

To reserve a place on:  
Creative Spaces

Please return your completed booking form  
(overleaf) to ensure your place to:

Beth Harper  
The Community of the Resurrection  
Stocks Bank Road  
Mirfield  
WF14 0BN  
Tel: 01924 483346  
email: [guests@mirfield.org.uk](mailto:guests@mirfield.org.uk)

Bookings must be accompanied by payment.  
Please make cheques payable to  
The Community of the Resurrection.  
You may also pay over the phone using a  
credit or debit card. Please book by Friday  
30th August 2019

Please feel free to photocopy this form as  
many times as you wish and distribute it to  
friends and colleagues.

Please note: If you would like a paper  
receipt for your booking, please enclose a  
stamped addressed envelope. If you  
provide an email address we will confirm  
your booking on receipt. We will contact  
you approximately one week before the  
event, when you will receive a reminder of  
the date and time, as well as any other  
relevant information.

## About the course leader:

Anne is an experienced teacher, an  
ordained priest and a qualified  
therapist. Currently she teaches part-time



as a tutor in Pastoral  
Studies with the Leeds  
Diocesan School of  
Ministry.

Anne has 'made things'  
for much of her life, and  
has quite recently

studied Creative Textiles at Advanced  
and Diploma level. She has a keen  
interest in the link between creative  
activities and general well-being and  
offers a variety of felting and slow-stitch  
workshops, all of which also include  
short times of silence.

[www.mirfield.org.uk](http://www.mirfield.org.uk)

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# Creative Spaces



A one day workshop, making a  
variety of we felted flowers: with times  
of stillness, quiet and simple meditation

Friday 6th September  
2019

**Revd Anne Wood**

10.00am-3.30pm

£28.00 includes all materials, lunch and refreshments

## About the Day

The day will be a mixture of quiet spaces and creative wet-felting activities, with flowers as the theme. It is suitable for beginners or the more experienced. You will be able to work at your own pace but with ideas, teaching and support provided.

The day will begin with a short meditation and time of quiet and you are welcome to join with the brothers for their lunchtime worship if you so wish. There will also be brief periods of silence. The day will begin and end with a short meditation throughout the day – for a few minutes each hour. Quite surprisingly, these small silences bring a powerful and extra dimension of stillness and spirituality to our day and to our creativity.

During the day you will make a selection of felted flowers, made from merino wool and other fibres which are added for texture. All of these will be provided for you. If you're not experienced with wet felting you will learn about the simple but exciting processes involved.

You can then if you want try hand stitching, with embroidery threads, into your felted flowers to add more detail and features.

You will need to bring with you a large and a small towel and, if possible, a plastic bowl.

## Programme

- 9.45am Arrivals
- 10.00am Welcome
- 10.10am Introduction to the day  
Short Meditation  
Looking at samples  
Trying the techniques out for yourself
- 11.00am Coffee break
- 11.15am Experimenting with colours and fibres to make larger pieces
- 12.10pm Eucharist (optional)
- 1.00pm Lunch
- 1.45pm Short meditation  
Continuing the felting process  
Hand stitching into felted flowers (only if you want to!)  
Finishing off loose ends
- 3.15pm Closing meditation

Please note: Times are approximate and may be subject to change.

## Booking Form

Creative Spaces  
Fee £28.00

I wish to book  place(s)  
Name:.....  
(Mr/Mrs/Ms/Revd/Dr/other)  
Address:.....  
.....  
Post Code.....  
Tel:.....  
Email:.....

Email confirmation required?  
We cater for most dietary requirements, please indicate below if required

If you have any medical or access requirements need to be made aware of please indicate below:

.....  
I am a Reader/Lay Pastoral Minister in the Diocese of Leeds *(please tick)*

I found out about this event from   
.....

If this will be your first time coming to the Community of the Resurrection, please tick.

Please tick if you are happy to receive information on events at the Community of the Resurrection.