lord.
- 7 You have put gládness ín my heart, \*

more than when grain and wine and oil increase.

8 I lie down in peace; at ónce I fáll asleep; \* for only you, Lord, make me dwéll in sáfety.

#### Psalm 91

- 1 He who dwells in the shelter of the Most High, \* abides under the shadow of the Almighty.
- 2 He shall say to the Lord, "You are my refuge ánd my strónghold, \* my God in whóm I pút my trust."
- 3 He shall deliver you from the snáre of the húnter \* and from the déadly péstilence.
- 4 He shall cover you with his pinions, and you shall find refuge under his wings; \* his faithfulness shall be a shield and búckler.
- You shall not be afraid of any terror bŷ night, \*† nor of the árrow that flíes by day.
- 6 Of the plague that stalks in the darkness, \* nor of the sickness that lays waste at míd-day.
- 7 A thousand shall fall at your side and ten thousand át your ríght hand, \* but it shall nót come néar you.
- 8 Your eyes have only to behold \* to see the reward of the wicked.
- 9 Because you have made the Lord your refûge, \* † and the Most High your hábitátion.
- There shall no evil happen to you, \* neither shall any plague come néar your dwélling.
- 11 For he shall give his angels charge ovêr you, \* † to kéep you in áll your ways.
- They shall bear you in their hands, \*

lest you dash your fóot agáinst a stone.

- 13 You shall tread upon the líon and ádder; \* you shall trample the young lion and the serpent under your feet.
- Because he is bound to me in love, therefore will Í delíver him; \* I will protect him, <u>be</u>cáuse he knóws my name.
- He shall call upon me, and I will answer him; \* †
   I am with him in trouble;
   I will rescue him and bring him to honour.
- With long life will I sátisfý him, \* and show him mý salvátion.

Psalm 134

- Behold now, bless the Lord, all you sérvants óf the Lord, \* you that stand by night in the house of the Lord.
- 2 Lift up your hands in the holy pláce and bléss the Lord; \* the Lord who made heaven and earth bless you out of Zíon.

# The Reading

#### **SUNDAY**

The servants of the Lamb shall see the face of their God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will give them light; and they will reign for ever and ever.

Rev'n 22.4,5

OR

There remains a sabbath rest for the people of God; for those who enter his rest also cease from their labours, as he did. Let us, therefore, strive to enter that rest.

Heb 4.9-11

### Monday

In returning and rest you shall be saved; in quietness and trust shall be your strength.

Isa 30.15

#### Tuesday

Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

Matt 11.28-30

#### Wednesday

Humble yourselves under the mighty hand of God, that in due time he may exalt you. Cast all your anxieties on him, for he cares about you.

I Pet 5.6,7

#### Thursday

The Word was the source of life, and brought life to all. The light shines in the darkness, and the darkness has not overcome it.

John 1.4,5

#### Friday

Lord, you are in the midst of us, and we are called by your name. Leave us not, O Lord our God.

Jer 14.9

### Saturday

There remains a sabbath rest for the people of God; for those who enter his rest also cease from their labours, as he did. Let us, therefore, strive to enter that rest.

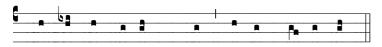
Heb 4.9-11

VI

## The Response



Into your hands, O Lord, \* I com-mend my spi-rit. ₹.



V. For you have re-deemed me, O Lord God of truth.

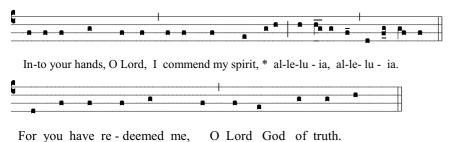


Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit.

# Compline / 72

In Eastertide

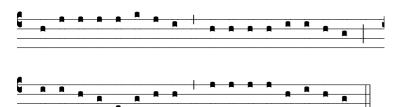
VI

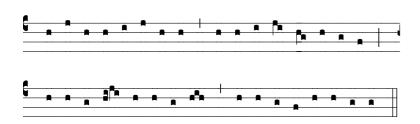


Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spi - rit.

### The Hymn

On ferial days one of the hymns below is used; on Lesser and Greater Holy Days and in the seasons of Christmas, Lent, Passiontide, Easter and before Pentecost the hymn is proper and is to be found on pages 77-93.





VIII

VIII

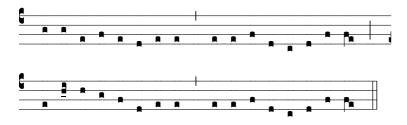
To you, before the end of day, Creator of the world, we pray: in love unfailing hear our prayer, enfold us in your watchful care.

Keep all disturbing dreams away, and hold the evil foe at bay, repose untroubled let us find for soul and body, heart and mind.

Your life and health send from above, renew in us the fire of love, and may your splendour cast away night's darkness in eternal day.

Almighty Father, hear our cry through Jesus Christ our Lord most high; who reigns with you eternally in your blest Spirit's unity. Amen.

Te lucis ante terminum tr. Ryde Abbey, PAcr & JMH



We praise you, Father, for your gift of dusk and nightfall over earth, foreshadowing the mystery of death that leads to endless day.

Within your hands we rest secure; in quiet sleep our strength renew; yet give your people hearts that wake

IV

in love to you unsleeping Lord.

Your glory may we ever seek in rest, as in activity, until its fullness is revealed, O source of life, O Trinity. Amen.

St Mary's Abbey, West Malling

The following versicle and response is sung throughout the year after the hymn, except between Easter Day and the Friday following.



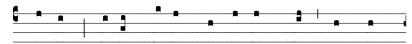
- V. Keep me, O Lord, as the apple of your eye, (alleluia).
- RY. Hide me under the shadow of your wings, (alleluia).

### THE SONG OF SIMEON

Ferial Antiphon:



Pre-serve us, \* O Lord, while wak-ing and guard us while



sleeping, that our wak-ing may be with Christ, and our



sleeping may be in peace.

Advent Antiphon:



Come, O Lord, \* and vi- sit us in peace, that we may



joy be-fore you in true wholeness of heart.

IIIa

VIIa

#### The Canticle

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be f<u>o</u>r éver. Ámen.

THE PRAYERS

Lord, have mercy Christ, have mercy Lord, have mercy

God raised him up from the dead and gave him glory; That our faith and hope might be in God.

Father,

we remember before you our absent brethren,
(our aspirants), our oblates,
the members of our Fraternity and of our College,
our relations and friends, (our guests),
and all for whom we ought to pray;
prosper them with your blessing,
pour out your Spirit upon them,
and guide them in the path of eternal life,
to the glory of your Name;
through Jesus Christ our Lord.

Amen.

(The Antiphon is repeated)

Almighty and everlasting God,
who formed your Church to be of one heart and one soul
in the power of the Resurrection
and the fellowship of the Holy Spirit:
renew her evermore in her first love;
and grant such a measure thereof
to the brethren of the Resurrection,
that our life may be hallowed,
our way directed,
and our work made fruitful,
to the good of your Church and the glory of your holy Name;
through Jesus Christ our Lord.

Amen.

Visit, O Lord, this dwelling, and drive away all snares of the enemy; may the angels preserve us in peace, and your blessing be ever upon us; through Jesus Christ our Lord.

Amen.

[The promise \* which was made unto the Fathers, God has fulfilled the same unto us their children, in that he has raised up Jesus again.]

In peace, we will lie down and sleep; For you alone, Lord, make us dwell in safety.

The almighty and merciful God, the Father, the Son, and the Holy Spirit, bless and preserve us.

Amen.

(Or another collect - see pages 92 & 93)



O Saviour of the world, we pray, whose love has kept us through this day, now darkness falls and night is here, remember us, be ever near.

Forgive and pardon all our sin that your new life may grow within; and may your light illuminate the darkness of our mortal state.

In sleep may truth possess the mind, that Satan may no entrance find; make us, in body and in soul a temple, living, true and whole.

When morning breaks, may we arise, a pleasing offering in your eyes; our life, our work receive in grace, and bring us all to see your face.

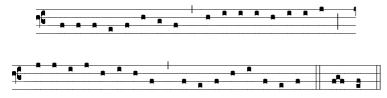
Almighty Father, hear our cry, through Jesus Christ our Lord most high: whom with the Spirit we adore for ever and for evermore. Amen.

Salvator m undi tr. CSMV Wantage, altd.

> (Gospel Canticle Antiphon - see page 78 On Feasts of the BVM - see page 93)

VIII

IVe



Lord Jesus, Sun of angels blest, keep watch upon us from above; with heavn'ly vision cheer our eyes, and overwhelm our hearts with love.

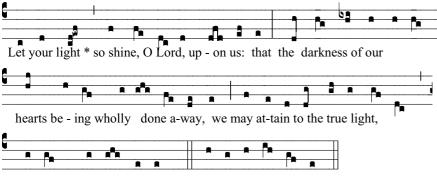
True Light, shine forth! Let dark depart and from our souls be overthrown; so may your peace on all descend who, trusting you, their Saviour own.

And when as judge you come again, arrayed in robes of purest light, may we rejoice before our King, no longer fearful in your sight.

To you be praise, Lord Jesus Christ, of suns the brightest and the best, who with th' eternal Father reign, and with the Holy Spirit blest. Amen.

Adsunt tenebrae primae (Mozarabic 7th C) tr. after W J Blew (1808-94)

#### Antiphon on the Gospel Canticle



e-ven Christ our Sa-viour.

### **CHRISTMASTIDE (and PRESENTATION)**

Of the Father's love begotten ere the world began to be, he is Alpha and Omega, he the source, the ending he, of the things that are, that have been, and that future years shall see, evermore and evermore.

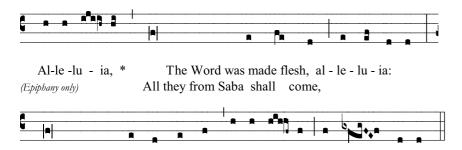
O that birth for ever blessed, when the Virgin full of grace, by the Holy Ghost conceiving, bare the Saviour of our race, and the Child, the world's Redeemer, first revealed his sacred face, evermore and evermore.

This is he whom seers and sages sang of old with one accord; whom the writings of the prophets promised in their faithful word; now he shines, the long-expected. Let creation praise its Lord, evermore and evermore.

Christ to thee with God the Father, and, O Holy Ghost to thee hymn and chant and high thanksgiving and unwearied praises be, honour, glory and dominion, and eternal victory, evermore and evermore.

Prudentius (4th C) tr. J M Neale (1818-66) & others

The Song of Simeon



and dwelt a- mong us, al-le -lu - ia, al - le - - - lu- ia. they shall bring gold and in -cense

#### The Canticle

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be for éver. Ámen.

(The Antiphon is repeated)

#### LENT (ASH WEDNESDAY to PASSIONTIDE)



O Christ, life-giving Day and Light with brightness overcoming night; we look to you that we may know the light and truth which from you flow.

All holy Lord, our sure defence, and guardian of our every sense: O grant us calm, untroubled sleep, so may the heart its vigil keep.

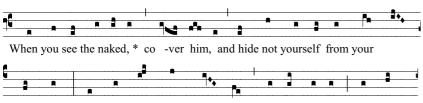
Protect us with your strong right hand, that firm in faith we may withstand and every onslaught of the foe with trust in you may undergo.

Look down on us, O Lord most just, your creatures fashioned from the dust; preserve and govern us for good, the purchase of your precious blood.

To God the Father, God the Son, and God the Spirit, ever One; to you, O blessed Trinity, be praise through all eternity. Amen.

Christe qui lux es et dies (Latin, 6th C) tr. composite

#### WEEKS 1 & 2



own flesh: then your light shall break forth as the morning, and the

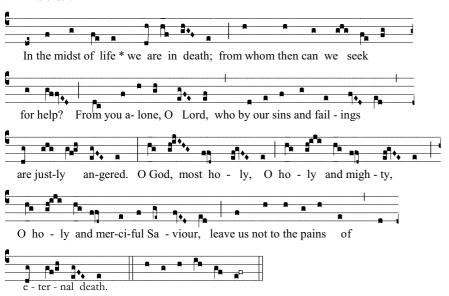
II

IVe



glo - ry of the Lord shall be your rearguard.





### The Canticle

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be for éver. Ámen.

(The Antiphon is repeated)

IVe



Servant of God, remember the stream your soul bedewing, the grace that came upon you anointing and renewing.

When kindly slumber calls you, upon your bed reclining, then trace the cross of Jesus, your heart and forehead signing.

The Cross dissolves the darkness, and drives away temptation; it calms the wavering spirit by quiet consecration.

Begone, begone, the terrors of vague and formless dreaming; begone, O fell deceiver, with all your boasted scheming. Tremble, for Christ is near us, depart, this is his dwelling, the sign you know and fear now, your strong battalions quelling.

Then while the weary body its rest in sleep is nearing, the heart will muse in silence on Christ and his appearing.

To God, eternal Father, to Christ, our King, be glory, and to the Holy Spirit, in never-ending story. Amen.

Prudentius (4th C) tr. TA Lacey (1853-1931), altd. VIII



#### The Canticle

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be for éver. Ámen.

(The Antiphon is repeated)

#### **DURING THE TRIDUUM**

The Office begins with a time of silence and the Confession; the initial blessing is not said, and the opening responses are omitted. The Psalms follow. Then, all kneeling:

Christ became: obedient for us unto death, even death on a cross.

The Collect follows:

On Maundy Thursday and Good Friday

Almighty Father, look in mercy on this your family, for whose sake our Lord Jesus Christ willingly gave himself up into the hands of men and suffered death upon the cross: who lives and reigns with you and the Holy Spirit for ever.

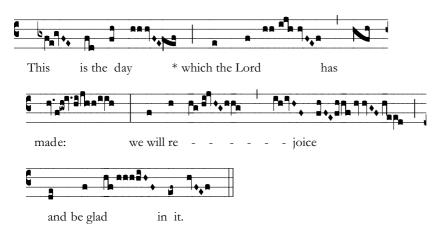
Amen.

On Holy Saturday

Grant, O Lord, that as we are baptised into the death of your blessed Son our Saviour Jesus Christ, so by continual mortifying our corrupt affections we may be buried with him; and that through the grave and gate of death we may pass to our joyful resurrection, through him who died and was buried and rose again for us, your Son Jesus Christ our Lord. **Amen** 

All leave in silence

After the psalms is sung:



### The Song of Simeon



Al-le-lu-ia, \* al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be for éver. Ámen.

(The Antiphon is repeated)

II

 $VIIc^2$ 

## The Prayers

Lord, have mercy Christ, have mercy Lord, have mercy

God raised him up from the dead and gave him glory; That our faith and hope might be in God.

Father,

we remember before you our absent brethren, (our aspirants), our oblates, the members of our Fraternity and of our College, our relations and friends, (our guests), and all for whom we ought to pray; prosper them with your blessing, pour out your Spirit upon them, and guide them in the path of eternal life, to the glory of your Name; through Jesus Christ our Lord.

Amen.

Pour upon us, O Lord, the spirit of your love; that as we are renewed by your paschal sacraments, so by your mercy we may be knit in the bond of peace and concord; who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. **Amen.** 

through Jesus Christ, your Son our Lord,

The promise \* which was made unto the Fathers, God has fulfilled the same unto us their children, in that he has raised up Jesus again.

In peace, we will lie down and sleep; For you alone, Lord, make us dwell in safety.

The almighty and merciful God, the Father, the Son, and the Holy Spirit, bless and preserve us. **Amen.** 

#### **EASTERTIDE**



O Jesus, Saviour of our race, in whom we see the Father's face; his image and the Light of Light, come, Lord, and keep us through this night.

Creator of all life, your care is in the pain your children bear; as darkness falls upon the land look down on us, stretch out your hand.

The Father's Word, may we now hear your voice alone as night draws near; that while the body rests in sleep, the soul in Christ will vigil keep.

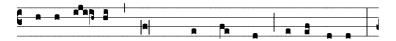
Remember then your life laid down to win for us th' eternal crown; by love outpoured in your free grace, O bring us to the heavenly place.

O splendour of the Risen Lord, in whom all joy and hope are stored; rejoicing here with you, we share the riches of your glory there.

To God the Father, God the Son, and God the Spirit, ever One; to you, O blessed Trinity, be praise in all eternity. Amen.

Je su salvator sae culi tr. CSMV, Wantage altd.

# The Song of Simeon



Al-le - lu - ia, \* The Lord is ri - sen, al - le - lu - ia: (Ascension only) Christ is gone up on high,



as he said un -to you, al - le -lu - ia, al - le - - - lu - ia and has led capti-vi - ty  $\,$  cap - tive,

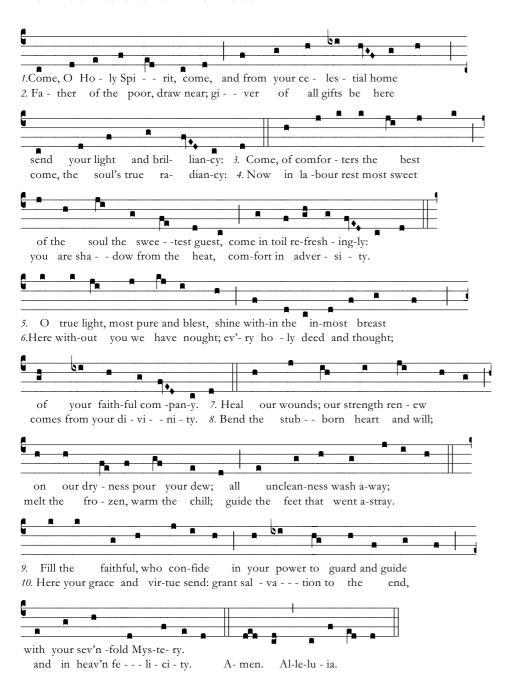
Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

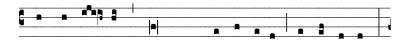
A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be for éver. Ámen.

(The Antiphon is repeated)



# The Song of Simeon



Al - le - lu - ia, \* The Spirit, the Comforter, al - le - lu - ia:



shall teach you all things, al-le-lu-ia, al-le--lu-ia.

Lord, now you let your sérvant depárt in peace \* your word has béen fulfilled.

My own eyes have séen the salvátion \* which you have prepared in the sight of évery péople.

A light to reveal you tó the nátions \* and the glory of your péople Ísrael.

Glory to the Father, and to the Son, and to the Hóly Spírit; \* as it was in the beginning, is now, and shall be f<u>o</u>r éver. Ámen.

(The Antiphon is repeated)

#### Alternative Collects:

## (Sunday)

Almighty God,

by triumphing over the powers of darkness

Christ prepared a place for us in the new Jerusalem.

May we, who have this day given thanks for his resurrection, praise him in the eternal city of which he is the light; who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

## (Monday)

Lighten our darkness, Lord, we pray; and in your mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. Amen.

### (Tuesday)

Be present, O merciful God, and protect us through the silent hours of this night so that we who are wearied by the changes and chances of this fleeting world may rest in your eternal changelessness; through Jesus Christ our Lord.

Amen.

# (Wednesday)

Look down, O Lord, from your heavenly throne, illuminate the darkness of this night with your celestial brightness, and from the children of light banish the deeds of darkness; through Jesus Christ our Lord.

Amen.

## (Friday)

Lord Jesus Christ, Son of the living God, who at this evening hour lay in the tomb and so hallowed the grave to be a bed of hope for all who put their trust in you:

# Compline /94

give us such sorrow for our sins, which were the cause of your passion, that, when our bodies lie in the dust our souls may live with you; for you live and reign with the Father and the Holy Spirit, one God, now and for ever. **Amen.** 

## (Saturday)

Come to visit us, O God, this night,

so that by your strength we may rise with the new day to rejoice in the resurrection of your Son, Jesus Christ our Lord; who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

## Antiphon on the Gospel Canticle on feasts of the BVM



Glo-ry we sing to you, \* O ho-ly Mo-ther of God, for of you



was born the Sa-viour: Pray for us to the Lord our God.



IVe

# Psalm Antiphons



Have mer - cy u - pon me, O Lord; \* hear my prayer when I call.



and an-swer me.



I lie down, \* O Lord, in peace; and at once I fall a-sleep.



For to his an - gels \* God has gi - ven charge of you; they



will watch o-ver you to keep you in all your ways.



In the night - time \* come, all you peo-ple, bless the Lord.

VIIIg

VIIIg

VIIIg

Dd

# Form of blessing before work or a journey:

- **V.** The Lord watch over your going out and your coming in.
- R. From this time forth for evermore.

May the God of peace, who raised up from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, make you perfect in everything good that you may do his will, working in you that which is pleasing in his sight: through Jesus Christ, to whom be glory for ever and ever. **Amen.** 

(This form is used after the Collect and before the Versicle & Response We will lie down in peace' or the Antiphon, 'The promise, which was made.....')