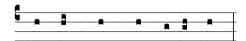


EVENSONG



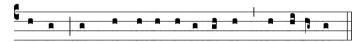
O God, make speed to save us



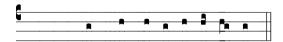
O Lord, make haste to help us. Glo-ry to the Fa-ther, and to



the Son, and to the Ho -ly Spi - rit. As it was in the be-ginning,



is now, and shall be for e-ver. Amen. Al-le-lu - ia.



IN LENT: and shall be for e-ver. A-men.

SATURDAY Week 4

HYMN



O Trinity of blessed light,
O Unity of primal might,
th'untiring sun now goes its way;
shed now within our hearts your ray.

To you our morning song of praise, to you our evening prayer we raise; your glory suppliant we adore for ever and for evermore.

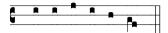
To God the Father, God the Son and God the Spirit, praise be done; to you most holy Trinity praise now and for eternity.

O lux beata trinitas (?6 C) tr J M Neale (1818-66), altd.

VIIa



Re-joice you righteous; * give to the Lord glo - ry all you true of heart.



- Rejoice in the Lórd, you ríghteous; * it is good for the júst to sing práises.
- Praise the Lórd with the harp; * play to him upon the psálterý and lyre.
- 3 Sing for him a néw song; * sound a fanfare with all your skill upón the trúmpet.
- For the word of the Lord is right, * and all his works are sure.
- 5 He loves righteousnéss and jústice; * the loving-kindness of the Lord fills the whóle earth.
- 6 By the word of the Lórd were the héavens made, * by the breath of his mouth all the héavenly hosts.
- 7 He gathers up the waters of the ocean as in a water-skin * and stores up the dépths of the sea.
- 8 Let all the éarth *féar* the Lord; *
 let all who dwell in the <u>wor</u>ld stánd in áwe of him.
- 9 For he spóke and it came to pass; * he commanded and it stood fast.
- 10 The Lord brings the will of the nations tô naught; * † he thwarts the desígns of the péoples.
- 11 But the Lord's will stands fast for ever, * and the designs of his héart from áge to age.

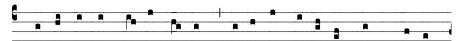
- 12 Happy is the nation whose Gód is the Lord! * happy the people he has chosen to bé his own!
- 13 The Lord looks dówn from héaven, * and beholds all the péople in the world.
- 14 From where he sits enthroned he turns his gaze * on all who dwell on the earth.
- 15 He fashions all the héarts of them * and understands all théir works.
- There is no king that can be saved by a mighty ármy; * a strong man is not delivered bý his gréat strength.
- 17 The horse is a vain hópe <u>for</u> delíverance; * for all <u>its</u> stréngth it cánnot save.
- Behold, the eye of the Lord is upon those who féar him, * on those who wáit upón his love,
- 19 To plúck their líves from death, * and to feed them in tíme of fámine.
- 20 Our soul waits for the Lord; * he is our hélp ánd our shield.
- 21 Indeed, our heart rejoices in him, * for in his holy name we put our trust.
- 22 Let your loving-kindness, O Lórd, <u>be</u> upón us, * as we <u>have</u> pút our trúst in you.



Re-joice you righteous; give to the Lord glo - ry all you true of heart.

Feed your people, O Lord, with your holy Word and free us from the temptations which lead us away from you that, being filled with your mercy, we may be admitted to your holy presence; through Jesus Christ our Lord. **Amen.**

IIIa



The angel * of the Lord is come; he encompasses all those who fear



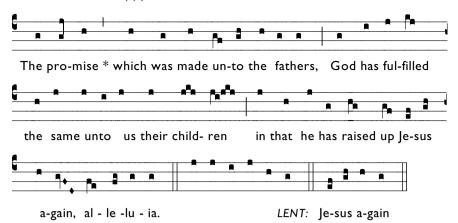
- I will bless the Lórd at áll times; * his praise shall ever bé in mý mouth.
- 2 I will glóry ín the Lord; * let the humble héar and réjoice.
- Proclaim with me the gréatness of the Lord; * let us exalt his name togéther.
- 4 I sought the Lórd and he ánswered me * and delivered me out of áll my térror.
- 5 Look upon hím and be rádiant, * and let not your fáces bé ashamed.
- 6 I called in my affliction and the Lord heard mê * † and saved me from all my troubles.
- 7 The angel of the Lord encompasses those who fear him, * and he will deliver them.
- 8 Taste and sée that the Lórd is good; * happy are théy who trúst in him!
- 9 Fear the Lord, you that are his saints, * for those who fear him lack nothing.
- The young lions lack and suffer hunger, *
 but those who seek the Lord lack nothing that is good.
- Come, children, and listen to me; *I will teach you the fear of thê Lord. †
- 12 Who amóng you lóves life * and desires long life to enjóy prospérity?
- 13 Keep your tongue from évil-spéaking * and your líps from lýing words.
- 14 Turn from évil and dó good; * seek péace and pursúe it.
- 15 The eyes of the Lord are upon the righteous, * and his ears are open to their cry.
- The face of the Lord is against those who do évil, *
 to root out the remembrance of them from the earth.

- 17 The righteous cry and the Lord hears thêm * † and delivers them from all their troubles.
- 18 The Lord is near to the brokenhearted * and will save those whose spirits are crushed.
- 19 Many are the troubles of the righteous, * but the Lord will deliver <u>him</u> out of them all.
- 20 He will keep safe all his bones; * not one of them shall be broken.
- 21 Evil shall sláy the wícked, * and those who hate the righteous will be púnished.
- 22 The Lord ransoms the life of his sérvants, * and none will be púnished who trúst in him.



Send your holy angels to watch over us, O loving God, that on our lips will be found your truth and in our hearts your love; for his sake who died for love of our love, even Jesus Christ our Saviour. Amen.

Canticle | Peter 2:4,5,9,10 | VIIIg



- Come to hím, to that líving stone. *
 rejected by men, but in God's sight chósen and précious.
- 2 Like living stones be yourselves built into a spi<u>ri</u>tual témple, * to be <u>a</u> hóly priesthood.
- 3 To offer spiritual sácrifice * acceptable to Gód through Jésus Christ.
- You are a chosen race, a róyal príesthood, * a holy nation, Gód's own péople,
- 5 that you may declare the wonderful déeds of him * who called you out of darkness into his own marvellous light.
- 6 Once you wére no péople, *
 but now you áre God's péople;
- once you had not <u>re</u>ceived mércy, * but now you háve received mércy.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who fear him * in every géneration.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

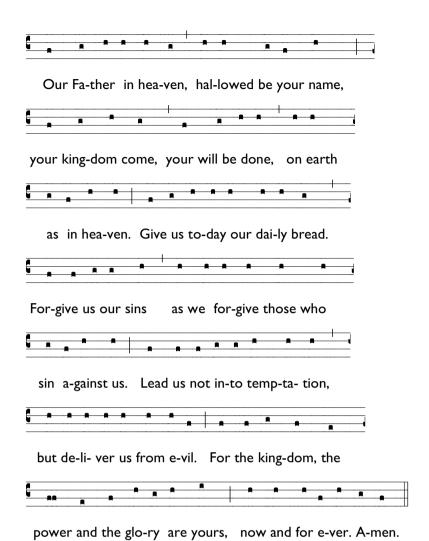
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Litany



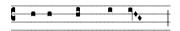
R. Ky-ri-e e-le-i-son



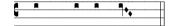
Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.



Thanks be to God.

SUNDAY Week I

HYMN



O blest Creator, source of light, you gave the day with splendour bright, when on the new and living earth you brought all things to glorious birth.

You joined the morn and evening ray; you called it good and named it 'day'.
But now the threatening darkness nears - we pray you, Father, calm our fears.

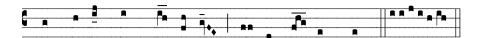
Lest we, beset by doubt and strife, forget your blessed gift of life, and languishing in mind distressed, be crushed by guilt, by sin oppressed.

Eternal Father, help us rise and run to gain the heavenly prize; for you alone can make us strong to turn from sin and cease from wrong.

Defend us, Father, through the night, and with your Son, and Spirit bright - the Trinity whom we adore - be with us now and evermore.

Lucis creator optime (6 C) tr Anne K LeCroy (b 1930), alt.

VIIc2

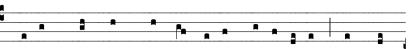


God the Lord said * to my Lord: Sit at my right hand.

- The Lord said to my lord, "Sít at my ríght hand, * until I make your enemíes your fóotstool."
- The Lord will send the sceptre of your power out of Zíon, * saying, "Rule over your enemies round about you.
- Princely state has been yours from the day of your birth, * † in the beauty of holiness have Í begótten you, like dew from the womb of the morning."
- The Lord has sworn and hé will nót recant: *

 "You are a priest for ever after the order óf Melchízedek."
- 5 The Lord who is at your right hand will smite kings in the day of hîs wrath; * † he will rule óver the nátions.
- 6 He will heap high the corpses; * he will smash heads óver the wide earth.
- 7 He will drink from the brook beside the road; * therefore he will lift high his head.

O Christ, our king and our great high priest, as in humility you were born among us so now in power may you ever plead for us; for you are alive and reign in the glory of the Father, now and for ever. **Amen.**



The Lord's commands * are faithful and to be trusted: and they



stand firm, both now and for e-vermore.

- Hallelujah! I will give thanks to the Lord with my whole heart, * in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the Lord! * † they are studied by all who delight in them.
- 3 His work is full of majesty and splendour, * and his righteousness endures for éver.
- 4 He makes his marvellous works to bé remémbered; * the Lord is gracious and fúll of compássion.
- 5 He gives food to those who fear hîm; * † he is ever mindful of his covenant.
- 6 He has shown his people the power of his works * in giving them the lánds of the nátions.
- 7 The works of his hands are faithfulnéss and jústice; * all his <u>com</u>mándments áre sure.
- 8 They stand fast for éver and éver, *
 because they are done in trúth and équity.
- 9 He sent redemption to his peoplê; † he commanded his covenánt for éver; * holy and áwesome ís his name.
- The fear of the Lord is the beginning of wisdôm; * † those who act accordingly have a góod understánding; his praise endúres for éver.

Holy Father, you have revealed in your only begotten Son the power of the new and everlasting covenant: on this day, which we have made your own, feed your people with the bread of heaven as they recount your marvellous deeds; through Jesus Christ our Lord. **Amen.**

Psalm 112 Beatus vir In mandatis



His commandments * ful-fil their de-sire.

Hallelujah!
 Happy are théy who féar the Lord *
 and have great delight in hís commándments!

IV*

- Their descendants will be mighty in the land; * the generation of the úpright will be blessed.
- Wealth and riches will be in their house, * and their righteousness will last for éver.
- 4 Light shines in the darkness for the úpright; * the righteous are merciful and fúll of compássion.
- 5 It is good for them to be generous in lénding * and to manage their affairs with jústice.
- 6 For they will néver be sháken; * the righteous will be kept in everlásting remémbrance.
- 7 They will not be afraid of any évil rúmours; * their heart is right; they put their trúst in thé Lord.
- 8 Their heart is estáb<u>lished</u> and will not shrink, * until they see their desire upón their énemies.
- 9 They have given freely to the poor, * and their righteousness stands fást for éver; they will hold up their héad with hónour.
- The wicked will see it and be angrŷ; † they will gnash their téeth and pine away; * the desires of the wicked will pérish.



His commandments ful- fil their de-sire.

Lord our God, you have given us the light of Christ to banish darkness and to lead us in the way of your commandments: make it ever our delight to fulfil your will, and truly to love one another; through Jesus Christ our Lord. **Amen.**

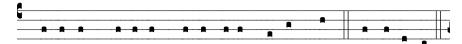
CANTICLE

In Lent: (Easter Tone)

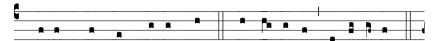
- Jesus Christ suffered for you, leaving you <u>an</u> example * that you should follow in his steps.
- 2 He committed no sin; no guile was found on his lips * when he was reviled he did not revile in réturn.
- 3 When he suffered he did not thréaten * but trusted in him who júdges jústly.

- 4 He himself bore our sins in his bódy ón the tree * that we might die to sin and líve to ríghteousness.
- 5 By his wounds you have been healed * for you were straying like sheep.
- 6 But nów you háve returned *
 to the shepherd and guárdian óf your souls.

Glory to the Father, and to the Son, and to the Hóly Spírit * as it was in the beginning, is now and shall be for éver. Ámen.



Salva-tion, glo-ry and power be-long to our God. R. Al-le-lu - ia.



V.His judgments are true and just. R. Al-le - lu - ia, al-le -lu- ia.



V. Praise our God all you his servants R. Al-le-lu - ia.



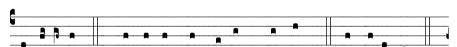
V. You who fear him, small and great R. Al - le - lu - ia, al- le-lu- ia.



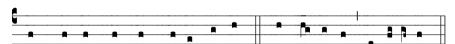
V. The Lord our God, the Almighty, has begun to reign R. Al - le-lu - ia.



V. Let us re-joice and ex-ult and give him the glo-ry R. Al- le - lu - ia,



al-le-lu- ia. V. The marriage of the Lamb has come R. Al-le-lu - ia.



V. and his bride has made herself ready R. Al- le - lu - ia, al-le-lu- ia.

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who féar him * in every géneration.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.



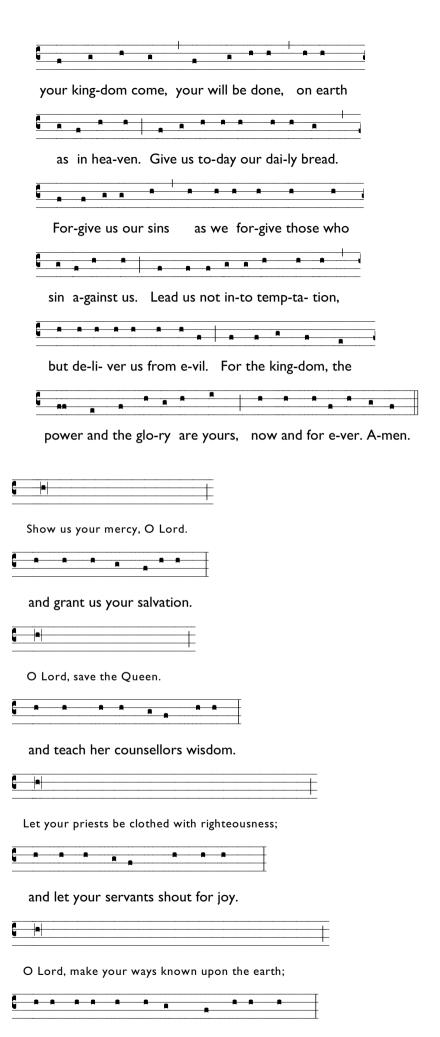
Lord, have mercy upon us.



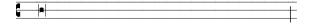
Christ, have mercy upon us; Lord, have mer-cy upon us.



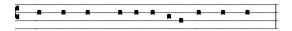
Our Fa-ther in hea-ven, hal-lowed be your name,



let all nations acknowledge your saving power.



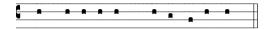
Give your people the blessing of peace;



and let your glo-ry be over all the world.



Make our hearts clean, O God;



and renew a right spi-rit within us.

Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.

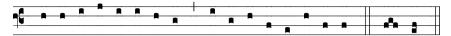


Thanks be to God.

MONDAY Week I

HYMN





O Good Creator, God most high Who spread the ocean of the sky, And with a word of thund'ring force, Divide chaotic water's course.

Who give the rains a lofty place
And guide the rivers as they race,
That flowing waters be at hand
To save the scorched and thirsty land.

O flood us from your font above With living waters of your love, To bathe in grace the wounded part Of every troubled human heart.

Restore our weak and weary sight In streams of faith's abundant light, And turn our quest for passing things To thirst for everlasting springs.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns for evermore. Amen

Immense caeli conditor,

tr. By Keith McClellan, OSB © Saint Meinrad Archabbey, 1994

Exsurge

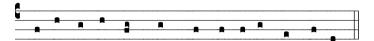


A-rise, O Lord our God: * let the wicked not pre-vail.

- I will give thanks to you, O Lórd, with my whóle heart; *
 I will tell of áll your márvellous works.
- I will be glád and rejóice in you; * I will sing to your náme, O Móst High.
- When my enemies are driven back, * they will stumble and perish at your présence.
- 4 For you have maintained my right ánd my cause; * you sit upón your throne júdging right.
- You have rebuked the ungodly and destroyed the wicked; * you have blotted out their name for éver and éver.
- 6 As for the enemy, they are finished, in perpétual rúin, * their cities ploughed under, the memory of them pérished;
- 7 But the Lord is enthroned for éver; * he has set up his throne for júdgement.
- 8 It is he who rules the world with righteousness; * he judges the péoples with équity.
- 9 The Lord will be a refuge for the oppressed, * a refuge in time of trouble.
- 10 Those who know your name will put their trust in you, * for you never forsake those who séek you, Ó Lord.
- Sing praise to the Lord who dwells in Zion; * proclaim to the peoples the things he has done.
- 12 The avenger of blood will remember them; * he will not forget the cry of the afflicted.
- Have pity on me, Ô Lord; * †
 see the misery I suffer from those who hate me,
 O you who lift me úp from the gate of death;
- 14 So that I may tell of all your praises and rejoice in your salvation * in the gates of the city of Zion.
- 15 The ungodly have fallen into the pit they dug, * and in the snare they set is their own foot caught.
- 16 The Lord is known by his acts of justice; *

the wicked are trapped in the works of their own hands.

- 17 The wicked shall be given over to the grave, * and also all the peoples that forget God.
- 18 For the needy shall not always be forgotten, * and the hope of the poor shall not perish for ever.
- 19 Rise up, O Lord, let not the ungodly have the upper hand; * let them be judged before you.
- 20 Put féar upon thém, O Lord; * let the ungodly know they áre but mórtal.



A-rise, O Lord our God: let the wicked not pre-vail.

You have delivered us from the gates of death, O Lord, and have opened before us the place of your dwelling: set up your throne and rule the peoples in righteousness, and we shall sing of your name, O Most High; through Jesus Christ our Lord. **Amen.**



O why, Lord our God, * do you stand so far off?

- Why do you stand só far óff, O Lord, * and hide yourself in tíme of tróuble?
- The wicked arrogantly pérsecúte the poor, *
 but they are trapped in the schémes they háve devised.
- 3 The wicked bóast of their héart's desire; * the covetous cúrse and revíle the Lord.
- 4 The wicked are so proud that they care not for God; * their only thought is, 'God does not matter.'
- 5 Their ways are devious at all times; your judgements are far above out of their sight; * they defy all their enemies.
- They say in their heart, 'I shall not be shaken; * no harm shall happen to me éver.'
- 7 Their mouth is full of cursing, decéit and oppréssion; * under their tongue are míschief and wrong.
- 8 They lurk in ambush in public squares † and in secret places they múrder the innocent; * they spy out the hélpless.
- They lie in wait, like a lion in a covert; † they lie in wait to seize upon the lowly; * they seize the lowly and drag them <u>a</u>way in their net.
- The innocent are broken and húmbled befóre them; * the helpless fall befóre their pówer.
- 11 They say in their heart, 'Gód has forgótten; * he hides his face; he will néver nótice.'
- 12 Rise up, O Lord; lift úp your hánd, O God; * do not forgét the afflícted.
- Why should the wicked revile God? *
 why should they say in their héart, 'You dó not care'?
- 14 Surely, you behold tróuble and mísery; * you see it and take it ínto your ówn hand.
- 15 The helpless commit themselves to you, * for you are the helper of orphans.
- 16 Break the power of the wicked and évil; *

search out their wickedness until you find none.

- 17 The Lord is king for éver and éver; * the ungodly shall pérish fróm his land.
- 18 The Lord will hear the desire of the húmble; * you will strengthen their héart and your éars shall hear;
- 19 To give justice to the orphan and oppressed, * so that mere mortals may strike terror no more.



O why, Lord our God, do you stand so far off?

O God, whose own dear Son bore the yoke of suffering and tasted for us the abandonment of desolation: raise up the power of your hand, that being baptised with his baptism and drinking the cup that he drank, we may trust in your judgement and salvation; through Jesus Christ our Lord. **Amen.**

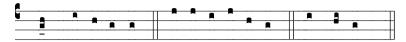
Beati

Ephesians 1:3-10

VIIIg



How blessed * are those who wash their robes in the blood of the



Lamb. al-le- lu - ia.

(LENT: of the Lamb.)

- Blessed be the God and Father of our Lórd Jésus Christ * who has blessed us in Christ with every spiritual blessing in the héavenly pláces.
- 2 He chose us in him before the foundation of the world * that we should be holy and blameless before him.
- 3 He predéstined ús in love * to be adopted as his chíld<u>ren</u> through Jésus Christ.
- 4 According to the purpose of his will, † to the praise of his glórious grace * which he freely bestowed on us in the Belóved.
- 5 In him we have redemption through his blood, the tréspasses, *

according to the riches of his grace, which he lávished upón us.

- 6 He has made known to us, in all wisdom and insight, * the mystery of his will according to his purpose which hé set fórth in Christ.
- 7 a plan for the fulness of time, to unite all things in him * things in héaven and things on earth.

READING

forgiveness óf our

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55





My soul pro-claims * the greatness of the Lord my God.

My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** call me bléssed: * the Almighty has done great things for me, and hóly is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

IV*

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



Monday Week 1 / 30

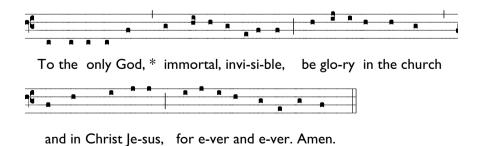




Collect of the Day

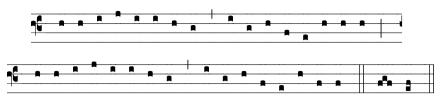
(Hymn)

Doxology



(Cf I Tim 1:17 & Eph 3:21)





O mighty Maker of the land, Who part the ocean with your hand, And from the floor of swirling sea The firm and fertile earth set free.

Who fill the solid ground with seed
Of plants to nourish every need,
And give them buds and tender shoots
To bear green herbs and pleasant fruits.

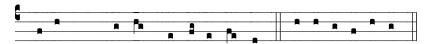
Make now our hearts a spacious field And cause their hardened ways to yield, That filled with Christ the Sower's word, Our deeds may show what we have heard.

Shine bright on us your radiant face; Send down the healing dew of grace; And grant to us the joy untold: To reap the promised hundredfold.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore. Amen

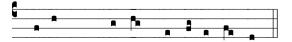
Telluris ingens conditor

tr. by Keith McClellan, OSB © Saint Meinrad Archabbey 1994



The heav'ns * de-clare the glo-ry of God.

- The heavens declare the glory of God, * and the firmament shows his handiwork.
- One day tells its tale to another, *
 and one night imparts knowledge to another.
- 3 Although they have no words or lánguage, * and their voices áre not heard,
- 4 Their sound has gone out <u>into</u> all lands, * and their message to the ends of the world.
- In the deep has he set a pavilion for the sun; * †
 it comes forth like a bridegroom out of his chamber;
 it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens † and runs about to the énd of it again; * nothing is hidden from its burning heat.
- 7 The law of the Lord is perfect and revives the soul; * the testimony of the Lord is sure and gives wisdom to the innocent.
- The statutes of the Lord are just and rejoice the heart; *
 the commandment of the Lord is clear and gives light to the eyes.
- 9 The fear of the Lord is clean and endures for éver; * the judgements of the Lord are true and righteous áltógether.
- More to be desired are they than gold, more than much fine gold, * sweeter far than honey, than honey in the comb.
- 11 By them also is your sérvant enlightened, * and in keeping them thére is gréat reward.
- Who can tell how often hé offends? *
 Cleanse me from my sécret faults.
- 13 Above all, keep your servant from presumptûous sins; † let them not get domínion óver me; * then shall I be whole and sound, and innocent óf a gréat offence.
- Let the words of my mouth and the meditation of my heart be $acc\acute{e}p\underline{ta}ble$ in your sight, *
 - O Lord, my strength and mý redéemer.



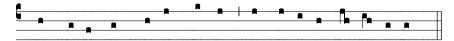
The heav'ns de-clare the glo-ry of God.

Let the Sun of Righteousness arise, O God, with healing in his wings; may he come forth as the bridegroom to rejoice with the bride and make your people acceptable in his sight; through Jesus Christ our Lord. **Amen.**

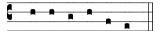
Psalm 20 Exaudiat te Dominus

VIIIg

Exaudiat te Dominus



May the Lord our God answer you * in the day of tri - bu - la -tion.



- May the Lord answer you in the dáy of tróuble, * the name of the God of Jácob defénd you;
- Send you hélp from his hóly place * and strengthen you out of Zíon;
- 3 Remember áll your ófferings * and accépt your burnt sácrifice;
- 4 Gránt you your héart's desire * and prósper áll your plans.
- 5 We will shout for joy at your victory and triumph in the name of our God; * may the Lord grant all your requests.
- 6 Now I know that the Lord gives victory to his anointed; * he will answer him out of his holy heaven, with the victorious strength of his right hand.
- Some put their trust in chariots and sóme in hórses, * but we will call upon the náme of the Lórd our God.
- 8 They collapse and fall down, * but we will arise and stand upright.
- 9 O Lord, give víctory tó the king * and ánswer us whén we call.

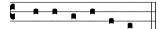


May the Lord our God answer you in the day of tri - bu - la -tion.

O God, whose Son was born in our flesh to be our Redeemer: hear and defend us, who call upon his holy Name, and grant us to share in his victory; through Jesus Christ our Lord. **Amen.**



We will sing and make me- lody, * your power will we praise, O Lord.

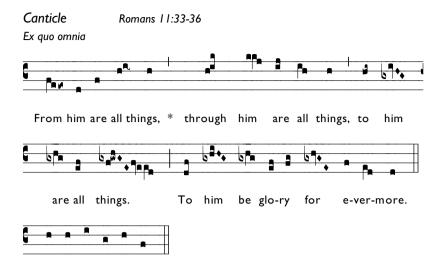


- The king rejoices in your stréngth, O Lord; * how greatly he exúlts in your victory!
- 2 You have given him his héart's desire; * you have not denied him the requést of his lips.
- For you meet him with blessings of prosperîty, * † and set a crown of fine gold upon his head.
- 4 He asked you for life and you gave it to him; * length of days, for éver and éver.
- 5 His honour is great, becáuse of your víctory; * splendour and majesty have you bestówed upón him.
- For you will give him everlasting felicîty * † and will make him glad with the jóy of your présence.
- 7 For the king puts his trust in the Lord; * because of the loving-kindness of the Most Hígh, he will not fall.
- Your hand will lay hold upon all your énemies; * your right hand will seize all those who hate you.
- 9 You will make them like a fiery furnace * at the time of your appéaring, Ó Lord;
- You will swallow them up in your wrath, * and fire shall consúme them.
- You will destroy their offspring from the land * and their descendants from among the péoples of the earth.
- Though they intend evil against you and devise wicked schemes, * yet they shall not prevail.
- 13 For you will pút thém to flight * and aim your árrows át them.
- 14 Be exalted, O Lórd, in your might; * we will sing and praise your power.



We will sing and make me-lody, your power will we praise, O Lord.

Go before us, Lord Christ, with the blessings of your goodness and guide all those you call to authority in the way of your justice, the knowledge of your liberty and the wisdom of your gentleness;



- O the depths of the riches and wisdom and knowledge of God! How unsearchable áre his júdgments, * and how inscrútable hís ways!
- 2 "For who has known the mind of the Lord?
 Or who has béen his cóunsellor?" *
 "Or who has given a gift to him, to receive <u>a</u> gift in réturn?"
- For from him and through him and to him are all things. *
 To him be glory for ever. Amen.

READING

Va

The Song of Mary

Magnificat anima mea Dominum

Luke 1: 46-55

Exsultet



O let my spi - rit re-joice * in God the Lord most high; he is my



sal-va-tion.

My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, *
he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

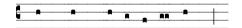
Va

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



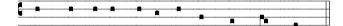
Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



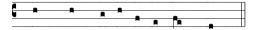
Teach us, O Lord, the way of your sta-tutes:



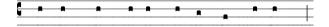
And lead us in the path of your commandments.



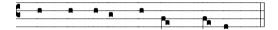
Keep our na-tion under your care:



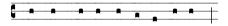
And guide us in justice and truth.



O Lord, deal gra-ciously with your servants;



teach us discernment and knowledge.



Let not the needy be forgotten:



Nor the hope of the poor be taken a-way.



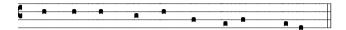
Guide the meek in judgement:



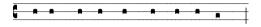
and teach your ways to the gentle.



Lord, remember your people:



Whom you have purchased and redeemed of old.



As our Saviour taught us, so we pray:



Our Fa-ther in hea-ven, hal-lowed be your name,



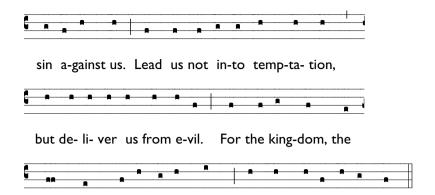
your king-dom come, your will be done, on earth



as in hea-ven. Give us to-day our dai-ly bread.



For-give us our sins as we for-give those who



power and the glo-ry are yours, now and for e-ver. A-men.

Collect of the Day

(Hymn)

Doxology



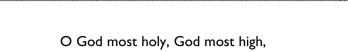


and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

ΙVe





Who spread the splendour of the sky,

And paint its spacious canvas bright With shining stars and fiery light.

Who give the blazing sun a throne, Its course from east to west make known, And set the moon and stars on ways That mark the seasons, months, and days.

Grant us, as signs of night return, Your just and faithful ways to learn, That as we gaze on darkened skies Our hope, the light of Christ, will rise.

O let the Sun of Justice reign To shatter every earthly chain, And make our wounded world within Resplendent with your grace again.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Sprit we adore: One God who reigns forevermore. Amen

Caeli Deus sanctissime,

tr. by Keith McClellan, OSB © Saint Meinrad Archabbey 1994

Psalm 23 Dominus regit me

Dominus regit me



The Lord is my shepherd; * there is nothing I shall want.

I The Lórd is my shépherd; * I sháll not bé in want.

- 2 He makes me lie dówn <u>in</u> green pástures * and leads me <u>be</u>síde still wáters.
- 3 Hé revíves my soul * and guides me along right pathways fór his náme's sake.
- Though I walk through the valley of the shadow of death, I shall féar no évil; *
 for you are with me;
 your rod and your stáff, they cómfort me.
- You spread a table before me in the presence of those who trouble me; * you have anointed my head with oil, and my cup is running over.
- 6 Surely your goodness and mercy shall follow me all the dáys *of* my life, *
 and I will dwell in the house of the Lord for éver.

For your Name's sake, O God, lead us in the paths of righteousness and let your mercy follow us that we may dwell with you for ever. **Amen.**



My eyes are e-ver * looking unto the Lord.

- I To you, O Lord, I lift up mŷ soul; †
 my God, I pút my trúst in you; *
 let me not be humiliated, nor let my enemies tríumph óver me.
- 2 Let none who look to you be pút to shame; * let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O Lord, and téach me your paths. * Lead me in your trúth and téach me,
- for you are the God of my salvatîon; † in you have I trusted all the day long. * Remember, O Lord, your compassion and love, for they are from éverlasting.
- Remember not the sins of my youth and my transgressions; † remember me according to your love * and for the sake of your goodness, O Lord.
- 6 Gracious and úpright is the Lord; * therefore he teaches sinners in his way.
- 7 He guides the húm<u>ble</u> in dóing right * and teaches his wáy to the lówly.
- 8 All the paths of the Lord are love and faithfulness * to those who keep his covenant and his testimonies.
- 9 For your name's sake, O Lord, * forgive my sin, for it is great.
- 10 Who are they who fear the Lord? *
 he will teach them the way that they should choose.
- 11 They shall dwéll in prospérity, * and their offspring shall inhérit thé land.
- 12 The Lord is a friend to those who féar him * and will show them his covenant.
- My eyes are ever lóoking tó the Lord, * for he shall pluck my féet out óf the net.
- 14 Turn to me and have pity on me, * for I am left alone and in misery.
- 15 The sorrows of my heart have increased; * bring me out of my troubles.

- 16 Look upon my adversitý and mísery * and forgíve me áll my sin.
- 17 Look upon my enemies, for théy are mány, * and they bear a violent hát<u>red</u> agáinst me.
- 18 Protect my lífe and delíver me; *
 let me not be put to shame, for I have trústed ín you.
- 19 Let integrity and uprightnéss presérve me, * for my hópe has béen in you.
- 20 Deliver Ísraél, O God, * out of áll his tróubles.



My eyes are e-ver looking unto the Lord.

Free us, God of mercy, from all that keeps us from you, relieve the misery of the poor and destitute and fulfil us all with the hope of peace; through Jesus Christ our Lord. **Amen.**

IIIa





Lift up your heads; * lift them high you gates: O lift them up on high,



e-ver-lasting doors.

- The earth is the Lord's and all that is in it, * the world and all who dwell therein.
- For it is he who founded it upon the seas * and made it firm upon the rivers of the deep.
- 3 "Who can ascend the hill of the Lord? * and who can stand in his holy place?"
- 4 "Those who have clean hánds and a púre heart, * who have not pledged themselves to falsehood, nor swórn by what is a fraud.
- They shall receive a blessing from the Lord * and a just reward from the God of their salvation."
- 6 Such is the generation of those who séek him, * of those who seek your face, O Gód of Jácob.
- 7 Lift up your heads, Ô gates; † lift them high, O éverlásting doors; * and the King of glóry sháll come in.
- 8 "Who is this Kíng of glóry?" *
 "The Lord, strong and mighty, the Lord, míghty in báttle."
- 9 Lift up your heads, Ô gates; † lift them high, O éverlásting doors; * and the King of glóry sháll come in.
- "Who is he, this King of glóry?" *
 "The Lord of hosts, he is the King of glory."

O Lord of Hosts, purify our hearts that the King of glory may come in, even your Son, Jesus our Redeemer. **Amen.**



him for e-ver-more.

- Let us give thánks to the Fáther *
 who has enabled us to share in the inheritance of the saints in light.
- 2 He has delivered us from the domínion of dárkness * and transferred us to the kingdom of hís belóved Son.
- In him we have redemption, †
 we have the forgiveness of our sins. *
 He is the image of the invisible God;
 he is the first-born of all creation.
- For in him all things were created, both in héaven and earth, * all things whether visible or invisible.
- 5 All things were created through him and for him * he is before all things, and in him all things hold together.
- 6 He is the head of the body, the Church; he is its beginning *
 The first-born from the dead pre-éminent over all.
- For in him all the fulness of Gód was pléased to dwell * and through him God chose to reconcile áll things tó himself.
- 8 Through his belovêd Son, †
 God has reconciled all things in héaven and earth, *
 by the blood of the Cross he has made éverlásting peace.

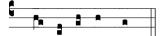


VIIIg

To Christ has been given do-mi-nion and ro-yal glo - ry:



that all the peoples, na-tions and langua-ges should serve



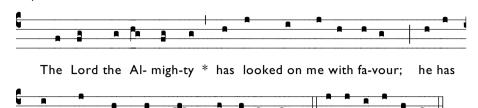
him for e-ver-more.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55
Respexit Dominus

VIIIg



done great things for me his lowly ser-vant.

My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

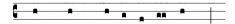
I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again;

he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Lord, have mercy upon us.



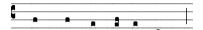
Christ, have mercy upon us; Lord, have mer-cy upon us.



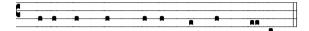
Lord, open a path for your Word



To declare the mystery of Christ.



Turn now, O God of hosts;



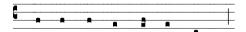
Behold and tend the vine you have planted.



May your people re-joice and sing,



And your mi-nisters be clothed with salva - tion.



May they stand and feed your flock



in the strength of your name.



power and the glo-ry are yours, now and for e-ver. A-men.

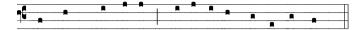
Collect of the Day

(Hymn)

Doxology



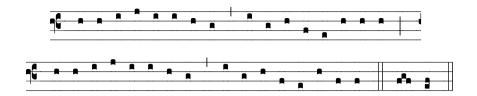
To the only God, * immortal, invi-si-ble, be glo-ry in the church



and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

HYMN



O God of pow'r and matchless force, Who set the waters in their course And draw from raging ocean strife A world of fresh and fertile life.

Who freely fill the sea and sky
With fish to swim and birds to fly,
And give to each its proper place
To leap and sing before your face.

Grant us, your new creation here, Adrift in chaos, sin, and fear, To see our anchor in the flood Of life that comes from Jesus' blood.

And make our faith as high and deep As birds of air and fish you keep. Uplift our hope and drown our pride That grace and love be multiplied.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore. Amen

Magne Deus potentiae,

tr. by Keith McClellan, OSB © Saint Meinrad Archabbey, 1994 Misericordias Domini la



- Your love, O Lord, for éver will I sing; * from age to age my mouth will procláim your fáithfulness.
- For I am persuaded that your love is estáblished for éver; * you have set your faithfulness firmly in the héavens.
- 3 'I have made a covenant with my chosen one; *
 I have sworn an oath to Dávid my sérvant:
- 4 ""I will establish your line for éver, * and preserve your throne for all génerátions."
- 5 The heavens bear witness to your wonders, O Lord, * and to your faithfulness in the assembly of the holy ones;
- 6 For who in the skies can be compáred tó the Lord? * who is like the Lord amóng the gods?
- 7 God is much to be feared in the council of the holy ones, * great and terrible to all those round about him.
- 8 Who is like you, Lord God of hosts? *
 O mighty Lord, your faithfulness is all around you.
- 9 You rule the ráging óf the sea * and still the súrging óf its waves.
- You have crushed Rahab of the déep with a déadly wound; * you have scattered your enemies with your mighty arm.
- 11 Yours are the heavens; the earth also îs yours; * †
 you laid the foundations of the world and all that is in it.
- 12 You have made the north and the south; * Tabor and Hermon <u>rej</u>oice in your name.
- 13 You háve a míghty arm; * strong is your hand and hígh is your ríght hand.
- 14 Righteousness and justice are the foundations of your throne; * love and truth go before your face.
- 15 Happy are the people who knów the féstal shout! * they walk, O Lord, in the líght of your présence.
- 16 They rejoice dáily ín your name; *

they are jubilant in your righteousness.

- 17 For you are the glóry óf their strength, * and by your favour our míght <u>is</u> exálted.
- 18 Truly, the Lórd <u>is</u> our rúler; * the Holy One of Ísrael ís our king.



Your lov-ing mer-cy and your right-eous truth shine out be- fore your



As we sing your love, O Lord, establish your covenant with us and anoint us with the seal of your Spirit that we may praise your faithfulness and proclaim your righteousness from age to age; through Jesus Christ our Lord. Amen.



Blessed be the Lord * for e-ver and e-ver.

- 19 You spoke once in a vision and said to your faithful peoplê: * †
 "I have set the crown upón a wárrior
 and have exalted one chosen óut of the péople.
- 20 I have found Dávid my sérvant; * with my holy oil have Í anóinted him.
- 21 My hánd will hóld him fast * and my árm will máke him strong.
- No enemy sháll decéive him, *
 nor any wícked man bríng him down.
- 23 I will crush his fóes befóre him * and strike down thóse who háte him.
- 24 My faithfulness and lóve shall be with him, * and he shall be victórious through my name.
- 25 I shall make his dominion extend * from the Great Séa to the Ríver.
- 26 He will say to me, 'You are my Father, * my God and the rock of mý salvátion.'
- 27 I will make <u>him</u> my first-born * and higher than <u>the</u> kings of the earth.
- 28 I will keep my love for him for éver, * and my covenant will stand firm for him.
- 29 I will establish his líne for éver * and his throne as the dáys of héaven.
- 30 If his child<u>ren</u> forsáke my law * and do not walk according tó my júdgements;
- 31 If they bréak my státutes * and do not kéep my commándments;
- 32 I will punish their transgréssions with a rod * and their iniquities with the lash;
- 33 But I will not take my love from him, * nor let my faithfulness prove false.
- 34 I will not bréak my cóvenant, * nor change what has gone out of mý lips.
- 35 Once for all I have swórn by my hóliness: *
 'I will not líe to Dávid.
- 36 His line shall endure for éver *

- and his throne as the sún befóre me;
- 37 It shall stand fast for évermore líke the moon, *
 the abiding wítness ín the sky."
- 38 But you have cast off and rejected your anointed; * you have become enraged at him.
- 39 You have broken your covenant with your sérvant,* defiled his crown and húrled it tó the ground.
- 40 You have bréached áll his walls * and laid his stróngholds in rúins.
- 41 All who pass bý despóil him; *
 he has become the scórn of his néighbours.
- 42 You have exalted the right hánd óf his foes * and made all his énemíes rejoice.
- 43 You have turned back the edge of his sword * and have not sustained him in battle.
- 44 You have put an end to his splendour * and cast his throne to the ground.
- 45 You have cut short the dáys óf his youth * and have covered him with shame.

- 46 How long will you hide yourself, Ô Lord? † will you hide yourself for éver? * how long will your ánger búrn like fire?
- 47 Remember, Lórd, how shórt life is, * how frail you have máde all flesh.
- Who can live and not see death? *
 who can save himself from the power of the grave?
- 49 Where, Lord, are your loving-kíndnessés of old, * which you promised David ín your fáithfulness?
- 50 Remember, Lord, how your servant îs mocked, * † how I carry in my bosom the taunts of mány péoples,
- The taunts your enemies have hurled, O Lord, * which they hurled at the heels of your anointed.
- 52 Blessèd be the Lórd for évermore! * Amen, Í say, Ámen.



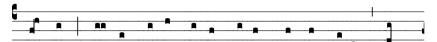
Blessed be the Lord for e-ver and e-ver.

Faithful God,
you have established with us
your covenant of love:
remember your promise
fulfilled in your anointed Son Jesus Christ,
and count us worthy to stand in his strength alone;
who, with you and the Holy Spirit, lives and reigns,
one God for ever and ever. **Amen.**

Dedit ei Dominus lf



The Lord God has giv'n to him * mighty power and great glo-ry and



kingdom; that all the peoples and na-tions and languages should



- We give thanks to you, Lord God Almightŷ, † ever present ánd etérnal * for you have taken your great power and begun to reign.
- The nations raged, but the day of your wrath has come * 2 and the time for the déad to bé judged.
- The time has come to reward your sérvants * 3 the prophets and saints, and those who fear your name, both small and great.
- 4 Now the salvation of God hâs come, † his power and his glórious kíngdom * now has come the authority of his Christ.
- 5 For the accuser of our brothers hás been thrówn down * who accuses them day and night before our God.
- And they have conquered him by the blood of the Lamb 6 and by their word of witness. * Rejoice then, O heaven, and you that dwell therein.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55 Fac, Deus, potentiam



Re-veal to us, migh-ty God * the power of your arm: cast down the



VIIc

proud-hearted and lift up all low-ly souls.

My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

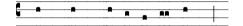
He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Lord, have mercy upon us.



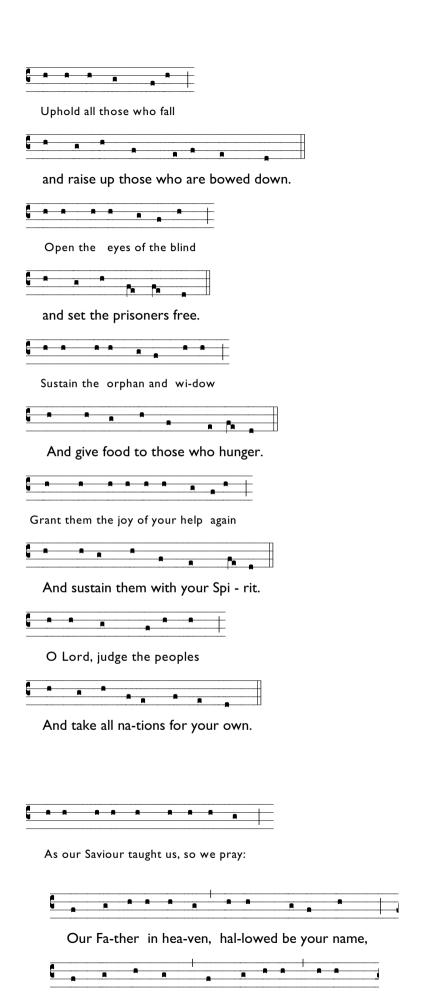
Christ, have mercy upon us; Lord, have mer-cy upon us.



Send forth your strength, O God,



Establish what you have wrought in us.





Collect of the Day

(Hymn)

Doxology

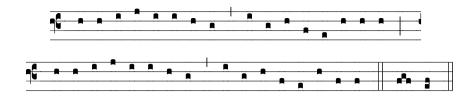


To the only God, * immortal, invi-si-ble, be glo-ry in the church



and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)



O God who make the human race
To bear the image of your face,
And cause each beast and creeping thing
From womb of mother earth to spring.

Who ask that man and woman share Your holy task to rule and care, And ev'ry creature, great and small, Obey your word and live your law.

Grant us, your children, born above
To fix our gaze upon your love,
And guard us from the serpent's charm
That seeks to do us mortal harm.

Renew in us the gifts of grace
That mark the second Adam's race,
And turn our bitter bonds of strife
To partnership of peace and life.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore.

Plasmator hominis

tr. by Keith McClellan, OSB © 1994 Saint Meinrad Archabbey **lustus Dominus**



Righteous is the Lord: * he de-lights in righteous deeds.

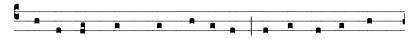
- In the Lord have I taken refûge; * †
 how then cán you sáy to me,
 "Fly away like a bírd to the hílltop;
- For see how the wicked bend the bow † and fit their arrows to the string, * to shoot from ambush at the true of heart.
- When the foundátions are béing destroyed, * what cán the ríghteous do?"
- 4 The Lord is in his hóly témple; * the Lord's thróne is in héaven.
- 5 His eyes behold the inhabited world; * his piercing eye weighs ôur worth. †
- The Lord weighs the righteous as well <u>as</u> the wicked, * but those who delight in violence he abhors.
- 7 Upon the wicked he shall rain coals of fire and burning sulphur; * a scorching wind shall be their lot.
- 8 For the Lord is rightêous; † he delíghts in ríghteous deeds; * and the júst shall sée his face.

O God, who from the midst of your holy temple behold all the dwellers upon earth: guard your faithful in the time of trial and save us from the dangers and temptations of this life; through Jesus Christ our Lord. **Amen.**

Salvum me fac

VIIIg

Tu, Domine

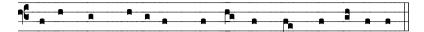


O Lord our God, * watch o- ver us, and keep us safe both

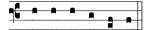


now and for e-ver.

- Help me, Lord, for there is no gódly óne left; * the faithful have vanished fróm amóng us.
- Everyone speaks falsely with their néighbour; * with a smooth tongue they spéak from a double heart.
- O that the Lord would cút off all smooth tongues, * and close the lips that útter proud boasts!
- Those who say, "With our tongue will we prevail; * our lips are our own; who is lord over us?"
- "Because the needy are oppressed, and the poor cry out in misery, *
 I will rise up," says the Lord, "and give them the help they long for."
- The words of the Lórd are pure words, *
 like silver refined from ore and purified séven times in the fire.
- O Lórd, watch óver us * and save us from this generátion for éver.
- The wicked prówl on évery side, *
 and that which is worthless is highly prízed by éveryone.
 - O Father, whose Son, for lies, was falsely accused and by falsehood, wrongly condemned: watch over your people and guard them in the way of truth, that by your grace they may overcome the world; through Jesus Christ our Lord. **Amen.**



To you, Lord, will I sing, * for you have dealt with me richly.

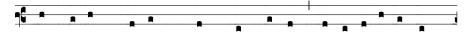


- How long, O Lord; will you forgét me for éver? * how long will you híde your fáce from me?
- 2 How long shall I have perplexity in mŷ mind, † and grief in my héart, day áfter day? * how long shall my enemy tríumph óver me?
- 3 Look upon me and answer mé, O Lórd my God; * give light to my eyes, lést I sléep in death;
- 4 Lest my enemy say, "I have preváiled óver him," * and my foes rejoice that Í have fállen.
- 5 But I put my trúst in your mércy; * my heart is joyful becáuse of your sáving help.
- 6 I will sing to the Lord, for he has déalt with me ríchly; * I will praise the name of the Lord Most High.

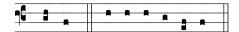
O God, we carry in our own bodies the death of the Lord Jesus, that likewise we might manifest his life: let not our spiritual foe prevail against us, but with the morning light raise us up from the sleep of sin and death; through Jesus Christ our Lord. **Amen.**

Dixit insipiens

IId



God the Lord * has looked down from heaven u-pon all of us his

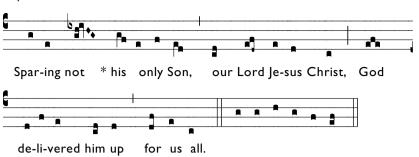


children.

- The fool has said in his heart, "Thére is nó God." * All are corrupt and commit abominable acts; there is nóne who does ány good.
- The Lord looks down from héaven upón us all, *
 to see if there is any who is wise,
 if there is óne who seeks áfter God.
- 3 Everyone has proved faithlêss; † all alíke have túrned bad; * there is none who does góod; no, nót one.
- 4 Have they no knowledge, all those évildóers * who eat up my people like bread and do not cáll upón the Lord?
- 5 See how they tremble with fear, * because God is in the company of the righteous.
- Their aim is to confound the plans of the afflicted, * but the Lórd is their réfuge.
- 7 O that Israel's deliverance would come out of Ziôn! * † when the Lord restores the fortunes of his péople, Jacob will rejoice and Ísraél be glad.
 - O God, in the fear of whom is found true wisdom: preserve us uncorrupted through the course of this world and help us to find our joy in seeking your kingdom; through Jesus Christ our Lord. **Amen.**

Proprio

VIIc transp.



- I God works for good in everything with those who love him * who are called according to his purpose.
- For those whom hé foreknew * he also predestined to be conformed to the image of his Son.
- And those whom he predéstined he álso called * and those whom he called he álso jústified.
- 4 And to those whom he justified * he has also given his spléndour.
- 5 If Gód is ón our side * who can ever bé agáinst us?
- 6 He who did not spare his own Son, but gave him úp fór us all, * will he not also with him freely gíve us áll things?
- 7 It is Gód who jústifies; * who then can éver condémn us?
- 8 For it is Christ Jesus who died and was raised from the dead * who is at God's right hand to plead our cause.
- 9 What can separate us from the love of Christ? *
 Can persecution, or hunger, can peril or the sword?
- No, in all these things we are more than conquerors, * through him who loved us, even Jésus Christ our Lord.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55
Deposuit potentes

He has cast down the mighty * who oppress the right-eous, and



lf

lift-ed up the lowly ones all Christ-loving people.

My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



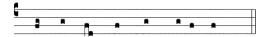
Lord, have mercy upon us.



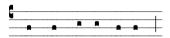
Christ, have mercy upon us; Lord, have mer-cy upon us.



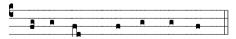
O Lord, answer us in the day of trouble,



Send us help from your holy place.



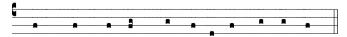
Show us the path of life,



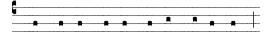
For in your pre-sence is joy.



Give justice to the orphan and oppressed



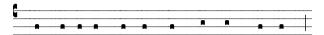
And break the power of wickedness and e - vil.



Look u-pon the hungry and sorrowful



And grant them the help for which they long.



Let the heavens re - joice and the earth be glad;



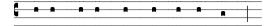
May your glory endure for e-ver.



Your kingship has do-mi - nion over all



And with you is our re-demption.



As our Saviour taught us, so we pray:



Our Fa-ther in hea-ven, hal-lowed be your name,



your king-dom come, your will be done, on earth



as in hea-ven. Give us to-day our dai-ly bread.



For-give us our sins as we for-give those who



sin a-gainst us. Lead us not in-to temp-ta- tion,



but de-li- ver us from e-vil. For the king-dom, the



power and the glo-ry are yours, now and for e-ver. A-men.

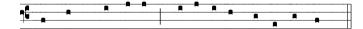
Collect of the Day

(Hymn)

Doxology



To the only God, * immortal, invi-si-ble, be glo-ry in the church



and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

SATURDAY Week I

HYMN



Lord God, source and fount of all life, which takes its being from your will; you never cease your loving care, the whole wide earth with gifts to fill.

When all creation was complete you took your rest and blessed that day, that from our labour we might cease, and rise in grace upon the way.

Assist us, sinful mortals, Lord, to turn aside from evil's lure; may we have strength to stand anew and seek for joys that will endure.

When Christ the judge of all appears to weigh the present and the past, may we, his faithful ones, rejoice, filled with his gift of peace at last.

To Father, and to Christ the Son, and Holy Spirit, glory be. praise to you, blest Three in One, both now and in eternity.

Rerum, Deus fons omnium tr CR

ΑII

I

Regnum tuum VIIIc



Your kingdom, * O Lord our God, is an e-verlasting kingdom.



- I I will exalt you, O God my King, *
 and bless your name for ever and ever.
- Every dáy will I bléss you * and praise your name for éver and éver.
- 3 Great is the Lord and gréatly tó be praised; * there is no énd to his gréatness.
- 4 One generation shall praise your works to another * and shall declare your power.
- 5 I will ponder the glorious splendour of your majesty * and all your marvellous works.
- They shall speak of the might of your wondrous acts, * and I will tell of your greatness.
- 7 They shall publish the remembrance of your great goodness; * they shall sing of your righteous deeds.
- 8 The Lord is gracious and full of compassion, * slow to anger and of great kindness.
- 9 The Lord is lóving to éveryone * and his compassion is óver áll his works.
- 10 All your works práise yóu, O Lord, * and your faithful sérvants bléss you.
- 11 They make known the glory of your kingdom * and spéak of your power;
- 12 That the peoples may know of your power * and the glorious splendour of your kingdom.
- 13 Your kingdom is an everlasting kingdom; * your dominion endures throughout all áges.
- 14 The Lord is fáith<u>ful</u> in áll his words * and mer<u>ci</u>fúl in áll his deeds.
- 15 The Lord uphólds all thóse who fall; * he lifts up thóse who áre bowed down.
- 16 The eyes of all wait upon you, O Lord, * and you give them their food in due season.
- 17 You open wide your hand *

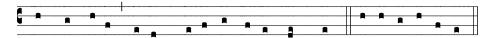
and satisfy the needs of every living créature.

- 18 The Lord is righteous in all his ways * and loving in all his works.
- 19 The Lord is near to those who call upon him, * to all who call upon him faithfully.
- 20 He fulfils the desire of those who féar him, * he hears their crý and hélps them.
- 21 The Lord preserves all those who love him, * but he destroys all the wicked.
- 22 My mouth shall speak the práise óf the Lord; *
 let all flesh bless his holy name for éver and éver.



Your kingdom, * O Lord our God, is an e-verlasting kingdom.

Lord God, King of the Universe, you show the bright glory of your reign in acts of mercy and enduring love: raise the spirits of the downcast and restore those who have fallen away, that your Church may continually sing of your saving help; through Jesus Christ our Lord. Amen.

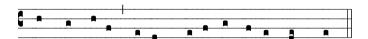


How good it is * to sing praises to the Lord our God.

- Hallelujah!
 How good it is to sing práises tó our God! *
 how pleasant it is to hónour hím with praise!
- The Lord rebúilds Jerúsalem; * he gathers the éxiles of Ísrael.
- 3 He heals the brokenheartêd * † and bínds úp their wounds.
- 4 He counts the number of the stars * and calls them all by their names.
- 5 Great is our Lord and míghty in pówer; * there is no limit tó his wísdom.
- 6 The Lord lifts úp the lówly, * but casts the wicked tó the ground.
- 7 Sing to the Lórd with thanksgíving; * make music to our Gód upón the harp.
- 8 He cóvers the héavens with clouds * and prepares ráin for thé earth;
- 9 He makes grass to grow upón the móuntains * and green plánts to sérve mankind.
- 10 He provides food for flocks ând herds * † and for the young rávens whén they cry.
- 11 He is not impressed by the might of a horse, * he has no pleasure in the stréngth of á man;
- 12 But the Lord has pleasure in those who féar him, * in those who await his grácious fávour.

Part II

- Worship the Lord, O Jerusâlem; * † praise your Gód, O Zíon;
- 14 For he has strengthened the bars of your gates; * he has blessed your children within you.
- 15 He has established peace on your borders; * † he satisfies you with the finest wheat.
- 16 He sends out his command to the earth, * and his word runs véry swíftly.
- 17 Hé gives snów like wool; * he scatters hóarfrost like áshes.
- 18 He scatters his háil like bréad crumbs; * who can stánd agáinst his cold?
- 19 He sends forth his word and melts them; * he blows with his wind and the waters flow.
- 20 He declares his word to Jácob, * his statutes and his júdgements to Ísrael.
- 21 He has not done so to any óther nátion; *
 to them he has not <u>re</u>véaled his júdgem<u>en</u>ts.
 Hállelújah!



How good it is to sing praises to the Lord our God.

King of the Universe, whose wisdom gives order and fruitfulness to the earth: help us to respond trustfully to your call, that being drawn into the unity of your kingdom we may continually praise you for your providential care; through Jesus Christ our Lord. Amen.

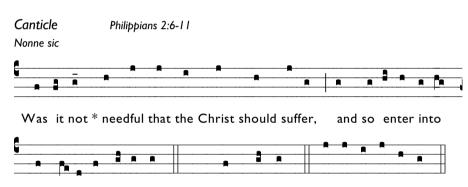
VIIIg



Give praise to God the Lord, * all you na-tions.

- Praise the Lord, all you nations; * laud him, all you péoples.
- For his loving-kindness towárd ús is great, * and the faithfulness of the Lord endúres for éver. Hállelújah!

From the rising of the sun to its setting, your name, O Lord, is extolled among the nations; as your abiding love has been revealed to all peoples, so receive the tribute of lips which acknowledge your name; through Jesus Christ our Lord. **Amen.**



his glo-ry? Al-le-lu - ia. (In Lent:) said the Lord.

- Christ Jesus was in the form of God * but he did not cling to equality with God.
- 2 He emptied himself, taking the form of a sérvant, * and was born in <u>the</u> líkeness of men;
- 3 and being found in húman form *
 he húmbled hímself:
- 4 and became obédient únto death * even déath on á cross.
- 5 Therefore God has highly exalted him * and bestowed on him the name above every name.
- That at the name of Jesus évery knée should bow * in heaven and on earth <u>and</u> únder thé earth.
- 7 And every tongue confess that Jésus Christ is Lord * to the glory of Gód the Fáther.

Saturday Week 1 / 82



Was it not needful that the Christ should suffer, and so enter into



his glo-ry? Al-le-lu - ia. (In Lent:) said the Lord.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

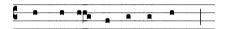
I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Litany



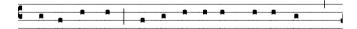
R. Ky-ri-e e-le-i-son



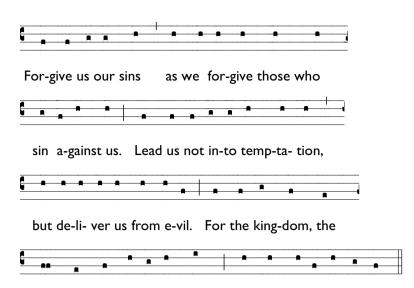
Our Fa-ther in hea-ven, hal-lowed be your name,



your king-dom come, your will be done, on earth



as in hea-ven. Give us to-day our dai-ly bread.

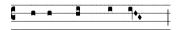


power and the glo-ry are yours, now and for e-ver. A-men.

Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.



Thanks be to God.

SUNDAY Week 2

HYMN

VIII



O Christ the Church's glorious Head, we praise you, first-born from the dead, the image of our God brought low that we divinity might know.

Through you and for you, at God's word, the formless depths to life were stirred; all things in heaven and on earth, all sovereignties have come to birth.

In you God's fulness came to dwell, that love might Satan's hold repel, and by your death upon the tree you loosed us from captivity.

To God the Father, God the Son, and God the Spirit, Three in One, to you, O blessed Trinity, be praise in all eternity.

CSMV Wantage, altd.

Benedicite, gentes VIf



Give the blessing, you peoples, * unto our God.

- Be joyful in God, all yôu lands; * † sing the glóry óf his name; sing the glóry óf his praise.
- 2 Say to God, "How áwesome áre your deeds! *
 because of your great strength
 your enemies crínge befóre you.
- 3 All the earth bows dówn befóre you, * sings to you, sings out your name."
- 4 Come now and sée the wórks of God, * how wonderful he is in his doing toward all péople.
- 5 He turned the séa into drý land, so that they went through the water on foot, * and thére we rejóiced in him.
- 6 In his might he rules for evêr; †
 his eyes keep watch óver the nátions; *
 let no rebel rise úp agáinst him.
- 7 Bless our Gód, you péoples; * make the voice of his práise to bé heard;
- 8 Who holds our souls in life, * and will not allow our feet to slip.
- 9 For you, O Gód, have próved us; * you have tried us just <u>as</u> sílver ís tried.
- 10 You brought <u>us</u> into the snare; * you laid heavy burdens upon our backs.
- You let enemies ride over ôur heads; †
 we went through fire and water; *
 but you brought us out into a place of refréshment.
- I will enter your house with burnt-offerings and will páy yóu my vows, * which I promised with my lips and spoke with my mouth when I wás in tróuble.
- 13 I will offer you sacrifices of fat beasts with the smoke of rams; * I will give you oxen and goats.
- 14 Come and listen, all you who féar God, *

and I will tell you what hé has done for me.

- 15 I called out to him with my mouth, * and his praise was on my tongue.
- 16 If I had found évil in my heart, * the Lord would not have héard me;
- 17 But in truth God has heard mê; * †
 he has attended to the vóice of mý prayer.
- 18 Blessèd be God, who has not rejected my prayer, * nor withhéld his love from me.



Give the blessing, you peoples, unto our God.

How generous is your goodness, O God, how great is your salvation, how faithful is your love!

Help us to trust in you in trial, to praise you in deliverance and to rejoice before you with overflowing hearts; through Jesus Christ our Lord. Amen.



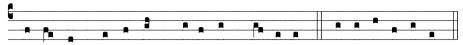
From east to west, * from sunrise to its setting the name of our God is



to be praised.

- I Hallelujah!
 - Give praise, you sérvants óf the Lord; * praise the name of thé Lord.
- 2 Let the name of the Lord be blessed, * from this time forth for évermore.
- From the rising of the sún to its góing down * let the náme of the Lórd be praised.
- 4 The Lord is high above all nátions, * and his glory above the héavens.
- Who is like the Lord our God, who sits enthroned on high, * but stoops to behold the heavens and the earth?
- 6 He takes up the weak out of the dust * and lifts up the poor from the ashes.
- 7 He sets them with the princes, * with the princes of his péople.
- 8 He makes the woman of a childless house * to be a joyful mother of children.

From the rising of the sun to its going down, your Name is praised, O Lord, for you have raised us from the dust and set before us the vision of your glory. As you bestowed upon us the dignity of a royal priesthood, lift up our hearts as we celebrate your praise; through Jesus Christ our Lord. **Amen.**



I will sing * to my God while I have my be - ing.

- 1 Hallelujah!
 - Praise the Lórd, Ó my soul! *
 - I will praise the Lord as long as I live;
 - I will sing praises to my God while I have my being.
- Put not your trust in rulers, nor in any child of earth, * for there is no help in them.
- When they breathe their last, they return to earth, * and in that day their thoughts perish.
- 4 Happy are they who have the God of Jácob fór their help! * whose hope is ín the Lórd their God;
- Who made heaven and earth, the seas, and all that is in them; * who keeps his promise for ever;
- Who gives justice to those who are oppressed, * and food to those who hunger.
- 7 The Lord séts the prísoners free; the Lord opens the eyes of the blind; * the Lord lifts up thóse who áre bowed down;
- 8 The Lord loves the rightêous; †
 the Lord cáres for the stránger; *
 he sustains the orphan and widow, but frustrates the wáy of the wícked.
- 9 The Lord shall réign for éver, * your God, O Zion, throughout <u>all</u> génerát<u>ions</u>. Hállelújah!

Lord God, creator of all things, who in your loving-kindness and care meet our human needs: with the dawn of each day help us to set our hearts and hope upon you, that we may show you in the world as the universal and eternal king; through Jesus Christ our Lord. Amen.

Canticle Revn: 15:3,4; 5:13
Omnes gentes



All the peoples * whom you, O Lord, have made, shall come in



IV*

- I Great and wonderful are your deeds, Lord God the Almighty * just and true are your ways, O King of the nations.
- Who shall not revere and práise your náme, O Lord * for you alóne are hóly.
- 3 All nations shall come and worship in your présence * for your just déalings have béen revealed.
- To him who sits on the throne and to the Lamb *
 be praise and honour, glory and might for éver and éver.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

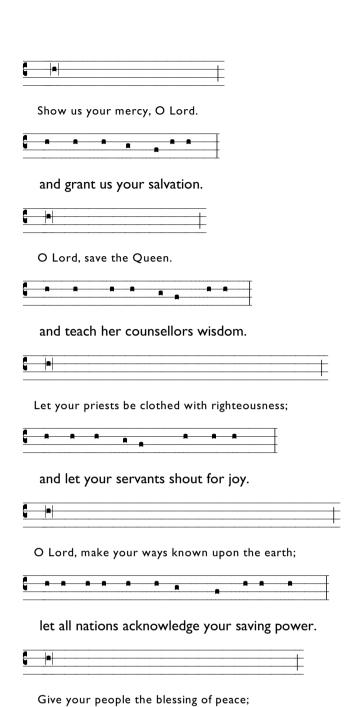


Lord, have mercy upon us.



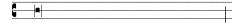
Christ, have mercy upon us; Lord, have mer-cy upon us.



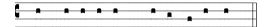




and let your glo-ry be over all the world.



Make our hearts clean, O God;

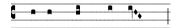


and renew a right spi-rit within us.

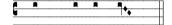
Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.

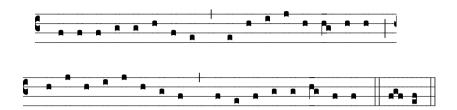


Thanks be to God.

MONDAY Week 2

HYMN

II

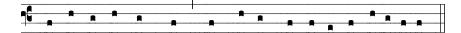


Lord Jesus Christ, abide with us, now that the sun has run its course; let hope be not obscured by night, but may faith's darkness be as light.

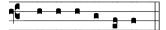
Lord Jesus Christ, grant us your peace, and when the trials of earth shall cease; grant us the morning light of grace, the radiant splendour of your face.

Immortal, Holy, Threefold Light, yours be the kingdom, power, and might; all glory be eternally to you, life-giving Trinity.

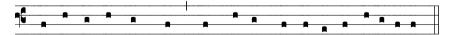
Ach, bleib bei uns (1579) paraphrase St Joseph's Abbey 1967, altd.



Grant us, O Lord our God, * your sav-ing help in every tri-bu-la-tion.



- O God, you have cast us off and broken us; * you have been angry; O take us back to you again.
- 2 You have shaken the earth and split it ópen; * repair the cracks in it, fór it tótters.
- You have made your péople know hárdship; * you have given us wine that mákes us stágger.
- 4 You have set up a banner for those who fear you, * to be a refuge from the power of the bow.
- 5 Save us by your right hand and answer us, * that those who are dear to you may bé delivered.
- God spoke from his holy place ând said: * †
 "I will exult and párcel out Shéchem;
 I will divide the válley of Súccoth.
- 7 Gilead is míne and Manásseh is mine; * Ephraim is my helmet and Júdah my scéptre.
- 8 Moab is my wash-basîn, † on Edom I throw down my sándal to cláim it, * and over Philistia will I shout in tríumph."
- 9 Who will lead me into the strong citŷ? * † who will bring me ínto Édom?
- 10 Have you not cast us off, O God? * you no longer go out, O God, with our ármies.
- II Grant us your help against the énemy, * for váin is the hélp of man.
- 12 With God we will do váliant deeds, * and he shall tread our énemies únder foot.



Grant us, O Lord our God, your sav-ing help in every tri-bu-la-tion.

Risen Christ, loving Saviour, you claim your gracious inheritance among the nations: mend what is broken among your people, do not abandon us in hardship and failure but grant us daring and love in your service. **Amen.**

Dum anxiaretur cor meum



When my heart was troubled with- in me, * you raised me u-pon a



mighty rock.

Hear my cry, O God, and listen to mŷ prayer. †

I call upon you from the ends of the earth with héaviness in my heart; * set me upon the rock that is higher than I.

- For you have béen my réfuge, * a strong tower against the énemy.
- 3 I will dwell in your house for ever; *
 I will take refuge under the cover of your wings.
- 4 For you, O Gód, have héard my vows; * you have granted me the heritage of those who féar your name.
- 5 Add length of dáys to the kíng's life; * let his years extend over many génerátions.
- 6 Let him sit enthroned before Gód for éver; * bid love and faithfulnéss watch óver him.
- 7 So will I always sing the práise óf your name, * and day by day <u>I</u> wíll fulfíl my vows.



When my heart was troubled with- in me, you raised me u-pon a



mighty rock.

O God, our rock and our refuge, as Jesus knew the discipline of suffering and the victory that brings us salvation, so grant us his fellowship in our weakness and a place in his unending kingdom. **Amen.**

Psalm 62 Nonne Deo? Nonne Deo

IIIg



For God a -lone * my soul in si - lence waits; he is my sal-va -tion.



- For God alone my sóul in sílence waits; * from him comes mý salvátion.
- 2 He alone is my rock and mý salvátion, * my stronghold, so that I shall not be gréatly sháken.
- 3 How long will you assail me to crush me, all of you together, * as if you were a leaning fence, a toppling wall?
- They seek only to bring me down from my place of honôur; * † lies áre their chíef delight.
- 5 They bless with their lips, *
 but in their héarts they curse.
- 6 For God alone my sóul in sílence waits; * truly, <u>my</u> hópe is ín him.
- 7 He alone is my rock and mý salvátion, * my stronghold, so that I shall nót be sháken.
- 8 In God is my safety and my honour; * God is my strong rock and my refuge.
- 9 Put your trust in him álways, O péople, * pour out your hearts before him, for Gód is our réfuge.
- 10 Those of high degree are bút a fléeting breath, * even those of low estate cannót be trústed.
- On the scales they are lighter than a breath, * all of them together.
- 12 Put no trust in extortion; † in robbery táke no émpty pride; * though wealth increase, set not your héart upón it.
- 13 God has spoken once, twice have I héard it, * that power belongs to God.
- 14 Steadfast lóve is yours, O Lord, * for you repay everyone according to their deeds.



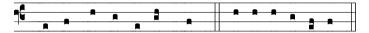
For God a -lone my soul in si - lence waits; he is my sal-va -tion.

O God, we seek security and deliverance not in money or theft, not in human ambition or malice, not in our own ability or power, Canticle Titus 3:4-7 Juste et pie

IId



So let us live up-right and godly, * a-wait -ing our bless-ed hope,



the ap-pear-ing of our Lord.

- When the kindness and generosity of God our Saviour dáwned upón the world, * then, not for any good déeds of our own.
- but because he was mercîful, † he saved us by the washing of regénerátion * and the renewing power of the Hóly Spírit.
- For he sent down the Spirit upón us ríchly * through Jesus Chríst our Sáviour.
- 4 so that, jústified bý his grace, *
 we might in hope become héirs to etérnal life.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Magnificet te semper IVe



May my soul e-ver pro- claim * your greatness, O my Lord and God.



My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Litany



In the name of Jesus, we pray for your people and for your Church, O Lord:





Grant to your people the spirit of concord, and to the whole world, peace and tranquillity:

Almighty Father, lover and sustainer of all things, save your people and bless your inheritance.

Lead all Christians together into visible unity that the world may believe.

Bless our friends, relations and benefactors: be near to them in your love.

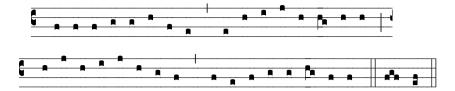
Be with the dying and let them see your salvation.

Our Father			
Collect			
(Hymn)			
Doxology			

Be merciful to those who have died in your love, and bring them to the kingdom of e \mathbf{ter} nal life.

TUESDAY Week 2

HYMN



O blest Creator, God most high great Ruler of the star-filled sky, you clothe the day with radiant light and fold in soft repose the night.

We thank you for the day now gone; we pray you while the night draws on: help us, poor sinners, as we raise our evening offering of praise.

To you our hearts their music bring, to you our gathered voices sing; to you our hearts' deep longings soar, and you our chastened hearts adore.

So when the deepening shades prevail, and night o'er day has drawn her veil; faith may no threatening darkness know, but night with faith's own radiance glow.

O Christ, the Father's only Son, and Spirit of them both, but One; God over all, whom all obey, shield us, great Trinity, we pray.

Deus creator omnium (?Ambrose) tr J D Chambers, 1854 altd.



Incline your ears, my people, * attend to all my words.

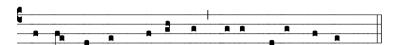
- Hear my teaching, Ó my péople; * incline your ears to the words of mý mouth.
- 2 I will open my mouth in a parable; *
 I will declare the mysteries of ancient times.
- That which we have heard and known, † and what our forefathers have told us, * we will not hide from their children.
- We will recount to generations tô come † the praiseworthy deeds and the pówer óf the Lord, * and the wonderful wórks he hás done.
- He gave his decrees to Jacob and established a law for Ísrael, * which he commanded them to téach their chíldren;
- That the generations to come might know, †
 and the children yét unborn; *
 that they in their turn might tell it tó their children;
- 7 So that they might pút their trúst in God, * and not forget the deeds of God, but kéep his commándments;
- 8 And not be like their forefathers, †
 a stubborn and rebellious géneration, *
 a generation whose heart was not steadfast,
 and whose spirit was not faithful to God.
- 9 The people of Ephraim, armed with the bow, * † turned back in the day of battle;
- They did not keep the covenant of God, * and refused to walk in his law;
- 11 They forgót what hé had done, * and the wonders hé had shówn them.
- 12 He worked marvels in the sight of théir forefáthers, * in the land of Egypt, in the fíeld of Zóan.
- 13 He split open the sea and lét them páss through; * he made the waters stánd up líke walls.
- 14 He led them with a cloud by day, * and all the night through with a glow of fire.
- 15 He split the hard rocks in the wilderness * † and gave them drink as from the gréat deep.
- 16 He brought streams out of the cliff, *

- and the waters gushed out like rivers.
- 17 But they went on sínning agáinst him, * rebelling in the desert agáinst the Móst High.
- 18 They tested God in their hearts, * demanding food for their craving. †
- 19 They ráiled against Gód and said, *
 "Can God set a table ín the wílderness?
- 20 True, he struck the rock, the waters gushed out, and the gúllies óverflowed; * but is he able to give bread or to provide méat for his péople?"
- When the Lord heard this, hé was full of wrath; *

 a fire was kindled against Jacob, and his anger mounted ágainst Ísrael;
- For they hád no fáith in God, * nor did they put their trúst in his sáving power.
- 23 So he commanded the clouds âbove * † and opened the dóors of héaven.
- 24 He rained down manna upon them to eat * and gave them gráin from héaven.
- 25 So mortals ate the bréad of ángels; * he provided fór them fóod enough.
- 26 He caused the east wind to blów in the héavens * and led out the south wind bý his might.
- 27 He rained down flésh <u>upon thém like dust</u> * and wingèd birds like t<u>he</u> sánd of thé sea.
- 28 He let it fall in the midst of their camp * and round about their dwellings. †
- 29 So they ate and were well filled, * for he gave them what they craved.
- 30 But they did not stóp their cráving, * though the food was stíll in théir mouths.
- 31 So God's anger mounted against them; *
 he slew their strongest men and laid low the youth of Israel.
- 32 In spite of all this, they went on sinning * and had no faith in his wonderful works.
- 33 So he brought their days to an énd líke a breath * and their years in súdden térror.
- Whenever he slew them, they would seek him, * and repent and diligently search for God.
- 35 They would remember that God was their rock, * and the Most High God their redeemer.
- 36 But they fláttered him with their mouths *

and lied to him with their tongues.

- 37 Their heart was not stéadf<u>ast</u> towárd him, * and they were not faithful tó his cóvenant.
- 38 But he was so merciful that he forgave thêir sins †
 and did nót destróy them; *
 many times he held back his anger
 and did not permit his wráth to bé roused.
- 39 For he remembered that they were but flesh, * a breath that goes forth and does not return.



Incline your ears, my people, attend to all my words.

Canticle Matthew 5.3-10

Beati mundo corde

Blessed are the pure in heart,* for they shall see God.

- Blessed are the póor in spírit * for theirs is the kíngdom of héaven.
- Bléssed are those who mourn, * for they shall be comforted.
- 3 Bléssed áre the meek, * for they shall <u>in</u>hérit thé earth.
- Blessed are those who hunger and thirst for righteousness, * for they shall be satisfied.
- 5 Blessed are the merciful, * for they shall obtain mercy.
- 6 Blessed are the pure in heart, * for they shall see God.
- 7 Blessed are the péacemakers, * for they shall be <u>called</u> children of God.
- 8 Blessed are those who are persecuted on account of righteousness, * for theirs is the kingdom of héaven.

READING

lf

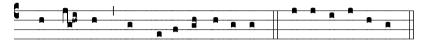
The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Magnificat



My soul pro -claims * the greatness of the mighty Lord, for he has looked



with fa - vour, on me his lowly servant.

My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who fear him * in every géneration.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

VIIIg

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to God, who is our Hope:



OR

Ky-ri-e

e - le - i - son

In Christ you have made us rich; lead all peoples to the knowledge of your Son.

You have power over the hearts and wills of the mighty: grant to all statesmen and politicians wisdom **and** discernment.

You give to artists vision and creative skill: may others know joy and hope through their work.

You do not permit any to be tested beyond their strength: strengthen the weak and restore the fallen.

Send your grace on all who live in the school of holy religion and complete the good work you have begun in them.

Remember our departed brothers and sisters and bring them to the resurrection of eternal life.

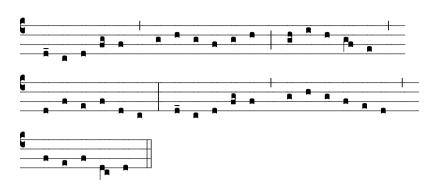
Our Father	
.	
Collect	

(Hymn)

Doxology

WEDNESDAY Week 2

HYMN



- Christ, mighty Saviour, Light of all creation, you make the day-time, radiant with the sunlight and to the night give glittering adornment, stars in the heavens.
- Now comes the day's end as the sun is setting: mirror of daybreak, pledge of resurrection; while in the heavens choirs of stars appearing, hallow the nightfall.
- Therefore we come our evening prayer to offer, joyfully chanting holy hymns to praise you, with all creation joining hearts and voices singing your glory.
- Though bodies slumber, hearts shall keep their vigil, for ever resting in the peace of Jesus, in light or darkness worshipping our Saviour, now and for ever.

Christe, lux mundi (Mozarabic 10 C) tr Alan G McDougall (1895-1964) rev Anne K LeCroy (b 1930)

Wednesday Week 2 / 113

IIIa

Redemit eos Dominus



The Lord God ransomed his people * from the hand of their e-ne-my.



- 40 How often the people disobeyed him in the wilderness * and offended him in the désert!
- 41 Again and agáin they témpted God * and provoked the Holy Óne of Ísrael.
- They did not remémb<u>er</u> his pówer *
 in the day when he ransomed them fróm the énemy;
- 43 How he wrought his sígns in Égypt * and his omens in the fíeld of Zóan.
- 44 He turned their rivers into blood, * so that they could not drink of their streams.
- 45 He sent swarms of flies amóng them, which ate them up, * and frógs, which destróyed them.
- 46 He gave their crops to the caterpillar, * the fruit of their toil to the locust.
- 47 He killed their vines with hail * and their sýcamóres with frost.
- 48 He delivered their cáttle to háilstones * and their livestock tó hot thúnderbolts.
- 49 He poured out upon them his blázing ánger: * fury, indignation and distress, a troop of destróying ángels.
- 50 He gave full rein to his angêr; †
 he did not spáre their sóuls from death; *
 but delivered their líves to thé plague.
- 51 He struck down all the first-born of Égypt, *
 the flower of manhood in the dwellings of Ham.
- 52 He led out his péople líke sheep * and guided them in the wílderness líke a flock.
- He led them to safety and they were not afraid; * but the sea overwhelmed their enemies.
- 54 He brought them tó his hóly land, * the mountain hís right hánd had won.
- 55 He drove out the Canaanites before thêm †
 and apportioned an inheritance to them by lot; *
 he made the tribes of Israel to dwell in their tents.

- 56 But they tested the Most High God and defied him, * and did not keep his commandments.
- 57 They turned away and were disloyal like their fáthers; * they were undependable like a wárped bow.
- They grieved him with their hill-altars * and provoked his displeasure with their idols.
- 59 When God heard this, hé was ángry * and utterly rejected Ísrael.
- 60 He forsook the shrine at Shiloh, *
 the tabernacle where he had lived among his péople.
- 61 He delivered the ark into captivity, * his glory into the adversary's hand.
- 62 He gave his péople tó the sword * and was angered agáinst his inhéritance.
- The fire consumed their young men; *
 there were no wedding songs for their maidens.
- 64 Their priests féll bý the sword, * and their widows made no lámentátion.

- 65 Then the Lord wóke as though from sleep, * like a wárrior refréshed with wine.
- 66 He struck his enemies on the backside * and put them to perpetual shame.
- 67 He rejected the tént of Jóseph *
 and did not choose the tríbe of Éphraim;
- 68 He chose instead the tribe of Júdah * and Mount Zíon, which he loved.
- 69 He built his sanctuary like the héights of héaven, * like the earth which he founded for éver.
- 70 He chose Dá<u>vid</u> his sérvant, *
 and took him awáy from the shéepfolds.
- 71 He brought him from following thê ewes, * † to be a shepherd over Jác<u>ob</u> his péople and over Israel hís inhéritance.
- 72 So he shepherded them with a faithful and true heart * and guided them with the skilfulness of his hands.



The Lord God ransomed his people from the hand of their e-ne-my.

God our deliverer, you led our forebears through the wilderness and established them as your people: renew your covenant with us that we may rejoice in the signs of your deliverance and be brought into the kingdom of your beloved Son, Jesus Christ our Lord. Amen.

Scio cui credidi



I know whom I have be - lieved, * and I am sure that the righteous



judge is able to guard until that Day, what has been entrusted to me.



- I There is one God, and there is one mediator betwéen Gód and man, *

 Christ Jésus, himsélf man,
- who sacrificed himself to win fréedom for all mankind, * the testimony to which was borne at the proper time.
- 3 He was manifésted in the flesh, * vindicated in the Spirit,
- 4 seen by angels, preached among the nations, * believed on in the world, taken up in glory.
- 5 This will be made manifest at the proper time * by the blessed and only Sovereign, the King of kings and Lord of lords,
- 6 who alone has immortality and dwells in unapproachable light, †
 whom no one has ever séen or cán see. *
 To him be honour and eternal domínion. Ámen.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Fecit VIIIg



For me, * the Almighty has done great things, and ho -ly is his name.



My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of hís arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

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On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to God, the everlasting Father,

whose mercy is over all that he has made:



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.

R. Ky-ri-e e-le-i-son

O God, you sent your Son to save the world: grant that all the peoples of the earth may come to acknowledge him **as** their Saviour.

You have created us, male and female; watch over all families and keep us in your love.

Help all whom you have called to live in celibacy that they may joyfully follow your Son.

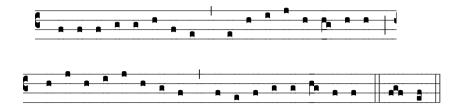
You have ordained priests to be the ministers and stewards of your mysteries: fill them with your wisdom and strengthen **them** in holiness.

Through the death and resurrection of your Son you have taken away the sin of the world - have mercy on the faithful departed and grant them eternal life.
Our Father
Collect
(Hymn)
Doxology

THURSDAY Week 2

OFFICE HYMN

II



Now lay aside the works of day, for dusk enfolds the fading light, and let us sing to God with joy our songs and praises, his by right.

Throughout the common, daily round direct us in your ways, O Lord; may all who in your vineyard toil from you receive their great reward.

Lord Jesus Christ, you summon us to press towards our recompense. Assist our labours, then grant rest when your great love shall call us hence.

O Christ, our King and gracious Lord, whom with the Father we adore, and Holy Spirit, Paraclete, one God, both now and evermore.

Horis peractis (?)



You surely saved us, O Lord; * and in singing your prais-es, we confess

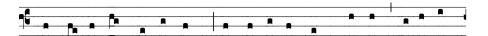


your name for e-vermore.

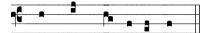
- We have heard with our ears, Ô God, † our forefáthers have tóld us, * the deeds you did in their days, ín the dáys of old.
- 2 How with your hand you drove the peoplês out †
 and planted our forefáthers in the land; *
 how you destroyed nations and made your péople flourish.
- For they did not take the land by their sword, nor did their arm win the víctory for them; * but your right hand, your arm, and the light of your countenance, because you fávoured them.
- 4 You are my Kíng ánd my God; * you command victories for Jácob.
- Through you we pushed back our adversaries; * †
 through your name we trampled on those who rose úp agáinst us.
- 6 For I do not rely on my bow, * and my sword does not give me the victory.
- 7 Surely, you gave us victory over our adversaries * and put those who hate ús to shame.
- 8 Every day we gloried in God, * and we will praise your name for éver.
- 9 Nevertheless, you have rejécted and húmbled us * and do not go fórth with our ármies.
- You have made us fall back before our adversary, * and our enemies have plundered us.
- You have made us like sheep to be eaten * and have scattered us among the nations.
- 12 You are selling your people for a trifle * and are making no profit on the sale of them.
- You have made us the scórn of our néighbours, * a mockery and derision to thôse around us.
- 14 You have made us a byword among the nations, * a laughing-stock among the péoples.
- My humiliation is dáily befóre me, * and shame has covered mý face;

- Because of the taunts of the mockers and blasphémers, * because of the enemy and avenger.
- 17 All this has come upon ûs; * † yet we have nót forgótten you, nor have we betráyed your cóvenant.
- Our heart néver túrned back, * nor did our footsteps stráy from your path;
- 19 Though you thrust us down into a place of misery, * and covered us over with deep darkness.
- 20 If we have forgotten the name of our Gôd, * † or stretched out our hánds to some stránge god,
- 21 Will not God find it out? *
 for he knows the sécrets óf the heart.
- 22 Indeed, for your sake we are killed all the day long; * we are accounted as sheep for the slaughter.
- 23 Awake, O Lord! why are you sleeping? * †
 Arise! do not reject us for ever.
- Why have you hidden your face * and forgotten our affliction and oppréssion?
- 25 We sink dówn intó the dust; * our body cléaves to thé ground.

26 Rise úp and hélp us, * and save us for the sáke of your stéadfast love.



You surely saved us, O Lord; and in singing your prais-es, we confess



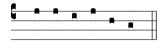
your name for e-vermore.

Arise, O Lord, and behold the suffering of your people; reveal your power, that being made like Christ in his death, they may attain to the resurrection from the dead; through Jesus Christ our Lord. **Amen.**

Psalm 30 Exaltabo te, Domine Domine, abstraxisti



I will sing your praise, O my Lord, * for you have ex-alt-ed me.



- I will exalt you, O Lord, because you have lifted mê up †
 and have not let my enemies triumph over me. *
 O Lord my God, I cried out to you, and you restored me to health.
- You brought me up, O Lórd, fróm the dead; * you restored my life as I was going dówn to thé grave.
- 3 Sing to the Lord, you servants ôf his; †
 give thanks for the remembrance óf his hóliness. *
 For his wrath endures but the twinkling of an eye,
 his favour fór a lífetime.
- 4 Wéeping may spénd the night, * but joy comes in the mórning.
- While I felt secure, Î said, †
 "I shall néver bé disturbed. *
 You, Lord, with your favour made me as stróng as the mountains."
- 6 Thén you híd your face, *
 and Í was fílled with fear.
- 7 I cried to you, O Lord; *
 I pleaded with the Lord, saying,
- 8 "What profit is there in my blood, if I go down to the Pit? * †

VIIIg

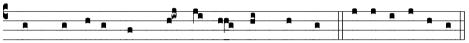
will the dust praise you or declare your faithfulness?

- 9 Hear, O Lord, and have mercy upon me; * O Lord, bé my hélper."
- You have turned my wailing into dáncing; * you have put off my sack-cloth and clóthed me with joy;
- 11 Therefore my heart sings to you without céasing; *
 O Lord my God, I will give you thánks for éver.

Hear our prayers, O Lord, and have mercy upon us; turn our heaviness into joy and clothe us with gladness and salvation that we may give thanks to you for ever. **Amen.**

Canticle | Peter 1:3,4,21

Hymnum dicamus



Come, sing a new song * for God, our Lord most high.

- Praise be to the God and Father of our Lord Jesûs Christ, †
 who in his great mercy gave us a new birth into a living hope *
 by the resurrection of Jésus Christ from the dead.
- The inheritance to which we are born † is one that nothing can destroy or spóil or wither; * it is kept for you in héaven.
- And you, because you pút your fáith in God *

 are under the protection of his power untíl salvátion comes;
- the salvation which is even now in readiness * and will be revealed at the end of time.
- God raised him up from the dead and gave him glóry, * that your faith and hópe might bé in God.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55 Magnificemus

Let us proclaim him * - Je -sus Christ, our Lord and King: he casts



down all the proud in heart, and lifts up all lowly souls.

VIIIg

VIIa

My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

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He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

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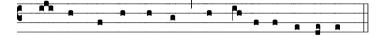
He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

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I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to God who is the ground of our hope.



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.

OR



R. Ky-ri-e e-le-i-son

Lord, you have bound yourself to your people in an everlasting covenant - grant that we may ever be mindful of your creating and sustaining power. Strengthen the faith of all bishops, priests and deacons - and keep them in your love. Send forth labourers into your harvest that your Name may be proclaimed to all peoples. Be near to all who bear responsibility for the well-being of our nation and society that they may serve the **com**mon good. You have called us to follow your Son: ever seeking the way of your Holy Spirit, may we come to eternal life. Perfect in the departed the work you have begun; and strengthen us in the hope that we may live for ever in your presence. Our Father Collect (Hymn) Doxology

FRIDAY Week 2

HYMN



O Lord, you formed man from the earth and in your image gave him birth; with your own Spirit, life and breath, upholding him in life and death.

When in the cool of day you came, commanding him the beasts to name; from sleeping Adam's open side you brought forth Eve to be his bride.

The man and woman, flesh and bone, they both your very image own; and joined again, one flesh to be, they tell a future mystery.

From Christ the second Adam's side is born the Church, his cherished bride; to share Christ's toil, his joy and pain, in Paradise to share his reign.

To God the Father, God the Son, and God the Spirit, ever One, all honour, praise and glory be, from age to age eternally.

Plasmator hominis Deus (7/8 C)
Paraphrase by Gethsemani Abbey, 1968 - adapted

II

Misericordia tua. Domine



Your merci- ful lo-ving kindness, O my Lord, * e-ver stands be- fore



my eyes and in faith have I walked in the way of truth.

- Give judgement for me, O Lord, for I have lived with integrity; *

 I have trusted in the Lord and have not faltered.
- Test me, O Lórd, and trý me; * examine my héart and mý mind.
- For your lóve <u>is</u> befóre my eyes; * I have walked fáithfullý with you.
- 4 I have not sat with the worthless, * nor do I consort with the deceitful.
- 5 I have hated the company of évildóers; * I will not sit down with the wicked.
- 6 I will wash my hands in innocence, O Lord, * that I may go in procession round your altar,
- 7 Singing aloud a sóng of thanksgíving * and recounting all your wónderfúl deeds.
- 8 Lord, I love the house in which you dwell * and the place where your glory abides.
- 9 Do not sweep me away with sinners, * nor my life with those who thirst for blood,
- 10 Whose hands are full of évil plots, * and their right hand full of bribes.

- 11 As for me, I will live with intégrity; * redeem me, O Lord, and have pity on me.
- 12 My foot stánds on lével ground; * in the full assembly Í will bléss the Lord.



my eyes and in faith have I walked in the way of truth.

Have mercy on us and redeem us, O Lord, for our merits are your mercies and in your judgement is our salvation; through Jesus Christ our Lord. **Amen.**

Psalm 28 Ad te, Domine Dominus



Lord, you are * my strength, my shield and my pro - tec-tor.

- O Lord, I call tô you; † my rock, do not be déaf tó my cry; * lest, if you do not hear me, I become like those who gó down tó the Pit.
- Hear the voice of my prayer when I cry out to you, * when I lift up my hands to your holy of holies.
- 3 Do not snatch me away with the wicked or with the évildóers, * who speak peaceably with their neighbours, while strífe is ín their hearts.

- 4 Repay them according to their deeds, * and according to the wickedness of their actions.
- 5 According to the work of their hands repay them, * and give them their just deserts.
- 6 They have no understanding of the Lord's doings, † nor of the wórks óf his hands; * therefore he will break them dówn and not búild them up.
- 7 Blessèd is thê Lord! * †

Ιg

for he has heard the voice of my prayer.

- 8 The Lord is my strength and my shield; * my heart trusts in him and I have been helped;
- 9 Therefore my heart dances for joy, * and in my sóng will I práise him.
- 10 The Lord is the strength of his people, * a safe refuge for his anointed.
- Save your people and bléss your inhéritance; * shepherd them and carry thém for éver.



Lord, you are my strength, my shield and my pro - tec-tor.

Hear us, Shepherd of your people, you who commanded us to love our neighbours with our whole hearts: forgive us our sins and make us whole in body and soul; through Jesus Christ our Lord. **Amen.**

Adorate Dominum VIIIg



Ascribe glo-ry to the Lord, * with-in his ho - ly temple.

- Ascribe to the Lord, you gods, * ascribe to the Lord glory and strength.
- Ascribe to the Lord the glóry dúe his name; * worship the Lord in the béauty of hóliness.
- The voice of the Lord is upon the waters; † the God of glóry thúnders; * the Lord is upon the míghty wáters.
- The voice of the Lord is a powerful voice; *
 the voice of the Lord is a voice of splendour.
- 5 The voice of the Lord bréaks the cédar trees; * the Lord breaks the cédars of Lébanon;
- 6 He makes Lebanon skíp líke a calf, *
 and Mount Hermon líke a yóung wild ox.
- 7 The voice of the Lord splits the flames ôf fire; † the voice of the Lord shakes the wilderness; * the Lord shakes the wildernéss of Kádesh.
- 8 The voice of the Lord makes the oak trêes writhe * † and stríps the fórests bare.
 And in the temple of the Lord all are crýing, "Glóry!"
- 9 The Lord sits enthroned above the flood; * the Lord sits enthroned as king for évermore.
- 10 The Lord shall give stréngth to his péople; * the Lord shall give his people the bléssing of peace.

Open our ears to hear you, O God, and our mouths to proclaim your glory and the beauty of your holiness as revealed to us in your Son, Jesus Christ our Lord. **Amen.**

Canticle Revn 4:11; 5:12,9,10,13

Redemisti nos



For by your own blood * you have re-deemed us, O Lord our God,



VIIIg

from e-v'ry people and language, and every tribe and na - tion,



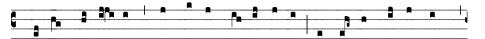
and have made us a kingdom to our God.

- I Glory and hónour and pówer * are yours by ríght, O Lórd our God.
- For you created all things * and by your will they have their being.
- 3 Glory and hón<u>our</u> and pówer * are yours by right, <u>O</u> Lámb who wás slain.
- For by your blood you ransomed fôr God † saints from every tribe and lánguage and nátion; * to make them a kingdom of priests to stand and sérve befóre our God.
- To him who sits on the throne and to the Lamb *
 be praise and honour and might for ever and ever. Amen.

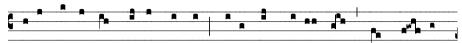
READING

The Song of Mary Magnificat anima mea Dominum Luke 1: 46-55

Suscepit Deus VIIIa



The Lord remembers * his promise to Is-ra - el, ac-cording to his word



to Abra-ham and to his children: he lifts up the low-ly both now and



e-ver-more.

My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to God, the Father of all:



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.

OR



R. Ky-ri-e e-le-i-son

Your only-begotten Son gave himself as a sacrifice for the whole world - have mercy on all peoples and nations.

Show your pity to all prisoners and refugees; and be with all who are alone and sad.

Strengthen all who believe that they may withstand the onslaughts of the evil one.

Help those in sickness, comfort those in despair and raise up those who are bowed down.

Be merciful to the dying, deliver them from all distress and take them home to yourself.

Pour your light on those whose baptism has been completed in death, that they may gaze on you for all eternity.
Our Father
Collect
(Hymn)
Doxology

SATURDAY Week 2

HYMN



O Trinity of blessed light,
O Unity of primal might,
th'untiring sun now goes its way;
shed now within our hearts your ray.

To you our morning song of praise, to you our evening prayer we raise; your glory suppliant we adore for ever and for evermore.

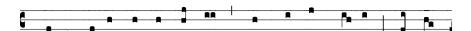
To God the Father, God the Son and God the Spirit, praise be done; to you most holy Trinity praise now and for eternity.

O lux beata trinitas (?6 C) tr J M Neale (1818-66), altd.

Saturday Week 2 / 138

VIII

II*d



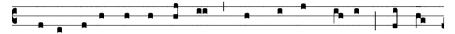
May all the peoples and na-tions * bless themselves in him so shall



they all give glo-ry to his Name.

- I Give the king your jústice, Ó God, * and your righteousness tó the kíng's son;
- That he may rule your péople ríghteously * and the póor with jústice;
- That the mountains may bring prosperity to the people, * and the little hills bring righteousness.
- 4 He shall defend the needy among the péople; * he shall rescue the poor and crúsh the oppréssor.
- 5 He shall live as long as the sún and móon endure, * from one generation tó anóther.
- 6 He shall come down like rain upon the mown field, * like showers that water the earth.
- 7 In his time shall the ríghteous flóurish; *
 there shall be abundance of peace
 till the móon shall bé no more.
- 8 He shall rúle from séa to sea, * and from the River to the énds of thé earth.
- 9 His foes shall bow dówn befóre him, * and his énemies líck the dust.
- The kings of Tarshish and of the isles shall pay tribute, * and the kings of Arabia and Saba offer gifts.
- 11 All kings shall bow dówn befóre him, * and all the nations dó him sérvice.
- 12 For he shall deliver the poor who cries out in dîstress, * † and the oppressed who hás no hélper.
- 13 He shall have pity on the lowly and poor; * he shall preserve the lives of the néedy.
- 14 He shall redeem their lives from oppression and violence, * and dear shall their blood be in his sight.
- Long may hê live! † and may there be given to him góld from Arábia; * may prayer be made for him always, and may they bless him áll the dáy long.

- May there be abundance of grain on the earth, growing thick even on the hilltops; * may its fruit flourish like Lebanon, and its grain like grass upon the earth.
- 17 May his name remain for evêr † and be established as lóng <u>as</u> the sún endures; * may all the nations bless themselves in him <u>and</u> cáll him bléssed.
- 18 Blessèd be the Lord God, the Gód of Ísrael, * who alóne does wóndrous deeds!
- 19 And blessèd be his glorious name for éver! *
 and may all the earth be filled with his glory. Ámen. Ámen.



May all the peoples and na-tions bless themselves in him so shall



they all give glo-ry to his Name.

Your kingdom come, O Lord, with deliverance for the needy, with peace for the righteous, with overflowing blessing for all nations, with glory, honour and praise for the only Saviour, Jesus Christ our Lord. **Amen.**

VIIIg



Tru- ly, * God is good to Is-ra - el.

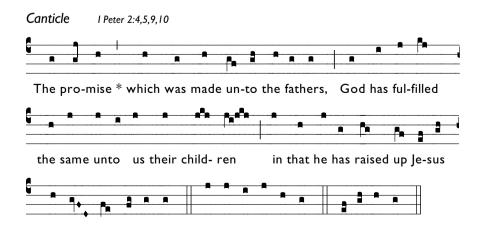
- I Truly, God is good to Israel, *
 to those who are pure in heart.
- But as for me, my féet had néarly slipped; * I had almost trípped and fállen;
- 3 Because I envied the proud * and saw the prosperity of the wicked:
- For they suffer no pain, * and their bódies are sléek and sound;
- In the misfortunes of óthers they have no share; * they are not afflicted as óthers are;
- Therefore they wear their pride <u>like</u> a nécklace * and wrap their violence about them like a cloak.
- 7 Their iniquity cómes from gróss minds, * and their hearts overflów with wícked thoughts.
- 8 They scoff and spéak malíciously; * out of their haughtiness they plán oppréssion.
- 9 They set their mouths against the héavens, * and their evil spéech runs through the world.
- 10 And so the péople túrn to them * and fínd in thém no fault.
- 11 They say, "Hów should Gód know? * is there knowledge in the Móst High?"
- 12 So then, these are the wicked; * always at ease, they increase their wealth.
- In vain have I képt my héart clean, * and washed my hánds in ínnocence.
- 14 I have been afflicted all day long, * and punished every morning.
- Had I gone on spéaking this way, *I should have betrayed the generation of your children.
- 16 When I tried to understand these things, * it was too hard for me;
- 17 Until I entered the sanctuary of God * and discerned the énd of the wícked.
- 18 Surely, you set them in slippery places; * you cast them down in ruin.

- O how suddenly do they come to destruction, * † come to an end and pérish from térror!
- 20 Like a dream when one awakens, O Lord, * when you arise you will make their image vanish.
- When my mind became embittered, *
 I was sorely wounded in my heart.
- 22 I was stupid and had nó understánding; *
 I was like a brute béast in your présence.
- 23 Yet I am always with you; * † you hold me bý my ríght hand.
- 24 You will guide me by your counsel, * and afterwards receive me with glóry.
- 25 Whom have I in héaven but you? *
 and having you I desire nóthing upón earth.
- Though my flesh and my héart should waste away, *
 God is the strength of my heart and my pórtion for éver.
- 27 Truly, those who forsáke you will pérish; * you destroy all who áre unfáithful.
- 28 But it is good for mé to be néar God; *
 I have made the Lord Gód my réfuge.
- 29 I will spéak of áll your works * in the gates of the city of Zíon.



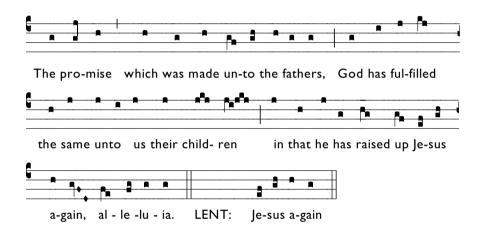
Tru-ly, God is good to Is-ra - el.

Holy God, to whom our love rightly belongs, may we find true wisdom in your presence and set our hope not on uncertain riches but on the love that will hold us to the end, on Jesus Christ our Lord. **Amen.**



VIIIg

- Come to hím, to that líving stone. *
 rejected by men, but in God's sight chósen and précious.
- 2 Like living stones be yourselves built into a spí<u>ri</u>tual témple, * to be <u>a</u> hóly príesthood.
- 3 To offer spiritual sácrifice * acceptable to Gód through Jésus Christ.
- 4 You are a chosen race, a róyal príesthood, * a holy nation, Gód's own péople,
- 5 that you may declare the wonderful déeds of him * who called you out of darkness into his own márvellous light.
- 6 Once you wére no péople, *
 but now you áre God's péople;
- 7 once you had nót <u>re</u>ceived mércy, * but now you háve <u>re</u>ceived mércy.



READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every géneration.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

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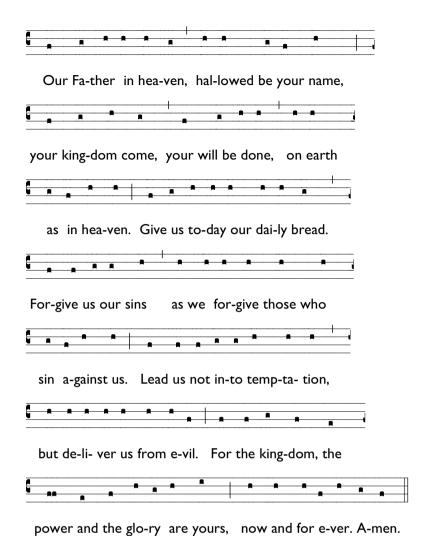
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Litany



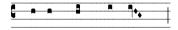
R. Ky-ri-e e-le-i-son



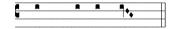
Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.



Thanks be to God.

SUNDAY Week 3

HYMN LM

VIII



O blest Creator, source of light, you gave the day with splendour bright, when on the new and living earth you brought all things to glorious birth.

You joined the morn and evening ray; you called it good and named it 'day'.
But now the threatening darkness nears - we pray you, Father, calm our fears.

Lest we, beset by doubt and strife, forget your blessed gift of life, and languishing in mind distressed, be crushed by guilt, by sin oppressed.

Eternal Father, help us rise and run to gain the heavenly prize; for you alone can make us strong to turn from sin and cease from wrong.

Defend us, Father, through the night, and with your Son, and Spirit bright - the Trinity whom we adore - be with us now and evermore.

Lucis creator optime (6 C) tr Anne K LeCroy (b 1930), alt.

Psalm 48 Magnus Dominus

Magnus Dominus



Mighty is the Lord; * he is high-ly ex-al-ted.

- I Great is the Lord, and highly to be praised; * in the city of our God is his holy hill.
- Beautiful and lofty, the joy of all the earth, is the hill of Zion,* the very centre of the world and the city of the great king.
- 3 God is in her citadels; * he is known to bé <u>her</u> sure réfuge.
- 4 Behold, the kings of the éarth assémbled *

Sunday Week 3 / 148

Ιa

and marched fórward togéther.

- 5 They looked and were astounded; * They retreated and fled in terror.
- 6 Trembling seized thêm there; †
 they writhed like a wóman in chíldbirth, *
 like ships of the sea when the éast wind shátters them.
- 7 As we have heard, so have wê seen, † in the city of the Lord of hosts, in the city of our God; * God has established her for ever.
- We have waited in silence on your loving-kindness, Ó God, In the midst of your témple.
- 9 Your praise, like your name, O God, reaches tó the wórld's end; * Your right hand is fúll of jústice.
- 10 Let Mount Zion be glad and the cities of Júdáh rejoice, * because óf your júdgements.
- 11 Make the circuit of Zion; walk round about her; * count the number of her towers.
- 12 Consider well her bulwarks; † exámine her stróngholds; * that you may tell thóse who come áfter.
- 13 This God is our God for éver and éver; * He shall be our gúide for évermore.



Mighty is the Lord; he is high-ly ex-al-ted.

We wait on your loving-kindness, O God, in the midst of your temple; as your praise reaches to the ends of the earth, so gather in the nations to the beauty of your house; through Jesus Christ our Lord. Amen.





The Lord Most High * has made ho-ly his dwelling for e-ver-more



- I God is our refuge and strength, * a very present help in troublê; †
- Therefore we will not fear, though the éarth be moved, *
 and though the mountains be toppled into the dépths of the sea;

VIIIg

- Though its waters rage and foam, *
 and though the mountains tremble at its tumult.
- 4 The Lord of hósts is with us; * the God of Jacob is our strónghold.
- There is a river whose streams make glad the citý of God, * the holy habitation óf the Móst High.
- God is in the midst of her;
 she shall nót be óverthrown; *
 God shall help her át the bréak of day.
- The nations make much ado and the kíngdoms are sháken; *
 God has spoken and the éarth shall mélt away.
- 8 The Lord of hósts is with us; * the God of Jacob is our stronghold.
- 9 Come now and look upon the works of the Lord, * what awesome things he has done ôn earth. †
- 10 It is he who makes war to céase in áll the world; * he breaks the bow and shatters the spear, and búrns the shields with fire.
- 'Be still, then, and knów that Í am God; *
 I will be exalted among the nations;
 I will be exálted in the earth.'
- 12 The Lord of hósts is with us; * the God of Jacob is our strónghold.



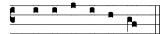
The Lord Most High has made ho-ly his dwelling for e-ver-more

Assuage our fear, O God, and quieten our hearts to know you, that being our refuge and strength you may dwell in our midst and make glad the place of your habitation; through Jesus Christ out Lord. Amen.

VIIa



Shout to God you peoples * with cries of joy-ful ex-ul- ta- tion.



- Clap your hands, áll you péoples; * shout to Gód with a crý of joy.
- 2 For the Lord Most High is to be feared; * he is the great king over all the earth.
- 3 He subdues the péoples under us, * and the nations under our feet.
- 4 He chooses our inhé<u>ri</u>tance fór us, * the pride of Jácob whóm he loves.
- 5 God has gone up with a shout, * the Lord with the sound of the rám's-horn.
- 6 Sing praises to Gód, sing praises; * sing praises to our kíng, sing praises.
- 7 For God is king of all the earth; * sing praises with all your skill.
- 8 God reigns óver the nátions; *
 God sits upón his hóly throne.
- 9 The nobles of the peoples have gáthered togéther * with the people of the Gód of Ábraham.
- 10 The rulers of the éarth belóng to God, * and he is híghly exálted.

As Christ was raised by your glory, O Father, so may we walk in newness of life and rejoice to be called the children of God; now and for ever. Amen

Canticle - through the year: Salus

Revn 19:1-7



Salva- tion, glo-ry and power be-long to our God. R. Al-le- lu - ia.



V.His judgments are true and just. R. Al-le - lu - ia, al-le -lu- ia.



V. Praise our God all you his servants R. Al-le-lu - ia.



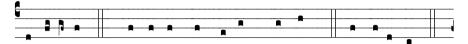
V. You who fear him, small and great R. Al - le - lu - ia, al- le-lu- ia.



V. The Lord our God, the Almighty, has begun to reign R. Al - le-lu - ia.



V. Let us re-joice and ex-ult and give him the glo-ry R. Al- le - lu - ia,



al-le-lu- ia. V. The marriage of the Lamb has come R. Al-le-lu - ia.



V. and his bride has made herself ready R. Al- le - lu - ia, al-le-lu- ia.

OR in Lent (Easter Tone)

- Jesus Christ suffered for you, leaving you an example * that you should follow in his steps.
- 2 He committed no sin; no guile was found on his lips * when he was reviled he did not revile in réturn.
- When he suffered he did not thréaten * but trusted in him who júdges jústly.
- 4 He himself bore our sins in his bódy ón the tree * that we might die to sin and líve to ríghteousness.
- 5 By his wounds you have been healed * for you were straying like sheep.
- 6 But now you have returned * to the shepherd and guardian of your souls.
 - Glory to the Father, and to the Son, and to the Hóly Spírit * as it was in the beginning, is now and shall be for éver. Ámen.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, †
my spirit rejoices in Gód my Sáviour *
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who fear him * in every géneration.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.



Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



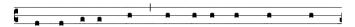
Our Fa-ther in hea-ven, hal-lowed be your name,



your king-dom come, your will be done, on earth



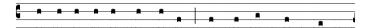
as in hea-ven. Give us to-day our dai-ly bread.



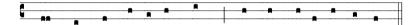
For-give us our sins as we for-give those who



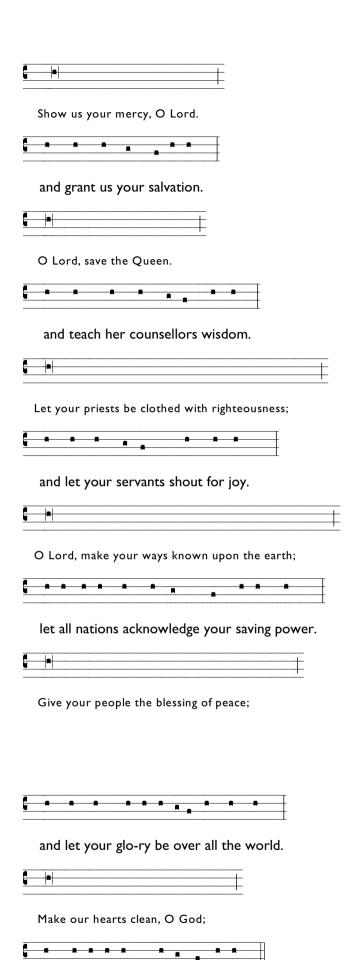
sin a-gainst us. Lead us not in-to temp-ta-tion,



but de-li- ver us from e-vil. For the king-dom, the



power and the glo-ry are yours, now and for e-ver. A-men.

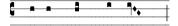


and renew a right spi-rit within us.

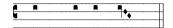
Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.

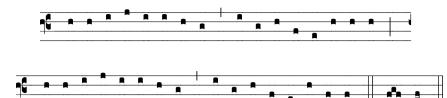


Thanks be to God.

MONDAY Week 3

HYMN LM





O Good Creator, God most high Who spread the ocean of the sky, And with a word of thund'ring force, Divide chaotic water's course.

Who give the rains a lofty place
And guide the rivers as they race,
That flowing waters be at hand
To save the scorched and thirsty land.

O flood us from your font above With living waters of your love, To bathe in grace the wounded part Of every troubled human heart.

Restore our weak and weary sight In streams of faith's abundant light, And turn our quest for passing things To thirst for everlasting springs.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns for evermore. Amen

Immense caeli conditor,

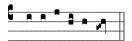
tr. By Keith McClellan, OSB © Saint Meinrad Archabbey, 1994 Ego autem Illa



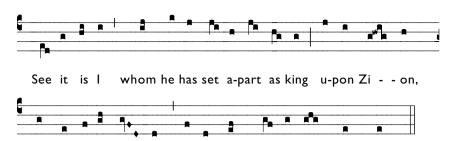
See it is I * whom he has set a-part as king u-pon Zi - - on,



on his ho-ly moun-tain, tell-ing forth his righteous judgments.



- Why are the nations in an uproar? *
 Why do the peoples mutter empty threats?
- Why do the kings of the earth rise up in revolt, and the princes plot togéther, *
 against the Lord and against his anointed?
- 3 'Let us bréak their yóke', they say; * 'let us cast off their bónds from us.'
- 4 He whose throne is in héaven is láughing; * the Lord has them in derision.
- 5 Then he speaks to them in his wrath, * † and his rage fills them with térror.
- 6 'I myself have set my king *
 upon my holy híll of Zíon.'
- 7 Let me announce the decree of thê Lord: † he said to me 'You are mý Son; * this day have Í begotten you.
- 8 'Ask of me and I will give you the nations for your inheritance * and the ends of the earth for your possession.
- 9 'You shall crush them with an iron rod * and shatter them like a piece of pottery.'
- 10 And nów, you kíngs, be wise; * be warned you rúlers óf the earth.
- Submit to the Lord with fear, * and with trembling bow before him;
- 12 Lest he be angry ánd you pérish; * for his wrath is quíckly kíndled.
- 13 Háppy áre they all *



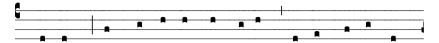
on his ho-ly moun-tain, tell-ing forth his righteous judgments.

O God, whose kingdom is not of this world: your Son has shattered our yoke of sin and loosened the fetters of all that bound us in tyranny: acknowledge the servants who bow before you and bless the inheritance of your Son's redeeming; through Jesus Christ our Lord. Amen.

Secus decursus aquarum IVe



Like trees that grow by the wa-ters * the fruit of righteousness is



nur-tured and they find all their de- light keeping the law of



the Fa-ther.

- Happy are they who have not walked in the counsel of the wicked, * nor lingered in the way of sinners, nor sat in the séats of the scórnful!
- Their delight is in the láw *of* the Lord, *
 and they meditate on <u>his</u> law dáy and night.
- They are like trees planted by streams of water, †
 bearing fruit in due season, with leaves that do not wither; *
 everything they do shall prosper.
- 4 It is not so with the wicked: * they are like chaff which the wind blows away;
- Therefore the wicked shall not stand úp<u>right</u> when júdgement comes, * nor the sinner in the coun<u>cil</u> of the ríghteous.
- 6 For the Lord knows the wáy of the ríghteous, * but the way of the wicked is doomed.
 - O Christ, our fountain of living water, welling up to eternal life: as by your obedience many were made righteous, so may we delight in your commandments and flourish in your way; who lives and reigns, now and forever. Amen.

Deus iudex iustus VIIIg



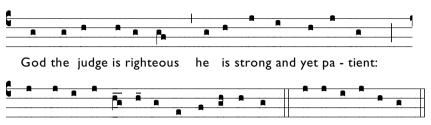
God the judge is righteous * he is strong and yet pa - tient:



can his an-ger last e-ven for a single day?

- O Lord my God, I take refuge în you; * †
 save and deliver me from áll who pursúe me;
- 2 Lest like a lion they tear me to pieces * and snatch me away with none to deliver me.
- 3 O Lord my God, if I have done these things: * if there is any wickedness in my hands,
- 4 If I have repaid my friend with évil, *
 or plundered him who without cause is my énemy;
- 5 Then let my enemy pursue and óvertáke me, * trample my life into the ground, and lay my hónour ín the dust.
- 6 Stand up, O Lord, in your wrath; * rise up against the fury of my énemies.
- 7 Awake, O my God, decree justice; * let the assembly of the peoples gáther róund you.
- 8 Be seated on your lofty throne, O Most High; * O Lord, júdge the nátions.
- 9 Give judgement for me according to my ríghteousnéss, O Lord, * and according to my ínnocence, Ó Most High.
- Let the malice of the wicked come to an end, but estáb<u>lish</u> the ríghteous; * for you test the mind and héart, O ríghteous God.
- 11 God is my shield and defence; *
 he is the saviour of the true in heart.
- 12 God is a righteous judge; * God sits <u>in</u> júdgement évery day.
- 13 If they will not repent, God will whet his sword; * † he will bend his bow and máke it réady. *
- 14 He has prepared his weapons of death; * he makes <u>his</u> árrows sháfts of fire.
- 15 Look at those who are in lábour with wickedness, * who conceive evil and give birth to á lie.

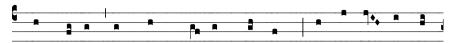
- 16 They dig a pit and make it deep * and fall into the hole that they have made.
- 17 Their malice turns back upón their ówn head; * their violence falls ón their ówn scalp.
- 18 I will bear witness that the Lórd is ríghteous; *
 I will praise the náme of the Lórd Most High.



can his an-ger last e-ven for a single day?

O Christ, who for a season laid aside divine glory and, though Son of God, learned obedience through suffering: teach us in all our afflictions to raise our eyes to the One who judges justly and to find in your will our peace and deliverance; who lives and reigns now and for ever. Amen.

Beati



How blessed * are those who wash their robes in the blood of the



Lamb, al-le- lu - ia.

(LENT: of the Lamb.)

- Blessed be the God and Father of our Lórd Jésus Christ * who has blessed us in Christ with every spiritual blessing in the héavenly pláces.
- 2 He chose us in him before the foundation of the world * that we should be holy and blameless before him.
- 3 He predéstined ús in love * to be adopted as his chíldren through Jésus Christ.
- 4 According to the purpose of hîs will, † to the práise of his glórious grace * which he freely bestowed on us ín the Belóved.
- 5 In him we have redemption through his blood, the of our trespasses, *

according to the riches of his grace, which he lá<u>vis</u>hed upón us.

- 6 He has made known to us, in all wisdom and insight, * the mystery of his will according to his purpose which he set forth in Christ.
- 7 a plan for the fulness of time, to unite all things in him * things in héaven and things on earth.

READING

forgiveness

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Magnificat IV*



My soul pro-claims * the greatness of the Lord my God.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

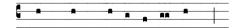
the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Lord, have mercy upon us.

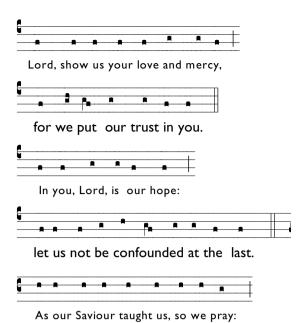


Christ, have mercy upon us; Lord, have mer-cy upon us.



grant us understanding, that we may live.

We long for your salva-tion, O Lord:



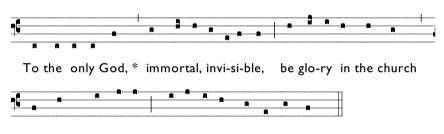




Collect of the Day

(Hymn)

Doxology



and in Christ Je-sus, for e-ver and e-ver. Amen. (Cf 1 Tim 1:17 & Eph 3:21)

TUESDAY Week 3

HYMN



O mighty Maker of the land, Who part the ocean with your hand, And from the floor of swirling sea The firm and fertile earth set free.

Who fill the solid ground with seed
Of plants to nourish every need,
And give them buds and tender shoots
To bear green herbs and pleasant fruits.

Make now our hearts a spacious field And cause their hardened ways to yield, That filled with Christ the Sower's word, Our deeds may show what we have heard.

Shine bright on us your radiant face; Send down the healing dew of grace; And grant to us the joy untold: To reap the promised hundredfold.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore. Amen

Telluris ingens conditor

tr. by Keith McClellan, OSB
© Saint Meinrad Archabbey 1994



They whose dwell-ing * is in your ta-ber-na-cle; will find rest



u-pon your ho-ly mountain.

- I Lord, who may dwell in your tábernácle? * who may abide upón your hóly hill?
- Whoever leads a blameless life <u>and</u> does what is right, * who speaks <u>the</u> truth from his heart.
- There is no guile upon his tongue;
 he does no évil tó his friend; *
 he does not heap contempt upón his néighbour.
- In his sight the wicked are rejected, * but he honours those who fear the Lord.
- 5 He has swórn to dó no wrong * and does nót take báck his word.
- 6 He does not give his money in hope of gain, * nor does he take a bribe against the innocent.
- 7 Whoéver dóes these things * shall néver be óverthrown.

Establish, O Christ, your kingdom in our hearts and keep us untainted by this earthly life; that in your Father's house we may be received into the eternal habitations; where you are alive and reign, now and for ever. Amen.

Conserva me, Domine VIIIg



Pro-tect me, O Lord my God, * for I take re-fuge in you.

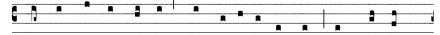
- Protect me, O God, for I take refuge în you; † I have said to the Lórd, 'You are mý Lord, * my good abóve all óther.'
- 2 All my delight is upon the godly that are in the land, * upon those who are noble among the people.
- 3 But those who run after other gods * shall have their troubles multiplied.
- 4 Their libations of blood I will not offer, * nor take the names of their gods upon my lips.
- O Lord, you are my pórtion ánd my cup; * it is yoú who uphóld my lot.
- 6 My boundaries enclóse a pléasant land; * indeed, I have a góodly héritage.
- 7 I will bless the Lord who gives me counsel; * my heart teaches me, night after night.
- 8 I have set the Lord álways befóre me; * because he is at my ríght hand I sháll not fall.
- 9 My heart, therefore, is glad and my spí<u>rit</u> rejóices; * my body álso shall rést in hope.
- 10 For you will not abándon me tó the grave, * nor let your hóly one sée the Pit.
- You will show me the path of life; * in your presence there is fullness of joy, and in your right hand are pléasures for évermore.

O Lord, who did not abandon your Faithful One in the Pit but raised him victorious from the grave: show the path of life to those redeemed as his own possession, that they may attain to the fullness of joy; through Jesus Christ our Lord. Amen.

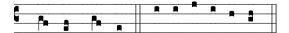
Psalm 17 Exaudi, Domine

Inclina, Domine

VIIc

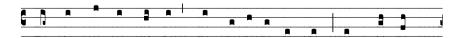


In-cline your ear to me; * Lord, I call u-pon you hear my words

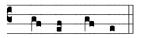


and answer me.

- Hear my plea of innocence, Ô Lord; † give héed tó my cry; * listen to my prayer, which does not cóme from lýing lips.
- 2 Let my vindication come forth <u>from</u> your présence; * let your eyes be fixed on justice.
- Weigh my heart, súmmon mé by night, * melt me down; you will find no impúritý in me.
- 4 I give no offence with my mouth as others do; *
 I have heeded the words of your lips.
- My footsteps hold fast to the ways of your law; * in your paths my feet shall not stumble.
- 6 I call upon you, O God, for you will answer me; * incline your ear to me and hear my words.
- 7 Show me your marvellous lóving-kíndness, *
 O Saviour of those who take refuge at your right hand from those who rise úp agaínst them.
- 8 Keep me as the apple of your eye; * hide me under the shadow of your wings,
- 9 From the wicked whó assaúlt me, * from my deadly enemies whó surróund me.
- 10 They have closed their héart to píty, * and their mouth speaks proud things.
- 11 They press me hard, nów they surround me, * watching how they may cast me to the ground,
- 12 Like a lion, gréedy for its prey, * and like a young lion lurking in sécret pláces.
- Arise, O Lord, confrónt them and bring them down; * deliver me from the wicked by your sword.
- 14 Deliver me, O Lórd, bý your hand * from those whose portion in lífe is thís world;
- 15 Whose bellies you fill with your tréasure, * who are well supplied with children and leave their wéalth to their líttle ones.
- But at my vindication Í shall sée your face; *
 when I awake, I shall be satisfied, behólding your líkeness.



In-cline your ear to me; Lord, I call u-pon you hear my words



and answer me.

Cast your eyes upon us, O Lord, and hide us under the shadow of your wings, that, trusting not to our own works but in the refining fire of your compassion, we may come to see you face to face; through Jesus Christ our Lord. Amen.

Ex quo omnia Va



From him are all things, * through him are all things, to him





- O the depths of the riches and wisdom and knowledge of God! How unsearchable áre his júdgments, * and how inscrútable hís ways!
- 2 "For who has known the mind of the Lord? Or who has béen his cóunsellor?" *
 "Or who has given a gift to him, to receive <u>a</u> gift in réturn?"
- For from him and through him and tó him are áll things. *
 To him be glory for éver. Ámen.

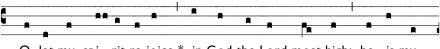
READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Exsultet

Va



O let my spi - rit re-joice * in God the Lord most high; he is my



My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

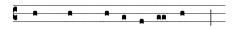
the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



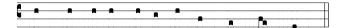
Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



Teach us, O Lord, the way of your sta-tutes:



And lead us in the path of your commandments.



Keep our na-tion under your care:



And guide us in justice and truth.



O Lord, deal gra-ciously with your servants;



teach us discernment and knowledge.



Let not the needy be forgotten:



Nor the hope of the poor be taken a-way.



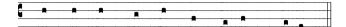
Guide the meek in judgement:



and teach your ways to the gentle.



Lord, remember your people:



Whom you have purchased and redeemed of old.



As our Saviour taught us, so we pray:



Our Fa-ther in hea-ven, hal-lowed be your name,



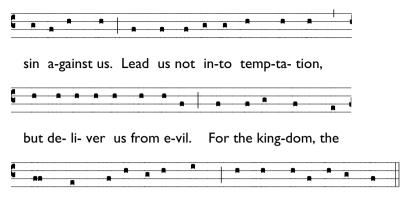
your king-dom come, your will be done, on earth



as in hea-ven. Give us to-day our dai-ly bread.



For-give us our sins as we for-give those who



power and the glo-ry are yours, now and for e-ver. A-men.

Collect of the Day

(Hymn)

Doxology



To the only God, * immortal, invi-si-ble, be glo-ry in the church



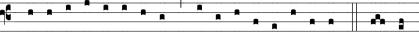
and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

WEDNESDAY Week 3

HYMN





O God most holy, God most high, Who spread the splendour of the sky, And paint its spacious canvas bright With shining stars and fiery light.

Who give the blazing sun a throne, Its course from east to west make known, And set the moon and stars on ways That mark the seasons, months, and days.

Grant us, as signs of night return, Your just and faithful ways to learn, That as we gaze on darkened skies Our hope, the light of Christ, will rise.

O let the Sun of Justice reign To shatter every earthly chain, And make our wounded world within Resplendent with your grace again.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Sprit we adore: One God who reigns forevermore. Amen

Caeli Deus sanctissime,

tr. by Keith McClellan, OSB © Saint Meinrad Archabbey 1994

Psalm 80 Qui regis Israel

Excita, Domine



Stir up your strength, O Lord * and come to help us: restore us,



O God of hosts.

II

- Hear, O Shepherd of Israel, leading Jóseph líke a flock; * shine forth, you that are enthroned upón the chérubim.
- In the presence of Ephraim, Benjamin and Manasseh, * stir up your strength and come to help us.
- Restóre <u>us</u>, O Gód of hosts; *
 show the light of your countenance ánd we sháll be saved.
- 4 O Lord God of hosts, * how long will you be angered despite the prayers of your péople?
- You have fed them with the bréad of tears; * you have given them bówls of téars to drink.
- 6 You have made us the derision of our neighbours, * and our enemies laugh us to scorn.
- 7 Restóre <u>us</u>, O Gód of hosts; * show the light of your countenance ánd we sháll be saved.
- 8 You have brought a vine out of Égypt; * you cast out the nátions and plánted it.
- 9 You prepared the ground for it; * it took root and filled the land.
- The mountains were covered by its shadow * and the towering cédar trees by its boughs.

- You stretched out its téndrils tó the Sea * and its branches tó the Ríver.
- 12 Why have you bróken dówn its wall, *
 so that all who pass bý pluck óff its grapes?
- 13 The wild boar of the forest has rávaged it, * and the beasts of the field have grázed upón it.
- 14 Turn now, O God of hosts, look down from heavên; †
 behóld and ténd this vine; *
 preserve what your right hánd has plánted.
- 15 They burn it with fire like rúbbish; * at the rebuke of your countenance lét them pérish.
- 16 Let your hand be upon the mán of your ríght hand, * the son of man you have made so strong for yourself.
- 17 And so will we never turn away from you; * give us life, that we may call upon your name.
- 18 Restore us, Ó Lord Gód of hosts; *
 show the light of your countenance ánd we sháll be saved.



Stir up your strength, O Lord and come to help us: restore us,



O God of hosts.

Faithful Shepherd of your people, as we look for the light of your countenance restore in us the image of your glory and graft us into the risen life of your Son, Jesus Christ our Lord. Amen.

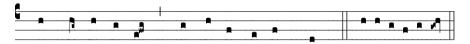
Exsultate Deo



Sing with joy to God, * for the Lord is our strength.

- Sing with jóy to Gód our strength * and raise a loud shout to the Gód of Jácob.
- 2 Raise a song and sound the timbrel, * the merry harp and the lyre.
- 3 Blow the ram's-horn at the new moon, * and at the full moon, the day of our feast.
- 4 For this is a statute for Israel, * a law of the God of Jacob.
- 5 He laid it as a solemn chárge upon Jóseph, * when he came out of the lánd of Égypt.
- I heard an unfamiliar voice sayîng, * †
 'I eased his shoulder from the burden;
 his hands were set free from bearing the load.'
- 7 You called on me and I saved yôu; * † I answered you from the secret pláce of thúnder and tested you at the wáters of Méribah.
- 8 Hear, O my people, and Í will admónish you: *
 O Israel, if you would <u>but</u> lísten tó me!
- 9 There shall be no strange gód amóng you; * you shall not wórship a fóreign god.
- 10 I am the Lord yôur God, †
 who brought you out of the land of Égypt ánd said, *
 'Open your mouth wide and Í will fill it.'
- 11 And yet my people díd not héar my voice, * and Israel would nót obéy me.

- 12 So I gave them over to the stúbbornness óf their hearts, * to follow their ówn devíces.
- 13 O that my people would listen to me! * that Israel would walk in my ways!
- 14 I should soon subdúe their énemies * and turn my hánd agáinst their foes.
- 15 Those who hate the Lord would cringe before him, * and their punishment would last for éver.
- But Israel would I feed with the finest wheat * and satisfy him with honey from the rock.



Sing with joy to God, for the Lord is our strength.

Father of mercy, keep us joyful in your salvation and faithful to your covenant; and, as we journey to your kingdom, ever feed us with the bread of life, your Son, our Saviour Jesus Christ. Amen.

Psalm 82 Deus stetit Sedisti super thronum



You sit up-on your throne; * you Lord a-lone give right judgment



- God takes his stand in the council of héaven; * he gives judgement in the mídst of thé gods:
- 2 'How long will you júdge unjústly, * and show favour tó the wícked?
- 3 'Save the weak and the orphân; * † defend the húmble and néedy;
- 4 'Rescue the weak and the poor; * deliver them from the power of the wicked.
- They do not know, neither do they understand; † they go about in dárkness; * all the foundations of the éarth are sháken.
- 6 'Now I sáy to you, "You are gods, *
 and all of you children of the Most High;

VIIIg

- 7 "Nevertheless, you shall die like mortals, * and fall like any prince."
- 8 Arise, O Gód, and rúle the earth, *
 for you shall take <u>all</u> nátions fór your own.



You sit up-on your throne; you Lord a-lone give right judgment

God our deliverer, defender of the poor and needy: when the foundations of the earth are shaking give strength to your people to uphold justice and fight all wrong in the name of your Son, Jesus Christ our Lord. Amen. Christo datus est VIIIg



To Christ has been given * do-mi-nion and ro-yal glo - ry:



that all the peoples, na-tions and lan-gua-ges should serve



him for e-ver-more.

- Let us give thánks to the Fáther *
 who has enabled us to share in the inheritance óf the sáints in light.
- 2 He has delivered us from the domínion of dárkness * and transferred us to the kingdom of hís belóved Son.
- In him we have redemptîon, †
 we have the forgíveness óf our sins. *
 He is the image of the invisible God; he is the first-born of all creation.
- 4 For in him all things were created, both in heaven and earth, * all things whether visible or invisible.
- 5 All things were created through him and for him * he is before all things, and in him all things hold together.
- 6 He is the head of the body, the Church, he is its beginning * The first-born from the dead pre- \pm minent over all.
- 7 For in him all the fulness of Gód was pléased to dwell * and through him God chose to reconcile áll things tó himself.
- 8 Through his belovêd Son, †
 God has reconciled all things in héaven and earth, *
 by the blood of the Cross he has made éverlásting peace.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Respexit Dominus



The Lord the Al-mighty * has looked on me with fa-vour;



VIIIg

he has done great things for me his lowly servant.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

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I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

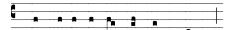
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



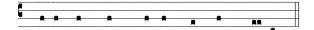
Lord, open a path for your Word



To declare the mystery of Christ.



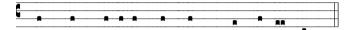
Turn now, O God of hosts;



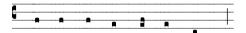
Behold and tend the vine you have planted.



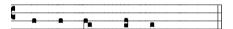
May your people re-joice and sing,



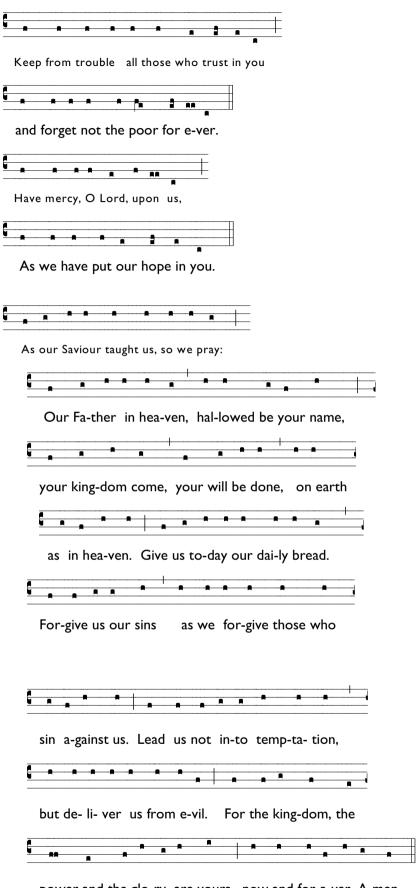
And your mi-nisters be clothed with salva - tion.



May they stand and feed your flock



in the strength of your name.



power and the glo-ry are yours, now and for e-ver. A-men.

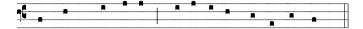
Collect of the Day

(Hymn)

Doxology



To the only God, * immortal, invi-si-ble, be glo-ry in the church

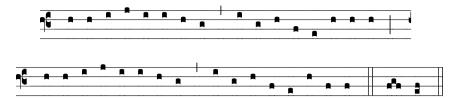


and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

THURSDAY Week 3

HYMN



O God of pow'r and matchless force, Who set the waters in their course And draw from raging ocean strife A world of fresh and fertile life.

Who freely fill the sea and sky
With fish to swim and birds to fly,
And give to each its proper place
To leap and sing before your face.

Grant us, your new creation here, Adrift in chaos, sin, and fear, To see our anchor in the flood Of life that comes from Jesus' blood.

And make our faith as high and deep As birds of air and fish you keep. Uplift our hope and drown our pride That grace and love be multiplied.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore. Amen

Magne Deus potentiae,

tr. by Keith McClellan, OSB © Saint Meinrad Archabbey, 1994 Confiteantur Domino E



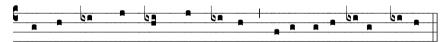
Let them give thanks and praise to God * for all his enduring mercy.



Part I

- I Give thanks to the Lórd, for hé is good, * and his mercy endúres for éver.
- 2 Let all those whom the Lórd <u>has</u> redéemed proclaim * that he redeemed them from the hánd of thé foe.
- 3 He gathered them out of the lands; * from the éast and fróm the west, from the nórth and fróm the south.
- 4 Some wánd<u>ere</u>d in désert wastes; * they found no way to a city where théy might dwell.
- 5 They were húngry and thírsty; * their spirits lánguished withín them.
- Then they cried to the Lord in their trouble, * and he delivered them from their distress.
- 7 He put their féet on a stráight path * to go to a cíty where théy might dwell.
- 8 Let them give thanks to the Lórd <u>for</u> his mércy * and the wonders he dóes <u>for</u> his chíldren.
- 9 For he satisfies the thirsty * and fills the húngry with góod things.
- 10 Some sat in dárkness and déep gloom, * bound fast in miserý and íron;

- 11 Because they rebelled against the words of God * and despised the counsel of the Most High.
- 12 So he humbled their spirits with hard lábour; * they stumbled and there was none to help.
- 13 Then they cried to the Lórd in their trouble, * and he delivered them from their distress.
- 14 He led them out of dárkness and déep gloom * and broke their bonds as under.
- 15 Let them give thanks to the Lórd <u>for</u> his mércy * and the wonders he dóes for his chíldren
- 16 For he shát<u>ters</u> the dóors of bronze * and breaks in twó the íron bars.
- 17 Some were fools and took to rebellious ways; * † they were afflicted because of their sins.
- 18 They abhorred all manner of food * and drew néar to déath's door.
- 19 Then they cried to the Lórd <u>in</u> their tróuble, * and he delivered thém from théir distress.
- 20 He sent forth his word and héaled them * and sáved them from the grave.
- 21 Let them give thanks to the Lórd <u>for</u> his mércy * and the wonders he dóes for his chíldren.
- 22 Let them offer a sacrifice of thanksgiving * and tell of his acts with shouts of joy.



Let them give thanks and praise to God for all his enduring mercy.

lpsi viderunt IIIa



Then they, be-hold-ing * God's might-y do -ings, did see the power



of his wonders.

Part II

- 23 Some went down to the sea în ships * † and plied their tráde in deep wáters;
- 24 They beheld the works of the Lord * and his wonders in the deep.
- 25 Then he spoke and a stormy wind arose, * which tossed high the waves of the sea.
- They mounted up to the heavens and fell back to the depths, * † their hearts melted because of their peril.
- 27 They reeled and staggered like drunkards * and were át their wíts' end.
- 28 Then they cried to the Lórd <u>in</u> their tróuble, * and he delivered thém from théir distress.
- 29 He stilled the stórm to a whísper * and quieted the wáves of thé sea.
- Then they were glad because of the calm, * and he brought them to the harbour they were bound for.
- 31 Let them give thanks to the Lórd <u>for</u> his mércy * and the wonders he dóes for his chíldren.
- 32 Let them exalt him in the congregation of the péople * and praise him in the coun<u>cil</u> of the élders.
- 33 The Lord changed rivers into déserts, * and water-springs into thirsty ground,

- 34 A fruitful land into sált flats, *
 because of the wickedness of those who dwéll there.
- 35 He changed the deserts into pools of water * and dry land into water-springs.
- 36 He sét<u>tled</u> the húngry there, * and they founded a cíty to dwéll in.
- 37 They sowed fields and planted vineyards, * and brought in a fruitful harvest.
- 38 He blessed them, so that they increased gréatly; * he did not lét their hérds decrease.
- 39 Yet when they were dimínished and bróught low, * through stress of adversitý and sórrow,
- 40 He lifted up the poor out of misery * and multiplied their families like flocks of sheep.
- 41 (He pours contémpt on prínces * and makes them wánder in tráckless wastes.)
- The upright will see this and rejoice, *
 but all wickedness will shut its mouth.
- 43 Whoever is wise will pónder thése things, * and consider well the mércies óf the Lord.



Then they, be-hold-ing God's might-y do -ings, did see the power



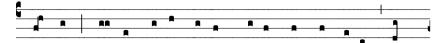
of his wonders.

Lord, here we have no abiding city, but seek that which is to come: guide and deliver us in all earthly changes and direct our way towards the haven of salvation: through Jesus Christ our Lord. Amen.

Dedit ei Dominus



The Lord God has giv'n to him * mighty power and great glo-ry and



kingdom; that all the peoples and na-tions and languages should



- We give thanks to you, Lord God Almightŷ, † ever present ánd etérnal * for you have taken your great pówer and begún to reign.
- The nations raged, but the dáy of your wráth has come * and the time for the déad to bé judged.
- The time has come to reward your servants *
 The prophets and saints; and those who fear
 your name, both small and great.
- 4 Now the salvation of God hâs come, † his power and his glórious kíngdom * now has come the authó<u>ri</u>ty óf his Christ.
- For the accuser of our brothers hás been thrówn down * who accuses them day and night befóre our God.
- 6 And they have conquered him by the blood of the Lamb, and by their word of witness.. *

 Rejoice then, O heaven, and you that dwell therein.

READING

THE GOSPEL CANTICLE

The Song of Mary

Magnificat anima mea Dominum

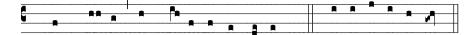
Luke 1: 46-55

Fac, Deus, potentiam



lf

Re-veal to us, migh-ty God * the power of your arm: cast down the



proud-hearted and lift up all low-ly souls.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

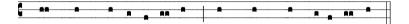
I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

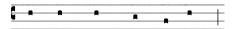
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



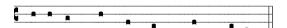
Lord, have mercy upon us.



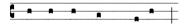
Christ, have mercy upon us; Lord, have mer-cy upon us.



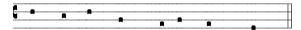
Send forth your strength, O God,



Establish what you have wrought in us.



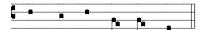
Uphold all those who fall



and raise up those who are bowed down.



Open the eyes of the blind



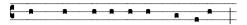
and set the prisoners free.



Sustain the orphan and wi-dow



And give food to those who hunger.



Grant them the joy of your help again



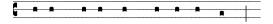
And sustain them with your Spi - rit.



O Lord, judge the peoples



And take all na-tions for your own.



As our Saviour taught us, so we pray:



Collect of the Day

(Hymn)

Doxology



To the only God, * immortal, invi-si-ble, be glo-ry in the church



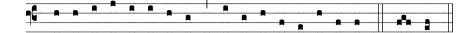
and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

FRIDAY Week 3

HYMN





O God who make the human race
To bear the image of your face,
And cause each beast and creeping thing
From womb of mother earth to spring.

Who ask that man and woman share Your holy task to rule and care, And ev'ry creature, great and small, Obey your word and live your law.

Grant us, your children, born above
To fix our gaze upon your love,
And guard us from the serpent's charm
That seeks to do us mortal harm.

Renew in us the gifts of grace
That mark the second Adam's race,
And turn our bitter bonds of strife
To partnership of peace and life.

O Father, this we ask be done Through Jesus Christ, your only Son, Whom in the Spirit we adore: One God who reigns forevermore.

Plasmator hominis

tr. by Keith McClellan, OSB © 1994 Saint Meinrad Archabbey In tua iustitia VIIIg

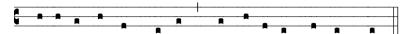


De-liv- er me, Lord my God * free me in your righteousness.

- In you, O Lord, have I taken refûge; let me néver be pút to shame; * deliver me ín your ríghteousness.
- 2 Incline your éar to me; * make háste to deliver me.
- Be my strong rock, a castle to keep mê safe, † for you are my crág and my strónghold; * for the sake of your name, léad me and gúide me.
- Take me out of the net that they have séc<u>re</u>tly sét for me, * for you are my tower of strength.
- Into your hands I comménd my spírit, *
 for you have redeemed me, O Lórd, O Gód of truth.
- 6 I hate those who cling to worthless idols, * and put my trust in the Lord.
- 7 I will rejoice and be glad because of your mércy; * for you have seen my affliction; you know mý distress.
- You have not shut me up in the power of the enemy; * you have set my feet in an open place.
- 9 Have mercy on me, O Lord, for I ám in tróuble; * my eye is consumed with sorrow, and also my thróat and my bélly.
- For my life is wasted with grief, and my yéars with síghing; * my strength fails me because of affliction, and my bónes are cónsumed.
- I have become a reproach to all my enemies and even to my neighbôurs, † a dismay to those of mý acquáintance; * when they see me in the stréet they avóid me.

- 12 I am forgotten like a déad man out of mind; *
 I am as useless ás a broken pot.
- 13 For I have heard the whispering of the crowd; féar is áll around; * they put their heads together against me; they plót to táke my life.
- 14 But as for me, I have trús<u>ted</u> in yóu, O Lord. * I have <u>said</u>, 'Yóu are mý God.
- 'My times are in your hand; * † rescue me from the hánd of my énemies, and from those who pérsecúte me.
- 'Make your face to shine upon your servant, * and in your loving-kindness save me.'
- 17 Lord, let me not be ashamed for having called upon you; * rather, let the wicked be put to shame; let them be silent in the grave.
- 18 Let the lying lips be silenced which speak against the righteous, * haughtily, disdainfullý and with contempt.
- 19 How great is your goodness, Ô Lord, † which you have laid up for those who féar you; * which you have done in the sight of all for those who pút their trúst in you.
- You hide them in the covert of your presence from those who slánder them; * you keep them in your shelter from the strife of tongues.
- 21 Bléssèd bé the Lord! * for he has shown me the wonders of his love in a besíëged cíty.
- 22 Yet I said in my alarm,
 - "I have been cut off from the sight of your eyes." * †
 Nevertheless, you heard the sound of my entréaty
 when I cried out to you.

- 23 Love the Lord, all you who worship him; * the Lord protects the faithful, but repays to the full those who act haughtily.
- 24 Be strong and let your héart take courage, * all you who wait for the Lord.



De-liv- er me, Lord my God, free me in your righteousness.

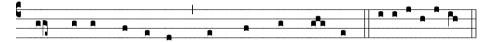
Lord Jesus Christ, in our pilgrimage through this life, rescue us from evil, and make your face to shine on us, for you are our Lord and our God. Amen

Psalm 32 Beati quorum Laetamini

IIIa



Be glad and re -joice in the Lord; * sing out your praise you right-eous;



all who are true of heart, come now shout for joy.

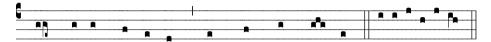
- Happy are they whose transgressions are forgiven, * and whose sin is put away!
- 2 Happy are they to whom the Lórd impútes no guilt, * and in whose spi<u>rit</u> thére is nó guile!
- While I held my tongue, my bones withered away, * † because of my gróaning all day long.
- For your hand was heavy upon me day and night; * my moisture was dried up as in the héat of súmmer.
- 5 Then I acknów<u>ledg</u>ed my sín to you, * and did nót concéal my guilt.
- 6 I said, 'I will confess my transgréssions tó the Lord': * then you forgave me the guilt of mý sin;
- 7 Therefore all the faithful will make their prayers to you in time of trouble; * when the great waters overflow, they shall not reach them.
- 8 You are my hidîng-place; †
 you presérve me from trouble; *
 you surround me with shouts of delíverance.
- 9 'I will instruct you and teach you in the way that you should go; *

I will gúide you with my eye.

- 'Do not be like horse or mule, which have no understanding; * † who must be fitted with bit and bridle, or else they will not stay néar you.'
- II Great are the tribulations of the wicked; * but mercy embraces those who trust in the Lord.
- Be glad, you righteous, and rejóice in the Lord; * shout for joy, áll who are trúe of heart.



Be glad and re-joice in the Lord; sing out your praise you right-eous;



all who are true of heart, come now shout for joy.

Have mercy on your prodigal children, O God, and teach us to acknowledge our sinfulness, so that in repentance we may come to know your forgiveness which is the fulfilment of our life in your Son, Jesus Christ our Lord. Amen.

Proprio

VIIc transb.



- I God works for good in everything with those who love him * who are called according to his purpose.
- For those whom hé foreknew * he also predestined to be conformed to the image of his Son.
- 3 And those whom he predéstined he álso called * and those whom he called he álso jústified.
- 4 And to those whom he justified * he has also given his splendour.
- 5 If Gód is ón our side * who can ever bé agáinst us?
- 6 He who did not spare his own Son, but gave him úp fór us all, * will he not also with him freely gíve us áll things?
- 7 It is Gód who jústifies; *
 who then can éver condémn us?
- For it is Christ Jesus who died and was r\u00e1ised fr\u00f6m the dead * who is at God's right h\u00e1nd to pl\u00e9ad our cause.
- 9 What can separate us from the love of Christ? *
 Can persecution, or hunger, can peril or the sword?
- No, in all these things we are more than conquerors, * through him who loved us, even Jésus Christ our Lord.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Deposuit potentes

lf



lift-ed up the lowly ones all Christ-loving people.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

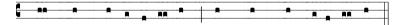
I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

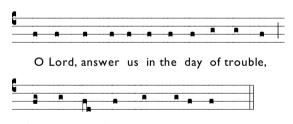
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

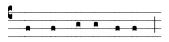




Christ, have mercy upon us; Lord, have mer-cy upon us.



Send us help from your holy place.



Show us the path of life,



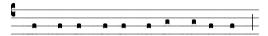
For in your pre-sence is joy.



Give justice to the orphan and oppressed



And break the power of wickedness and e - vil.



Look u-pon the hungry and sorrowful



And grant them the help for which they long.



Let the heavens re - joice and the earth be glad;



May your glory endure for e-ver.



Your kingship has do-mi - nion over all



And with you is our re-demption.



As our Saviour taught us, so we pray:



power and the glo-ry are yours, now and for e-ver. A-men.

but de-li- ver us from e-vil. For the king-dom, the

Collect of the Day

(Hymn)

Doxology



To the only $\operatorname{\mathsf{God}}$, * immortal, invi-si-ble, be glo-ry in the church



and in Christ Je-sus, for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

SATURDAY Week 3

HYMN



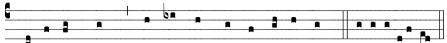
- Lord God, source and fount of all life, which takes its being from your will; you never cease your loving care, the whole wide earth with gifts to fill.
- When all creation was complete you took your rest and blessed that day, that from our labour we might cease, and rise in grace upon the way.
- Assist us, sinful mortals, Lord, to turn aside from evil's lure; may we have strength to stand anew and seek for joys that will endure.
- When Christ the judge of all appears to weigh the present and the past, may we, his faithful ones, rejoice, filled with his gift of peace at last.
- To Father, and to Christ the Son,and Holy Spirit, glory be.All praise to you, blest Three in One,both now and in eternity.

Rerum, Deus fons omnium tr CR

Saturday Week 3 / 215

T þer.

Nos qui vivimus



In life and death * we will bless the Lord e-vermore.

I Hallelujâh!

When Israel **came** out of Égypt, *
the house of Jacob from a péople of stránge speech,

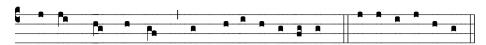
- Judah becáme God's sánctuary * and Israel hís domínion.
- 3 The sea behéld it ánd fled; * Jordan túrned and wént back.
- The mountains skipped like rams, * and the little hills like young sheep.
- 5 What ailed you, O séa, that you fled? *
 O Jordan, thát you túrned back?
- 6 You mountains, that you skipped like rams? * you little hills like young sheep?
- 7 Tremble, O earth, at **the** présence óf the Lord, * at the presence of the Gód of Jácob,
- 8 Who turned the hard rock into a pool of water * and flint-stone into a flowing spring.

All creation trembles before you, O God, for you have plumbed the deep waters of death and have brought us forth new-born into your sanctuary: may your presence go before us to guide us into your kingdom; through Jesus Christ our Lord. Amen.

Nomini tuo

VIIIg

T per.



To your Name, O Lord, * give glo-ry; to you a- lone.

Deus autem



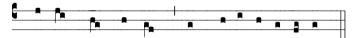
Our God and our Lord is in hea-ven, * what-e-ver he wills to accomplish,



Not to us, O Lord, not tô us, but to your name give glóry; * because of your love and because of your faithfulness.

- Why should the héathen say, 'Where then is their God?'
- 3 Our God is in heavên; * † whatever he wills to dó he does.
- 4 Their idols are silver and gold, * the work of húman hands.
- 5 They have mouths, bút they cánnot speak; * eyes have they, bút they cánnot see;
- 6 They have ears, bút they cánnot hear; * noses, bút they cánnot smell;
- 7 They have hands, but they cannot feel; **feet**, bút they cánnot walk; * they make <u>no</u> sóund with théir throat.
- 8 Those who máke them are líke them, * and so are all who pút their trúst in them.

- 9 O Israel, trust in the Lord; * he is their hélp and théir shield.
- O house of Aaron, trust in the Lord; * he is their hélp and théir shield.
- You who fear the Lord, trúst in the Lord; * he is their hélp and théir shield.
- 12 The Lord has been mindful of us **and** hé will bléss us; *
 he will bless the house of Israel;
 he will bless the house of Áaron;
- 13 He will bless those who féar the Lord, * both small and gréat togéther.
- 14 May the Lord increase you more and more, * you and your children after you.
- 15 May you be blessed by the Lord, * the máker of héaven and earth.
- 16 The heaven of héavens is the Lord's, * but he entrusted the earth to its péoples.
- 17 The **dead** dó not práise the Lord, * nor all those who go dówn <u>into</u> sílence;
- 18 But wé will bléss the Lord, * from this time forth for évermore. Hállelújah!



To your Name, O Lord, give glo-ry; to you a- lone.



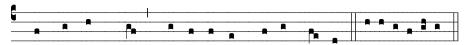
Our God and our Lord is in hea-

ven, what-e-ver he wills to accomplish,



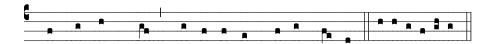
O Lord of life, who made us in your image and taught us to offer ourselves to you as a living sacrifice: fill us with your life-giving Spirit that in the renewal of our minds we may be dead to sin and live to you in Jesus Christ our Lord. Amen.

Psalm 116 Dilexi, quoniam Inclinavit



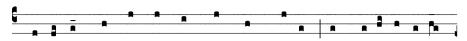
God has heard me; * he has inclined his ear to me.

- I love the Lord, because he has heard the voice of my súpplicátion, * because he has inclined his ear to me whenever I cálled upón him.
- The cords of death entangled me; the grip of the gráve took hóld of me; * I came to gríef and sórrow.
- Then I called upon the name of the Lord: *
 'O Lord, I práy you, sáve my life.'
- 4 Gracious is the Lord and righteous; * our God is full of compassion.
- The Lord watches óver the innocent; *I was brought very lów and he hélped me.
- 6 Turn again to your rést, Ó my soul, * for the Lord has tréated you well.
- 7 For you have rescued my life from death, * †
 my eyes from tears and my feet from stumbling.
- 8 I will walk in the presence of the Lord * in the land of the living.
- 9 I believed, even when I said, 'I have been brought verŷ low.' * †
 In my distress I said, 'No one cán be trústed.'
- 10 How shall I repay the Lord * for all the good things hé has done for me?
- I will lift up the cúp of salvátion * and call upon the náme of thé Lord.
- 12 I will fulfil my vows to the Lord * in the presence of all his péople.
- 13 Precious in the sight of the Lord * is the déath of his sérvants.
- O Lord, I am your servânt; * †
 I am your servant and the chíld of your hándmaid;
 you have fréed me fróm my bonds.
- 15 I will offer you the sacrifice of thanksgiving * and call upon the name of the Lord.
- 16 I will fulfil my vows to the Lord * in the presence of all his péople.
- 17 In the courts of the Lord's house, * in the midst of you, Ó Jerúsalem. Hállelújah!



God has heard me; he has inclined his ear to me.

Faithful God, rescue us from our faithlessness that we may fulfil our vows to you and ever call on your holy Name. Amen. Nonne sic VIIIg



Was it not * needful that the Christ should suffer, and so enter into



his glo-ry? Al-le-lu - ia. (In Lent:) said the Lord.

- Christ Jesus was in the form of God * but he did not cling to equality with God.
- 2 He emptied himself, taking the form of a sérvant, * and was born in the líkeness of men;
- 3 and being found in húman form *
 <u>he</u> húmbled hímself:
- 4 and became obédient únto death * even déath on á cross.
- 5 Therefore God has highly exalted him * and bestowed on him the name above every name.
- 6 That at the name of Jesus évery knée should bow * in heaven and on earth <u>and</u> únder thé earth.
- 7 And every tongue confess that Jésus Chríst is Lord * to the glory of Gód the Fáther.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Litany

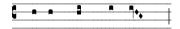




Collect of the Day

(Hymn)

Blessing



Let us bless the Lord.



Thanks be to God.

SUNDAY Week 4

HYMN

VIII



- O Christ the Church's glorious Head, we praise you, first-born from the dead, the image of our God brought low that we divinity might know.
- Through you and for you, at God's word, the formless depths to life were stirred; all things in heaven and on earth, all sovereignties have come to birth.
- In you God's fulness came to dwell, that love might Satan's hold repel, and by your death upon the tree you loosed us from captivity.
- To God the Father, God the Son, and God the Spirit, Three in One, to you, O blessed Trinity, be praise in all eternity.

CSMV Wantage, altd.

Quoniam



His mercy * is e-ternal, and his great love is for e-ver.

- I Give thanks to the Lórd, for hé is good, * for his mercy endúres for éver.
- 2 Give thánks to the Gód of gods, * for his mercy endúres for éver.
- 3 Give thánks to the Lórd of lords,* for his mercy endúres for éver.
- 4 Who only does great wonders, * for his mercy endures for ever.
- 5 Who by his wisdom made the héavens, * for his mercy endúres for éver.
- 6 Who spread out the earth upon the waters, * for his mercy endures for ever.
- 7 Who created great lights, * for his mercy endures for ever.
- 8 The sún to rúle the day, * for his mercy endúres for éver.
- 9 The moon and the stars to góvérn the night, * for his mercy endúres for éver.
- 10 Who struck down the first-born of Égypt, * for his mercy endúres for éver.
- 11 And brought out Israel from among them, * for his mercy endures for ever.
- With a mighty hánd and a strétched-out arm, * for his mercy endúres for éver.
- Who divided the Réd Séa in two, * for his mercy endúres for éver.

- 14 And made Israel to pass through the midst of it, * for his mercy endures for ever.
- 15 But swept Pharaoh and his army into the Réd Sea, * for his mercy endures for éver.
- 16 Who led his people through the wilderness, * for his mercy endures for ever.
- 17 Who strúck down gréat kings, * for his mercy endúres for éver.
- 18 And sléw mighty kings, * for his mercy endúres for éver.
- 19 Sihon, kíng of the Ámorites, * for his mercy endúres for éver.
- 20 And Og, the king of Báshan, * for his mercy endúres for éver.
- 21 And gave away their lands for an inhéritance, * for his mercy endúres for éver.
- 22 An inheritance for Israél his sérvant, * for his mercy endúres for éver.
- Who remembered us in our low estate, * for his mercy endures for ever.
- 24 And delivered us from our énemies, * for his mercy endures for éver.
- 25 Who gives food to all créatures, * for his mercy endúres for éver.
- 26 Give thanks to the Gód of héaven, * for his mercy endúres for éver.



His mercy is e-ternal, and his great love is for e-ver.

Remember us, Lord, as you have in ages past.
You made the world and the human race;
you shaped its history, correcting your people with judgement yet with love.
Your mercy endures for ever
and we give you thanks, for you alone are good.
Blessèd be God for ever! Amen.

Psalm 138 Confitebor tibi
Confitebor

Va



In the pre-sence * of the angels, I will sing your praise my God.



- I will give thanks to you, O Lórd, with my whóle heart; * before the gods Í will síng your praise.
- I will bow down towards your holy témple and práise your name, * because of your lóve and fáithfulness;
- For you have glorified your name * and your word above all things.
- 4 When I called, you answered me; * you increased my stréngth within me.
- 5 All the kings of the earth will praise you, O Lord, * when they have heard the words of your mouth.
- 6 They will sing of the ways of the Lord, * that great is the glory of the Lord. †
- 7 Though the Lord be high, he cáres for the lówly; * he perceives the háughty fróm afar.
- Though I walk in the midst of trouble, you keep me safe; * † you stretch forth your hand against the fury of my enemies; your right hand shall save me.
- 9 The Lord will make good his purpose fôr me; * † O Lord, your love endúres for éver; * do not abandon the wórks of your hands.



In the pre-sence of the angels, I will sing your praise my God.

Lord our God, supreme over all things, we ask you to look upon the humble and lowly, to put new strength into our souls, and to complete your purpose for us, CANTICLE

Revn: 15:3,4; 5:13

Omnes gentes



All the peo-ples * whom you, O Lord, have made, shall come in



a-dor-a-tion before you, Lord our God.

- I Great and wonderful are your deeds, Lord God the Almighty * just and true are your ways, O King of the nations.
- Who shall not revere and práise your náme, O Lord * for you alóne are hóly.
- 3 All nations shall come and worship in your présence * for your just déalings have béen revealed.
- 4 To him who sits on the throne and to the Lamb * be praise and honour, glory and might for éver and éver.

READING

THE GOSPEL CANTICLE

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Solemn Intonations



My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

IV*

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

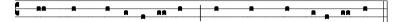
He has filled the **húng**ry with góod things, * and the rich he has sént <u>a</u>way émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.



Lord, have mercy upon us.



Christ, have mercy upon us; Lord, have mer-cy upon us.



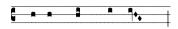


Sunday Week 4 / 233

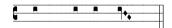
Collect of the Day

(Hymn)

Blessing



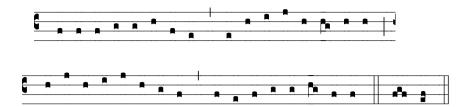
Let us bless the Lord.



Thanks be to God.

HYMN

11



- Lord Jesus Christ, abide with us, now that the sun has run its course; let hope be not obscured by night, but may faith's darkness be as light.
- 2 Lord Jesus Christ, grant us your peace, and when the trials of earth shall cease; grant us the morning light of grace, the radiant splendour of your face.
- Immortal, Holy, Threefold Light, yours be the kingdom, power, and might; all glory be eternally to you, life-giving Trinity.

Ach, bleib bei uns (1579) paraphrase St Joseph's Abbey 1967, altd. Domine IIIg



It is you, Lord, * who know me and you who search me out.



- Lord, you have searched me out and known me; * you know my sitting down and my rising up; you discern my thoughts from afar.
- 2 You trace my journeys and my résting-pláces * and are acquáinted with áll my ways.
- Indeed, there is not a word on my lips, * but you, O Lord, know it áltogéther.
- 4 You press upon me behind ánd before * and lay your hánd upón me.
- 5 Such knowledge is too wonderful for me; * it is so high that I cannot attain to it.
- Where can I go then from your Spirit? * where can I flee from your presence?
- 7 If I climb up to héaven, you are there; *
 if I make the grave my bed, you are there álso.
- 8 If I take the wings of the morning * and dwell in the uttermost parts of the sea,
- 9 Even there your hánd will léad me * and your ríght hand hóld me fast.
- 10 If I say, 'Surely the dárkness will cover me' * and the light around me túrn to night',
- 11 Darkness is not dark tô you; † the night is as bríght ás the day; * darkness and light to you are both alike.
- For you yourself created my inmost parts; * you knit me together in my mother's womb.
- 13 I will thank you because I am márvellóusly made; * your works are wonder<u>ful</u> ánd I knów it well.
- 14 My body was not hídden fróm you, *
 while I was being made in secret
 and woven in the dépths of thé earth.
- 15 Yours eyes beheld my limbs, yet unfinished in thê womb; † all of them were wrítten in your book; * they were fashioned day by day, when as yet thére was nóne of them.
- 16 How deep I find your thoughts, O God! * how great is the sum of them!

- 17 If I were to count them, they would be more in númber thán the sand; * to count them all, my life span would néed to bé like yours.
- O that you would slay the wicked, Ó God! * You that thirst for blood, depart from me.
- 19 They speak despitefullý agáinst you; * your enemies táke your náme in vain.
- 20 Do I not hate those, O Lórd, who háte you? * and do I not loathe those who rise úp agáinst you?
- 21 I hate them with a pérfect hátred; * they have becôme my own énemies.
- 22 Search me out, O Gód, and knów my heart; * try me and knów my réstless thoughts.
- 23 Look well whether there be any wickedness in me * and lead me in the way that is éverlásting.



It is you, Lord, who know me and you who search me out.

Lord, who created and fashioned us, who knows us and searches us out, who abides with us through light and dark: help us to know your presence in this life and, in the life to come, still to be with you; where you are alive and reign, God, for ever and ever. Amen

Psalm 141 Domine, clamavi

VIIIg



- O Lord * I call un-to you: O hear me, Lord
- O Lord, I call to you; cóme to me quickly; * hear my voice whén I crý to you.
- 2 Let my prayer be set forth in your sight as incense, * the lifting up of my hands as the évening sácrifice.
- 3 Set a watch before my mouth, O Lord, and guard the door of my lips; * let not my heart incline to any évil thing.
- 4 Let me not be occupied in wickedness with évildóers, * nor éat of théir choice foods.
- 5 Let the righteous smite me in friendly rêbuke; † let not the oil of the unrighteous anoint my head; * for my prayer is continually against their wicked deeds.
- 6 Let their rulers be overthrown in stóny pláces, * that they may knów my wórds are true.
- 7 As when a plough turns over the éarth in fúrrows, * let their bones be scattered at <u>the</u> mouth of the grave.

- 8 But my eyes are túrned to yóu, Lord God; * in you I take refuge; do not stríp me óf my life.
- 9 Protect me from the snare which they have laid for me * and from the traps of the evildoers.
- 10 Let the wicked fall into their own nets, * while I myself escape.

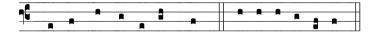
Lord God, our protector and guide, who made us knowing both good and evil: receive our prayer and, by your wisdom, help us to discern and desire all that is good, that the offering of our lives may be acceptable to you; through Jesus Christ who suffered the darkness of torment and trial and now is alive and reigns with you and the Holy Spirit, for ever and ever. Amen.

Canticle Titus 3:4-7

luste et pie vivamus



So let us live up-right and godly, * a-wait -ing our bless-ed hope,



the ap-pear-ing of our Lord.

- When the kindness and generosity of God our Saviour dáwned upón the world, * then, not for any good déeds of our own.
- but because he was mercîful, † he saved us by the washing of regénerátion * and the renewing power of the Hóly Spírit.
- For he sent down the Spirit upón us ríchly * through Jesus Christ our Sáviour.
- 4 so that, jústified bý his grace, *
 we might in hope become héirs to etérnal life.

READING

IId

The Song of Mary

Magnificat anima mea Dominum

Luke 1: 46-55

Magnificet te semper

ΙVe



May my soul e-ver pro- claim * your greatness, O my Lord and God.



My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíld<u>re</u>n for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to our Lord Jesus Christ,

whose will it is to draw all people to himself:



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.



You have freed us from the slavery of sin: help your Church to proclaim the Gospel of salvation.

Strengthen our Bishop N. and all the shepherds of your church that they may serve you with **pure** devotion.

Fill with your Holy Spirit all who bear responsibility in religious communities, and bless those who serve us.

Grant that all who seek after truth may find you, and may never cease from striving for your truth.

Be near to all widows and orphans, and all who have been abandoned; may they know your presence.

Remember those who have waited for you in hope and welcome them into your heavenly kingdom.

Our Father

Collect

(Hymn)

Doxology



To the only God, * immortal, invi-si-ble, be glo-ry in the church



and in Christ Je-sus, $\,$ for e-ver and e-ver. Amen.

(Cf I Tim 1:17 & Eph 3:21)

HYMN



- O blest Creator, God most high great Ruler of the star-filled sky, you clothe the day with radiant light and fold in soft repose the night.
- We thank you for the day now gone; we pray you while the night draws on: help us, poor sinners, as we raise our evening offering of praise.
- To you our hearts their music bring, to you our gathered voices sing; to you our hearts' deep longings soar, and you our chastened souls adore.
- 4 So when the deepening shades prevail, and night o'er day has drawn her veil; faith may no threatening darkness know, but night with faith's own radiance glow.
- O Christ, the Father's only Son, and Spirit of them both, but One; God over all, whom all obey, shield us, great Trinity, we pray.

Deus creator omnium (?Ambrose) tr J D Chambers, 1854 altd.

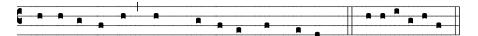


- O lis-ten to me * come quickly and hear me Lord.
- Hear my prayer, Ô God; * † do not hide yourself from mý petítion.
- 2 Listen to me and answer me; *

 I have no peace, because of mý cares.
- 3 I am shaken by the noise of the enemy * and by the pressure of the wicked;
- For they have cast an evil spéll upón me * and are set agáinst me in fúry.
- My heart quakes within me, * and the terrors of death have fallen upon me.
- 6 Fear and trembling have come over me, * and horror overwhelms me.
- 7 And I said, 'O that I had wings like a dove! *
 I would fly away and be at rest.
- 8 'I would flée <u>to</u> a fár-off place * and make my lodging in the wilderness.
- 9 'I would hásten tó escape * from the stormy wind and témpest.'
- 10 Swallow them up, O Lórd; confóund their speech; * for I have seen violence and strífe in the cíty.
- Day and night the watch make their rounds upon her walls, * but trouble and misery are in the midst of her.
- 12 There is corrúption át her heart; * her streets are never free of oppréssion ánd deceit.
- 13 For had it been an adversary who taunted me, then I could have borne it; * or had it been an enemy who vaunted himself against me, then I could have hidden from him.
- But it was you, a man áf<u>ter</u> my ówn heart, * my companion, my ówn famíliar friend.
- 15 We took sweet cóunsel togéther, * and walked with the throng in the house of God.
- 16 Let death come upon them suddênly; † let them go down alíve intó the grave; * for wickedness is in their dwellings, ín their véry midst.
- 17 But I will cáll upón God, *

and the Lórd will delíver me.

- In the evening, in the morning and at noonday I will compláin ánd lament, * and hé will héar my voice.
- 19 He will bring me safely back from the battle waged against me; * for there are many who fight me.
- 20 God, who is enthroned of old, will héar me and bring them down; * they never change, they do not fear God.
- 21 My companion stretched forth his hand against his cómrade; * he has bróken his cóvenant.
- 22 His speech is softer than butter, * but wár is ín his heart.
- 23 His words are smoother than <u>oil</u>, * bút they áre drawn swords.
- 24 Cast your burden upon the Lord and hé will sustáin you; * he will never let the ríghteous stúmble.
- 25 For you will bring the bloodthirsty and deceitful * down to the pit of destruction, O God.
- 26 They shall not live out half their days, * but I will put my trust in you.



O lis-ten to me come quickly and hear me Lord.

To you we come, O Lord, from the noise of rebellion, from the violence of the city, from deceit and treachery, to hear your voice and to seek your sustaining care in Jesus Christ our Lord. Amen.

Psalm 56 Miserere mei, Deus

In Deo speravi

If



In God have I trusted, * I will not fear: for what can flesh do to me?



- I Have mercy on me, O God, for my enemíes are hóunding me; * all day long they assáult and oppréss me.
- They hound me all the day long; * truly there are many who fight against me, Ó Most High.
- 3 Whenéver I ám afraid, * I will pút my trúst in you.
- In God, whose word I praise, in God I trust and will not bé afraid, * for what <u>can</u> flésh do tó me?
- 5 All day long they dámage mý cause; * their only thought is to dó me évil.
- They band togéth<u>er</u>; they lie in wait *
 they spy upon my footsteps; because they séek my life.
- Shall they escape despite their wickedness? *
 O God, in your anger, <u>cast</u> down the péoples.
- You have noted my lamentation; † put my tears into your bottle; * are they not recorded in your book?

- 9 Whenever I call upon you, my enemies will be put to flight; * this I know, for God is on my side.
- In God the Lord, whose word I praise, in God I trust and will not bé afraid, * for what can mórtals dó to me?
- I am bound by the vow I máde to yóu, O God; *
 I will present to yóu thank-ófferings;
- 12 For you have rescued my soul from death
 and my féet from stúmbling, *
 that I may walk before God in the líght of the líving.



In God have I trusted, I will not fear: for what can flesh do to me?

Faithful God, your deliverance is near at hand: keep us from fear and help us to find courage and joy in your word; through Jesus Christ our Lord. Amen. Beati mundo corde



Blessed are the pure in heart, * for they shall see God.

- Blessed are the póor in spírit * for theirs is the kíngdom of héaven.
- Bléssed are those who mourn, * for they shall be comforted.
- 3 Bléssed áre the meek, * for they shall inhérit thé earth.
- 4 Blessed are those who hunger and thirst for righteousness, * for they shall be satisfied.
- 5 Blessed are the merciful, * for they shall obtain mercy.
- 6 Blessed are the pure in heart, * for they shall see God.
- 7 Blessed are the péacemakers, * for they shall be <u>called</u> children of God.
- 8 Blessed are those who are persecuted on account of righteousness, * for theirs is the kingdom of héaven.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

Magnificat

VIIIg



My soul pro-claims * the greatness of the mighty Lord, for he has looked



with fa - vour, on me his lowly servant.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: * the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to our Lord Jesus Christ,

for he is the strength of his people.



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.

OR



May all whom you have called to faith hold fast to their first love that they may remain in your truth.

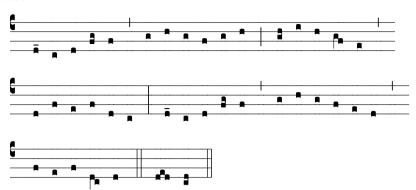
May faith grow and spread abroad: send workers, we pray, into your harvest.

Bless all engaged in pastoral work; be their inspiration and their strength.

Guide the deeds of all those with the responsibilities of government that they may safeguard peace and justice.
Have mercy on the poor and hungry, and show us how we may help them.
When you wake the dead on the last day, raise those whom you have chosen to eternal life.
Our Father
Collect
(Hymn)
Doxology

WEDNESDAY Week 4

HYMN



- I Christ, mighty Saviour, Light of all creation, you make the day-time, radiant with the sunlight and to the night give glittering adornment, stars in the heavens.
- Now comes the day's end as the sun is setting: mirror of daybreak, pledge of resurrection; while in the heavens choirs of stars appearing, hallow the nightfall.
- Therefore we come our evening prayer to offer, joyfully chanting holy hymns to praise you, with all creation joining hearts and voices singing your glory.
- Though bodies slumber, hearts shall keep their vigil, for ever resting in the peace of Jesus, in light or darkness worshipping our Saviour, now and for ever.

Christe, lux mundi (Mozarabic 10 C) tr Alan G McDougall (1895-1964) rev Anne K LeCroy (b 1930) Exsurge, Domine IId

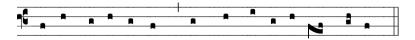


Awake, a-rise, O Lord, * and be swift to de-fend my cause.

- Fight those who fight mé, O Lord; * attack those who áre attácking me.
- Take up shield and armour * and rise up to help me
- 3 Draw the sword and bar the way against those who pursue me; * say to my soul, 'I am your salvation.'
- 4 Let those who seek after my life be shamed and humbled; * let those who plot my ruin fall back and be dismayed.
- 5 Let them be like chaff before the wind, * and let the angel of the Lord drive them away.
- 6 Let their way be dárk and slíppery. * and let the angel of the Lórd pursúe them.
- 7 For they have secretly spread a net for mé without a cause; * without a cause they have dug a pit to take me alive.
- 8 Let ruin come upón them únawares; * let them be caught in the net they hid; let them fall ínto the pít they dug.
- 9 Then I will be jóyful ín the Lord; * I will glory ín his víctory.
- My very bones will say, 'Lord who is like yôu? * †
 You deliver the poor from those who áre too stróng for them, the poor and needy from thóse who rób them.'
- 11 Malicious witnesses rise úp agáinst me; * they charge me with matters I know nóthing ábout.
- 12 They pay me evil in exchange for good; * my soul is full of déspair.
- But when they were sick I dréssed in sáck-cloth * and humbled mysélf by fásting;
- I prayed with my whole heart, as one would for a friend or a brother; *
 I behaved like one who mourns for his mother,
 bowed dówn and grieving.
- But when I stumbled, they were glad and gathered together; † they gáthered agáinst me; * strangers whom I did not know tore me to píeces and wóuld not stop.

- 16 They put me to the test and mocked me; * they gnashed at me with their teeth.
- O Lord, how lóng will you look on? * rescue me from the roaring beasts, and my life fróm the young líons.
- 18 I will give you thanks in the great congregation; *
 I will praise you in the mighty throng.
- 19 Do not let my treacherous foes rejóice óver me, * nor let those who hate me without a cause wínk at each óther.
- 20 For they dó not plán for peace, *
 but invent deceitful schemes against the quiet in the land.
- They opened their mouths at me and said, * 'Aha! We saw it with our own eyes.'
- You saw it, O Lord; do not be silênt; * †
 O Lord, bé not fár from me.
- 23 Awake, arise to my cause! * to my defence, my Gód and mý Lord!
- 24 Give me justice, O Lord my God, according tó your ríghteousness; * do not let them tríumph óver me.
- Do not let them say in their hearts,'Ahá! just whát we want!' *Do not let them say, 'We have swállowed hím up.'
- Let all who rejoice at my ruin be ashamed and disgraced; *

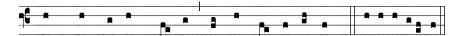
 let those who boast against me be clothed with dismay and shame.
- 27 Let those who favour my cause sing out with jóy ánd be glad; * let them say always, 'Great is the Lord, who desires the prosperity of his sérvant.'
- 28 And my tongue shall be talking of your righteousness * and of your praise all the day long.



Awake, a-rise, O Lord, and be swift to de-fend my cause.

Free us from all oppression, O God and bring justice to the nations, that all may rejoice to name you as King of kings and Lord of Lords, now and for ever. Amen.

Domine, in caelo IId



Lord, your lo-ving mer-cy * reaches to the heavens.

There is a voice of rebellion deep in the héart of the wicked; * there is no fear of Gód befóre their eyes.

- They flatter themsélves in their ówn eyes * that their hateful sin will nót be fóund out.
- The words of their mouths are wicked and deceitful; * they have left off acting wisely and doing good.
- They think up wickedness upon their beds and have set themselves in no good way; *
 they do not abhor that which is evil.
- 5 Your love, O Lord, reaches tó the héavens, * and your fáithfulness tó the clouds.
- Your righteousness is like the strong mountâins, † your justice líke the gréat deep; * you save both mán and béast, O Lord.
- 7 How priceless is your love, O God! * your people take refuge under the shadow of your wings.
- They feast upon the abundance of your house; * you give them drink from the river of your delights.
- 9 For with you is the well of life. * and in your light we see light.
- 10 Continue your loving-kindness to those who know you' * and your favour to those who are true of heart.
- 11 Let not the foot of the proud come near me, * nor the hand of the wicked push me aside.
- 12 See how they are fallen, those who work wickedness! *
 they are cast down and shall not be able to rise.



Lord, your lo-ving mer-cy reaches to the heavens.

O God, the fountain and source of everlasting life, in your light we see light: increase in us the brightness of knowledge that we may be lightened with the radiance of your wisdom; through Jesus Christ our Lord. Amen.

Scio cui credidi



I know whom I have be - lieved, * and I am sure that the righteous



judge is able to guard until that Day, what has been entrusted to me.



- I There is one God, and there is one mediator between Gód and man, * Christ Jésus, himsélf man,
- who sacrificed himself to win fréedom for all mankind, *
 the testimony to which was borne at the proper time.
- 3 He was manifésted in the flesh, * vindicated in the Spirit,
- 4 seen by angels, preached among the nations, * believed on in the world, taken up in glory.
- 5 This will be made manifest at the proper time * by the blessed and only Sovereign, the King of kings and Lord of lords,
- 6 who alone has immortality and dwells in unapproachable light, †
 whom no one has ever séen or cán see. *
 To him be honour and eternal domínion. Ámen.

READING

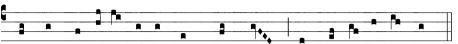
THE GOSPEL CANTICLE

The Song of Mary

Magnificat anima mea Dominum

Luke 1: 46-55

Fecit VIIIg



For me, * the Almighty has done great things, and ho -ly is his name.



My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: * the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of his arm, * he has scattered the proud in their conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húng**ry with góod things, * and the rich he has sént away émpty.

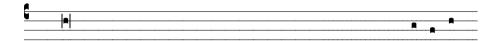
He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

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On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to God, the almighty Father, whose goodness never fails:



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.

OR



Lord God, keep watch over our Community, College and neighbourhood - protect from all harm those who live and work *in* this place.

May your care be over all children and young people - may they grow in faith and in the life of the Spirit.

Have mercy on all those in sickness and be close to those in old age **and** infirmity.

Bless the fruits of the earth - and grant sustenance to **all** who hunger.

Let the light of your face shine on those who have died in your friendship and grant them your peace.

Our Father

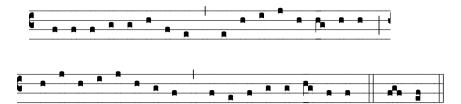
Collect

(Hymn)

Doxology

THURSDAY Week 4

HYMN



- Now lay aside the works of day, for dusk enfolds the fading light, and let us sing to God with joy our songs and praises, his by right.
- Throughout the common, daily round direct us in your ways, O Lord; may all who in your vineyard toil from you receive their great reward.
- Lord Jesus Christ, you summon us to press towards our recompense.
 Assist our labours, then grant rest when your great love shall call us hence.
- 4 O Christ, our King and gracious Lord, whom with the Father we adore, and Holy Spirit, Paraclete, one God, both now and evermore.

Horis peractis (?)
Tr. composite

II

Liberasti virgam VIIIg



You set free a people: * the tribe of your inher -i- tance.

- O God, why have you út<u>terly</u> cást us off? * why is your wrath so hot against the shéep of your pásture?
- Remember your congregation that you purchased long ago, * the tribe you redeemed to be your inheritance, and Mount Zion where you dwell.
- 3 Turn your steps towards the éndless rúins; * the enemy has laid waste everything in your sánctuary.
- 4 Your adversaries roared in your hóly place; * they set up their banners as tókens of víctory.
- 5 They were like men coming up with axes to a grove of trees; * they broke down all your carved work with hatchets and hammers.
- 6 They set fire to your holy place; * they defiled the dwelling place of your holy name and rázed it tó the ground.
- 7 They said to themselves, 'Let us destroy them altogether.' *
 They burned down all the meeting places of God in the land.
- There are no signs for us to see; there is no prophet left; * there is not one among us who knows how long.
- 9 How long, O God, will your adversarŷ scoff? * † will the enemy blaspheme your náme for éver?
- Why do you draw back your hand? *
 why is your right hand hidden in your bosom?
- Yet God is my kíng from áncient times, * victorious in the mídst of thé earth.
- You divided the sea by your might * † and shattered the heads of the dragons upon the waters;
- 13 You crushed the heads of Leviathan * and gave him to the people of the désert for food.
- 14 You split open spring and torrent; * you dried up ever-flowing rivers.
- 15 Yours is the day, yours also the night; * you established the moon and the sun.
- 16 You fixed all the boundaries of the earth; * you made both súmmer and winter.
- 17 Remember, O Lord, how the enemŷ scoffed, * †

how a foolish péople despísed your name.

- 18 Do not hand over the life of your dove to wild beasts; * never forget the lives of your poor.
- 19 Look upón your cóvenant; * the dark places of the earth are háunts of víolence.
- 20 Let not the oppressed turn away ashamed; * let the poor and néedy praise your name.
- 21 Arise, O God, maintain your cause; * †
 remember how fools revile you all day long.
- 22 Forget not the clamour of your adversaries, *
 the unending tumult of those who <u>rise</u> úp agáinst you.



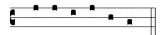
You set free a people: the tribe of your inher -i- tance.

Righteous God, holy Redeemer, renew your broken people with your Holy Spirit, give them a vision of the coming dawn and the courage to walk you narrow way, that they may be a sign of hope to the needy and proclaim the gracious name of Jesus Christ our Lord. Amen.

Et invocabimus VIIIg



Cal-ling u- pon your Name, * now we give you thanks, O Lord.



- We give you thanks, O Gód, we give you thanks, * calling upon your name and declaring all your wonderfúl deeds.
- 'I will appoint a time,' says God; *
 'I will júdge with équity.
- 3 'Though the earth and all its inhabitants are quaking, * I will make its pillars fast.
- 4 'I will say to the bóasters, "Bóast no more", * and to the wicked, "Dó not tóss your horns;
- 5 "Do not toss your horns so high, * nor spéak with a proud neck."
- For judgement is neither from the éast nor from the west, * nor yet from the wilderness or the mountains.
- 7 It is Gód who júdges; *
 he puts down one and lifts úp anóther.
- 8 For in the Lord's hand there is â cup, †
 full of spiced and foaming wine, which hé pours out, *
 and all the wicked of the earth shall drink and dráin the dregs.
- 9 But I will rejóice for éver; * I will sing praises to the Gód of Jácob.
- 10 He shall break off all the hórns of the wicked; * but the horns of the righteous shall bé exálted.

Judge of all the earth, restrain the ambitions of the proud and the turmoil of the nations; establish among us the reign of the Messiah, who drained for us the cup of judgement and is alive with you and the Holy Spirit, one God, for ever and ever. Amen

Canticle | 1 Peter 1:3,4,21

Hymnum dicamus VIIIg



Come, sing a new song * for God, our Lord most high.

- Praise be to the God and Father of our Lord Jesûs Christ, †
 who in his great mercy gave us a new birth into a living hope *
 by the resurrection of Jésus Christ from the dead.
- The inheritance to which we are born † is one that nothing can destroy or spóil or wither; * it is kept for you in héaven.
- And you, because you pút your fáith in God *
 are under the protection of his power untíl salvátion comes;
- 4 the salvation which is even now in readiness * and will be revealed at the end of time.
- God raised him up from the dead and gáve him glóry, * that your faith and hópe might bé in God.

READING

The Song of Mary Magnificat anima mea Dominum

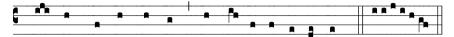
Luke 1: 46-55

Magnificemus

VIIa



Let us proclaim him * - Je -sus Christ, our Lord and King: he casts



down all the proud in heart, and lifts up all lowly souls.

My soul proclaims the greatness of the Lord, my spirit rejoices **in** Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: *
the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who féar him * in every géneration.

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On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to Christ, the light of the na -tions:



Lord, have mercy, Lord have mercy, Lord, have mer - - cy.



O Sun that knows no setting, lead all peoples into the fullness of the truth.

Sustain those who are committed to the care of the sick and the elderly. Grant them generosity and patience.

Lord, you inspire us to wonder at the mysteries of nature: direct the work of scientists and scholars that it may be for the benefit of all.

Have mercy on those who are burdened by guilt; give them new insight and a release <i>from</i> their troubles.
Teach us true humility and holy obedience that we may follow you with an undi vi ded heart.
You open and no-one can shut: open the door of eternal life to those who have responded to your call.
Our Father
Collect
(Hymn)
Doxology

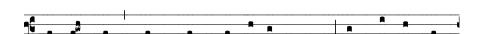
HYMN



- O Lord, you formed man from the earth and in your image gave him birth; with your own Spirit, life and breath, upholding him in life and death.
- When in the cool of day you came, commanding him the beasts to name; from sleeping Adam's open side you brought forth Eve to be his bride.
- The man and woman, flesh and bone, they both your very image own; and joined again, one flesh to be, they tell a future mystery.
- 4 From Christ the second Adam's side is born the Church, his cherished bride; to share Christ's toil, his joy and pain, in Paradise to share his reign.
- To God the Father, God the Son, and God the Spirit, ever One, all honour, praise and glory be, from age to age eternally.

Plasmator hominis Deus (7/8 C)
Paraphrase by Gethsemani Abbey, 1968 - adapted

Intende



O Lord God, * come quickly to my assis-tance: you, Lord are the



stronghold of my sal- va- tion.

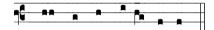
- O Lord, do not rebuke me in your anger; * do not punish me in your wrath.
- For your arrows have alréady pierced me, * and your hand presses hárd upón me.
- There is no health in my flesh, because of your indignation; * there is no soundness in my body, because of my sin.
- 4 For my iniquities óverwhélm me; * like a heavy burden they are too múch for mé to bear.
- 5 My wounds stink and féster * by reason of my foolishness.
- 6 I am utterly bowed dówn and próstrate; *
 I go about in mourning áll the dáy long.
- 7 My loins are filled with séaring pain; * there is no héalth in my bódy.
- 8 I am út<u>ter</u>ly númb and crushed; *
 I wail, because of the gróaning óf my heart.
- 9 O Lord, you knów all mý desires, * and my sighing is not hídden fróm you.
- My heart is pounding, my stréngth has fáiled me, * and the brightness of my éyes is góne from me.
- 11 My friends and companions draw back from my affliction; * my neighbours stánd afár off.
- 12 Those who seek after my life lay snares fôr me; * † those who strive to hurt me spéak of my rúin and plot treachery áll the dáy long.
- 13 But I am like the déaf who dó not hear, * like those who are mute and do not ópen théir mouth.
- 14 I have become like one who does not hear * and from whose mouth comes no defence.
- For in you, O Lord, háve I fíxed my hope; * you will answer mé, O Lórd my God.
- 16 For I said, 'Do not let them rejoice at my expense, *

those who gloat over me whén my fóot slips.'

- 17 Truly, I am on the verge of falling, * and my pain is always with me.
- 18 I will conféss my iníquity * and be sórry fór my sin.
- 19 Those who are my enemies without cause are mighty, * and many in number are those who wrongfully hate me.
- 20 Those who repay evil for góod slánder me, * because I follow the course that is right.
- 21 O Lord, dó not forsáke me; * be not fár from me, Ó my God.
- Make háste to hélp me, *O Lord of mý salvátion.



O Lord God, come quickly to my assis-tance: you, Lord are the



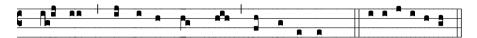
stronghold of my sal- va- tion.

O God, healer of body and soul, send us your salvation and make us whole; lift from us the burden of sinfulness and bring us to your holy throne, to live for ever with you in glory. Amen.

Psalm 39 Dixi, Custodiam

Amove

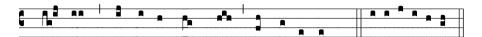
VIIc



- O Lord, * take away from me your af-flic-tion.
- I said, 'I will keep watch upon my ways, * so that I do not offend with my tongue.
- 2 'I will put a múzzle ón my mouth * while the wicked are in my présence.'
- 3 So I held my tóngue and said nóthing; * I refrained from rash words; but my pain becáme unbéarable.
- 4 My heart was hot within mê; †
 while I pondered, the fire burst into flame; *
 I spóke out with my tongue:
- 5 Lord, let me know my end and the númber of my days, * so that I may know how short my life is.
- You have given me a mere handful of days, and my lifetime is as nóthing in your sight; * truly, even those who stand erect are bút a púff of wind.
- 7 We walk about like a shadôw, † and in vain we áre in túrmoil; * we heap up riches and cannot tell whó will gáther them.
- 8 And nów, what is my hope? *
 O Lord, my hópe is in you.
- 9 Deliver me from áll my transgréssions * and do not make me the taunt of thé fool.
- 10 I fell silent and did not open my mouth, * for surely it was you who did it.
- 11 Take your affliction from me; *I am worn down by the blows of your hand.
- 12 With rebukes for sin you punîsh us; †

like a moth you eat away all that is déar to us; * truly, everyone is bút a púff of wind.

- Hear my prayer, O Lord, and give éar tó my cry; * hold not your péace at mý tears.
- 14 For I am but a sój<u>ou</u>rner with you, *
 a wayfarer, <u>as</u> áll my fórebears were.
- 15 Turn your gaze from me, that Í may be glád again, * before I go my wáy and ám no more.

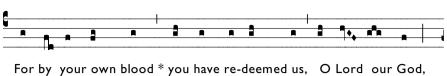


O Lord, take away from me your af-flic-tion.

O Christ, Son of the living God, grant that we may ever seek you and feed on you all our days, for you are in all and with all and through all, Jesus, Lord and God. Amen

Redemisti nos

VIIIg





from e-v'ry people and language, and every tribe and na - tion,



and have made us a kingdom to our God.

- Glory and hónour and pówer * 1 are yours by right, O Lord our God.
- For you created all things * 2 and by your will they have their being.
- Glory and hónour and pówer * 3 are yours by right, O Lámb who wás slain.
- For by your blood you ransomed fôr God † 4 saints from every tribe and lánguage and nátion; * to make them a kingdom of priests to stand and sérve befóre our God.
- To him who sits on the throne and to the Lamb * 5 be praise and honour and might for ever and éver. Ámen.

READING

The Song of Mary Magnificat anima mea Dominum

Luke 1: 46-55

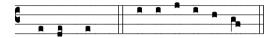
Suscepit Deus VIIa



The Lord remembers * his promise to Is-ra - el, ac-cording to his word



to Abra-ham and to his children: he lifts up the low-ly both now and



e-ver-more.

My soul proclaims the greatness of the Lord, my spirit rejoices in Gód my Sáviour * for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: *
the Almighty has done great things for me, <u>and</u> hóly ís his name.

He has mercy **on** those who féar him * in every génerátion.

He has shown **the** stréngth of hís arm, * he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, * and has lifted up the lowly.

He has filled the **húngry** with góod things, * and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, * for he has remembered his prómise of mércy,

the promise he **máde** <u>to</u> our fáthers, * to Abraham and his chíldren for éver.

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again;

he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Let us pray to Jesus Christ, the hope of all who turn to him:



You accepted the burden of the cross: support all who are heavy-burdened in this life.

You were broken on the cross: save all who are at breaking point and in despair.

You endured the mockery of the crowd: forgive those who slander others and turn their hearts.

You promised Paradise to the penitent thief: show your loving care to sinners that they may turn to you in penitence *and* in faith.

You commended your life into the hands of the Father: draw to yourself those who in this world have **turned** to you.

Our Father

Collect

(Hymn)

Doxology

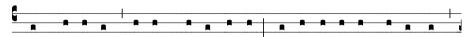
The Lord's Prayer



As our Saviour taught us, so we pray:



Our Father in heaven, hallowed be your name, your kingdom come,



your will be done, on earth, as in heaven. Give us today our dai-ly bread.



Forgive us our sins, as we forgive those who sin against us.



Lead us not in-to tempta-tion, but de-li - ver us from e - vil.

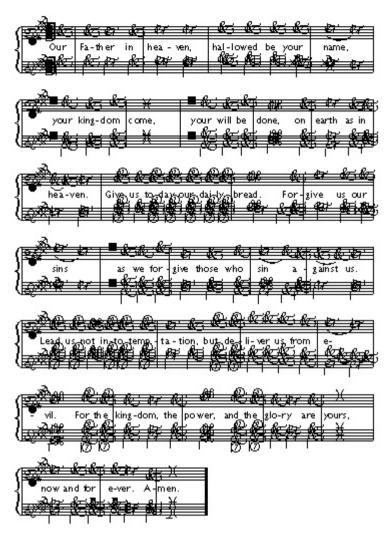


For the kingdom, the power, and the glo-ry are yours,



now and for e - ver. A - men.

Our Father (from Ortho dox sources)



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