

To reserve a place on:
Creative Spaces

Please return your completed booking form
(overleaf) to ensure your place to:

Beth Harper
The Community of the Resurrection
Stocks Bank Road
Mirfield
WF14 0BN
Tel: 01924 483346
email: guests@mirfield.org.uk

Bookings must be accompanied by payment.
Please make cheques payable to
The Community of the Resurrection.
You may also pay over the phone using a
credit or debit card. Please book by Friday
30th August 2019

Please feel free to photocopy this form as
many times as you wish and distribute it to
friends and colleagues.

Please note: If you would like a paper
receipt for your booking, please enclose a
stamped addressed envelope. If you
provide an email address we will confirm
your booking on receipt. We will contact
you approximately one week before the
event, when you will receive a reminder of
the date and time, as well as any other
relevant information.

About the course leader:

Anne is an experienced teacher, an
ordained priest and a qualified
therapist. Currently she teaches part-time



as a tutor in Pastoral
Studies with the Leeds
Diocesan School of
Ministry.
Anne has 'made things'
for much of her life, and
has quite recently

studied Creative Textiles at Advanced
and Diploma level. She has a keen
interest in the link between creative
activities and general well-being and
offers a variety of felting and slow-stitch
workshops, all of which also include
short times of silence.

www.mirfield.org.uk

 @CR_Mirfield



**COMMUNITY OF THE
RESURRECTION**



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Creative Spaces



A one day workshop, making a
variety of we felted flowers: with times
of stillness, quiet and simple meditation

Friday 6th September
2019

Revd Anne Wood

10.00am-3.30pm

£28.00 includes all materials, lunch and refreshments

About the Day

The day will be a mixture of quiet spaces and creative wet-felting activities, with flowers as the theme. It is suitable for beginners or the more experienced. You will be able to work at your own pace but with ideas, teaching and support provided.

The day will begin with a short meditation and time of quiet and you are welcome to join with the brothers for their lunchtime worship if you so wish. There will also be brief periods of silence. The day will begin and end with a short meditation throughout the day – for a few minutes each hour. Quite surprisingly, these small silences bring a powerful and extra dimension of stillness and spirituality to our day and to our creativity.

During the day you will make a selection of felted flowers, made from merino wool and other fibres which are added for texture. All of these will be provided for you. If you're not experienced with wet felting you will learn about the simple but exciting processes involved.

You can then if you want try hand stitching, with embroidery threads, into your felted flowers to add more detail and features.

You will need to bring with you a large and a small towel and, if possible, a plastic bowl.

Programme

- 9.45am Arrivals
- 10.00am Welcome
- 10.10am Introduction to the day
Short Meditation
Looking at samples
Trying the techniques out for yourself
- 11.00am Coffee break
- 11.15am Experimenting with colours and fibres to make larger pieces
- 12.10pm Eucharist (optional)
- 1.00pm Lunch
- 1.45pm Short meditation
Continuing the felting process
Hand stitching into felted flowers (only if you want to!)
Finishing off loose ends
- 3.15pm Closing meditation

Please note: Times are approximate and may be subject to change.

Booking Form

Creative Spaces
Fee £28.00

I wish to book place(s)
Name:.....
(Mr/Mrs/Ms/Revd/Dr/other)
Address:.....
.....
Post Code.....
Tel:.....
Email:.....

Email confirmation required?
We cater for most dietary requirements, please indicate below if required
.....
If you have any medical or access requirements need to be made aware of please indicate below:

.....
I am a Reader/Lay Pastoral Minister in the Diocese of Leeds *(please tick)*

I found out about this event from
.....

If this will be your first time coming to the Community of the Resurrection, please tick.

Please tick if you are happy to receive information on events at the Community of the Resurrection.